Ontario Bicycling Routes

MR = Municipal Road

14. Whitney to Eganville
From Whitney take Hwy. 60 east through Barry's Bay to Eganville

15. Eganville to Pembroke
Hwy 60 east to Kellys Corners
MR8 and MR7 through Cobden to MR21
MR21 and MR40 north to Hwy 148 into Pembroke
Note On-Road Alternative, Eganville to Hardwood Lake
Eganville south westerly to Hardwood Lake via MR 512 through Cormac and Foymont, MR 515 through Quadeville. South at Latchford Bridge to MR 514, pass Schutt to Hwy 28 at Hardwood Lake.

16. Eganville and Pembroke to Ottawa
From Eganville - MR8 and MR7 through Cobden to MR21
From Pembroke – Hwy 148/MR21/MR40 south
Follow MR21/A/L/5 into Arnprior
Follow into Madawaska Blvd. (Old Hwy. 17) south to MR22 (Galetta Side Rd.)
MR22 (Galetta Side Rd.) east to MR5 (Carp Rd.)
South on Carp Rd. through Carp into Old Carp Road to Second Line
Turn right (south) onto Second Line to Klondike Rd., then left (east) on Klondike Rd. to Sandhill Rd.
South on Sandhill Rd., left on Shirley's Brook, right on Hemlsdale Dr. to Terry Fox Dr.
Left turn on Terry Fox Dr. and follow southeast to Hertzberg Rd.
Turn right on Hertzberg Rd. and proceed south to March Rd.
Turn left on March Rd. to Corkstown Rd.
Turn left on Corkstown Rd. (which parallels the Ottawa Queensway, Hwy 417) and proceed east across Moodie Dr. to Carling Ave.
Right onto Carling Ave. and proceed to Western Ottawa River Parkway
This turns into Wellington St., proceed pass Parliament Buildings, turn left on Sussex Dr. (one-way north; for southbound direction take Mackenzie St.) which turns into Rockcliffe Parkway

17. Bancroft to Ottawa
Hwy 28/ Hwy 41/ Hwy 132 through Denbigh and Renfrew
From Renfrew take Hwy 60 north to MR20 and follow east into Castleford
Follow MR10 into Arnprior
Follow into Madawaska Blvd. (Old Hwy. 17) south to MR22 (Galetta Side Rd.)
MR22 (Galetta Side Rd.) east to MR5 (Carp Rd.)
South on Carp Rd. through Carp into Old Carp Road to Second Line
Turn right (south) onto Second Line to Klondike Rd., then left (east) on Klondike Rd. to Sandhill Rd.
South on Sandhill Rd., left on Shirley's Brook, right on Hemlsdale Dr. to Terry Fox Dr.
Left turn on Terry Fox Dr. and follow southeast to Hertzberg Rd.
Turn right on Hertzberg Rd. and proceed south to March Rd.
Turn left on March Rd. to Corkstown Rd.
Turn left on Corkstown Rd. (which parallels the Ottawa Queensway, Hwy 417) and proceed east across Moodie Dr. to Carling Ave.
Right onto Carling Ave. and proceed to Western Ottawa River Parkway
This turns into Wellington St., proceed pass Parliament Buildings, turn left on Sussex Dr. (one-way north; for southbound direction take Mackenzie St.) which turns into Rockcliffe Parkway
Note On-Road Alternative:
Lower volume on-road alternative instead of Hwy 41 and 132. From Hwy 28 at Denbigh take Hwy 41 east to Griffith. Then proceed easterly on MR's 71, 65, 508, 54 and 3 to Braeside on MR1, then south to Arnprior.
Note On-Road Alternative: Bancroft to Ottawa (South)
Hwy 28 east to Denbigh, then south on Hwy 41 past Cloyne to MR 506.
MR 506 east to Ardoch, and Plevna
MR 509 to Ompah and Snow Lake Road Station.
MR 36 to Elphin, and MR 12 to McDonalds Corners and Lanark
North on MR 511 to MR 8 to Middleville
MR 16 to Almonte
MR 49 past Corkery to Howie Rd. south to Old Almonte Rd. east
South on Spruce Ridge then east across Hwy 417 on Richardson Sideroad to Terry Fox Dr.
Go south to Campeau Dr. then east to Carling Ave.
Proceed to Western Parkway which turns into Wellington St..
Pass Parliament Buildings to the left of Sussex Dr. which turns into Rockcliffe Parkway

18. Tweed to Perth
MR13 (Marlbank Rd.) to Erinsville, turn south on MR41 for 1km to MR4
MR4 east to Tamworth, then south on MR4 to Camden East
At Camden East turn east on MR1 to Yarker
MR6 north to Colebrook. Colebrook Rd. east to Harrowsmith,
Then a short 50m jog north on MR38 to MR5
MR5 (Harrowsmith and Rutledge Rds.) east to MR10
MR10 north through Westport to MR1 then north into Perth
Note Off-Road Alternatives:
An off-road trail is available for hybrid or mountain bike users on the Cataraqui Trail at Camden East (at MR4) and proceeds east through Yarker, Harrowsmith and Sydenham to MR10 (Perth Rd) just north of Perth Road Village. Also, A more direct off road trail extends from Tweed, mostly parallel to Hwy 7, to just west of Perth at Glen Tay, as part of the CP Line and Trans Canada Trail.
Note On-Road Alternative:
An alternative on-road route can be taken off MR4 at MR14 east to Enterprise. Then take MR2 and MR38 to Vermona and north to Godfrey. East on MR8 and MR12 to MR36. Then north to Bollingbroke, and east on MR6 into Perth.

19. Kingston to Perth
From downtown Kingston go north on Division St. which leads into MR10 (Perth Road) north to Perth
Note On-Road Alternative to Perth Rd. –
Battersea Rd. (MR11) north to Hwy 15. Hwy 15 north to Elgin. MR8 east to Hwy 42, then jog south to pick up MR8 east through Chaffey to Hwy 29 and MR16 to Jasper. From here connect with Route # 22 and go northwest to Perth or east to Merrickville.

20. Adolphustown Ferry to Kingston
Hwy 33 (Loyalist Parkway) easterly into Kingston (on Bath Rd)
In Kingston, turn right off Bath Rd. onto Bayridge Dr. to Front Rd.
Take Front Rd. east which turns into King Streets West and East to Earl St.
Then onto Ontario St. and across the LaSalle Causeway to Hwy 2
Note Marine Ferry to Wolf and connection to USA: Just before the LaSalle Causeway, a toll free marine ferry is available off Barrack St. in Kingston Harbour, to Wolf Island. Cross Wolf Island on MR95 to Fort Alexandria where the Horne Ferry (toll required) goes to Cape Vincent, N.Y., U.S.A.

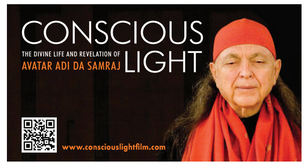
21. Kingston to Quebec Border
Take MR2 east to Gananoque
Thousand Island Parkway past Ivy Lea to Butternut Bay
MR2 through Brockville, Prescott and Johnstown to Morrisburg
St. Lawrence Recreational Parkway and Long Sault Parkway to Cornwall
MR2 to South Lancaster
South Service Rd. to Quebec Border
Note: Off road paths available along the Thousand Island, St. Lawrence and Long Sault Recreation Parkways.
Three International Bridge connections between Ontario and Upper New York State should be contacted for local crossing requirements.
Thousand Island Bridge (315-482-2501)
Ivy Lea Ont. to Alexander Bay N.Y.
Ogdensburg-Prescott Bridge (315-393-4080)
Johnston, Ont. to Ogdensburg, N.Y.
Seaway International Bridge (613-932-6601)
Cornwall, Ont. to Messena, N.Y.

22. Perth to Merrickville
MR1 south through Rideau Ferry to Tower Rd.
Tower Rd/Bay Rd. to Golf Club Rd.
Golf Club Rd. / Eric Hutcheson Rd. to MR29
MR29 to Smiths Falls
MR17 south to Jasper
MR16 northerly to Merrickville

23. Merrickville to Ottawa
MR23 (River Rd.) northerly along south shore of Rideau River to MR44 outside of Kemptville
Take MR44 to MR5
MR5 and turn right into Dilworth to MR13 across Hwy 416
MR13 north along the Rideau River into Manotick
MR8 east to Spratt Rd.
Spratt to Rideau Rd.
Rideau Rd. to Limebank Rd.
Limebank to MR19
Left onto Hunt Club Rd.
Right onto Prince of Wales Dr.
Prince of Wales to Hog's Back
Turn right onto Hog's Back
At Colonel By turn left and follow the Rideau River
Colonel By into Sussex Dr. which turns into Rockcliffe Parkway

24. Ottawa - Hawkesbury- Quebec Border
Rockcliffe Pkwy to St. Joseph Blvd. in Orleans
St. Joseph Blvd./ MR34 (Queen St.) through Cumberland onto Old Montreal Rd. to Beckett's Creek
Jog north to MR17 (Laurier St.) into Rockland; along Laurier S/ Mtee Outouais/Tucker St. to MR8
MR8 north to Clarence
At Clarence join Old Hwy 17 and follow through Wendover (Rue Principale) to jct MR17 at Jessup's Falls
Across MR17 to MR26 (Prescott/Russell Rd.) to Plantagenet
Take MR9 (Lalaivre and Treadwell Rds.) north to Treadwell
At Treadwell follow MR24 (Alfred Concession/Bay Rd. & Front Rd.) through L'Orignal to Jct MR4
MR4 through Hawkesbury to Jct. Hwy 417
Follow MR4 (Eugene Rd.) south to St. Eugene
Take MR10 east to Quebec border
Note:
Marine Ferry crossings of Ottawa River into Quebec with connection to "La Route Verte"
At Cumberland just east of Ottawa, or
From MR10 go north on La Grande Montee Rd., across Hwy 417 to Pointe-Fortune, or proceed easterly from MR10 to Rigand then south to Hudson.

for continuation see reverse side



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Please take responsibility for your own safety when cycling: wear a helmet at all times and if travelling at night is unavoidable, be sure to have your bicycle properly equipped with lights and wear bright clothing. Watch for cars as if you were driving one – don't assume motorists will always see you first.

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Eastern Ontario Cycling Loops

Ottawa Area
1. – Blackburn Hamlet – 35 km – Travel by the Ottawa River on path or on the Eastern Parkway, through the bedroom community of Blackburn Hamlet and around Mer Bleue Conservation Area.
2. – Manotick – 45 km – Easy ride around the Ottawa Airport and over the Rideau River to Manotick.
3. – Gatineau – 53 km – A challenging hilly ride from Ottawa through the beautiful Gatineau Park over quiet National Capital Commission Parkways. Detailed route map, including off-road trails, available at Visitors' Centre.
4. – Kars/Osgoode – 73 km – The scenic Rideau River, quiet country roads and quintessential valley farming towns.
5. – Navan/Vars – 80 km – Bucolic countryside, smooth roads and scenic towns .
6. – Kemptville – 105 km – Ride along the Rideau River to the valley farming centre of Kemptville and then wind back along forested Mahkoff Road.
7. – Richmond/Stittsville – 68 km – The Richmond Bakery alone is worth the trip. Winding country roads through farms and forests.
8. – Richmond/Ashton /Almonte – 118 km – More rugged country with many scenic views.

Kingston/Gananoque Area
10. – Wolfe Island – 21 km/58 km – Ferry from Kingston to Marysville. Short tour: follow CR96 to Simcoe Island ferry, cross and follow gravel road to lighthouse. Return. Long Tour: Follow CR96 east to Port Metcalf to see beginning of St. Lawrence River. Return. Cross island on CR95 for ferry to USA.
11. – Howe Island – 35 km from Pitt's Ferry; 56 km from Kingston City Hall – Quiet loop on island at the head of the St. Lawrence River. Few amenities on island. Ferries at either end of island run regularly. If coming from Kingston, the worst hill is at Fort Henry. Off the east end, Gananoque is another 3.5 km along CR2.
12. – Kingston Mills/Rideau Locks – 65 km from Kingston Mills; 75 km from Kingston City Hall – Follow gentle rolling route counter clockwise. Explore the locks at Kingston Mills and Brewers Mills.

Hawkesbury Area
21. – Countryside Tour – 60/78 km – Passes through farmland and towns and along the Ottawa River in this part of the Ottawa Valley. At St. Eugene you may choose to follow 18 km extension to Ste-Anne-de-Prescott.
22. – Carillon Rural Tour – 32 km – Starting at Voyageur Provincial Park this tour provides many scenic panoramas of the Ottawa Valley.
23. – Tour of Prescott–Russell Towns – 66 km – Hawkesbury, Vankleek Hill and L'Orignal, possibly the oldest village in the Ottawa Valley. Each has its historic and architectural heritage to explore.
24. – Circuit to L'Orignal – 15 km – This short tour allows you to visit one of the oldest communities in the Ottawa Valley, and provides many views of the Ottawa River.
25. – Golf Road Circuit – 17 km – Stretch your legs on this short tour through the countryside just outside of Hawkesbury.

Cornwall Area
26. – St. Lawrence Recreational Path – 55 km (one way) – Path follows the St. Lawrence River from Cornwall west, across the islands of the Long Sault Parkway, to historic Upper Canada Village and on to the village of Morrisburg.
27. – St. Lawrence and Raisin River – 131 km – This long, flat tour follows the St. Lawrence Recreational Path west to Upper Canada Village, near Morrisburg, then heads north at Riverside-Cedar Park along Church Rd. to CR18 which winds though the many communities along the Raisin River Valley. Turn right onto CR27 through MacGillivray's Bridge and then onto CR17 to historic Williamstown and Lancaster. Return to Cornwall along CR2. This thin loop allows for many shortcuts back to Cornwall if necessary, e. g. CR36 between Long Sault and St. Andrews; or St. Andrews Rd. (Hwy.138) which has truck traffic but paved shoulders.
28. – St. Andrews – Williamstown – 67 km – Take Power Dam Rd. north to Post Rd. and follow east into St. Andrews. Ride in either direction on this flat but scenic tour that follows several branches of the Raisin River. Add a 20 km loop at Martintown by heading north on CR20 (Apple Hill Rd.), east on CR25 through Monroe's Mills, south on Glenroy Rd. to CR18, and west on CR18 to CR27. Turn south and follow CR17 into Williamstown.

Almonte/Lanark Area
29. – Almonte – Lanark – 75 km; Almonte/Clayton loop only – 35 km; Lanark/Rosetta loop only – 29 km – Rolling countryside, historic communities in the heart of Lanark County.
30. – Almonte – Carleton Place – 32 km – loop links two major towns in Lanark County linked by Mississippi River
31. – Almonte – Pakenham – 32 km – Ride up the east side of the Mississippi River and return down the west side, passing through Blakeney, Snedden, Packenham, Bennie's Corners and The Tannery. Historic Mill of Kintail is just south of Bennie's Corners.
32. – Almonte – Burnstown – Arnprior – 107 km – Metric Century takes you to the Madawaska River, the Ottawa River via hills and some hard-packed gravel.
33. – Lanark – Dalhousie Lake – 40 km – Hilly run out of Lake Dalhousie and back.
34. – Lanark – Bell's Corners – 23 km – Rolling tour crosses the Mississippi River several times.
35. – Lanark – Ferguson Falls – 22 km – Rolling tour to Ferguson Falls along the Mississippi River.

Merrickville/Smiths Falls Area
36. – Merrickville – North Augusta – 67 km – Wind south to the village of North Augusta and follow the Kemptville River north before heading back to the vistas of the Rideau River.
37. – Merrickville – Jasper – 37 km – Tour gives you both sides of the Rideau River. Truffle on CR43 is heavy at times.
38. – Merrickville – Andrewsville – Burritts Rapids – 16 km – Short tour provides scenic views of the Rideau River.
39. – Merrickville – Kemptville –50 km – Links two major Rideau towns.
40. – Rosedale Rd. Loop – 20 km – Easy route through flat countryside, passing by several locks outside Smiths Falls.
41. – Lombardy/Jasper Loop – 40km – Excellent scenic half day tour through mainly flat scenic countryside. Take a picnic.
42. – Toledo/Crystal Loop – 70 km – Very pretty medium length tour. Fairly flat.

Perth Area
43. – Perth – Harper – 26 km – Easy tour through woodlands. Check out the cheese factory at Balderson.
44. – Perth – Maberley – 73 km –Gentle climbs and scenic farmland and woods.
45. – Perth – Zealand – 59 km – Some hills on Crow Lake Rd., and some hardpacked unpaved roads too.
46. – Perth – Snow Road Station – 129 km – An adventurous ride that reaches the Mississippi River and features rolling countryside.
47. – Perth – Murphy's Point – 40 km – Explore the Rideau Lakes and visit Murphy's Point Provincial Park.

Renfrew/Pembroke Area
48. – Renfrew – Calabogie – 60 km – Hilly tour of the Ottawa Valley and Madawaska River. The village of Calabogie is situated on the beautiful Calabogie Lake.
49. – Renfrew – Arnprior – 70 km – Ottawa and Madawaska Rivers are featured in this tour that takes you into Arnprior, where the two rivers meet.
50. – Renfrew – Haley Station – 50 km – Lakes and the Ottawa River are the highlights on this tour. Traffic can be heavy on Hwy. 60.
51. – Pembroke – Westmeath – 60 km – This tour hugs the Ottawa River from Pembroke to Westmeath Provincial Park, before heading into Beachburg and looping back into Pembroke.
52. – Pembroke – Rocher Fendu – 90 km – This tour takes you past spectacular whitewater on the Ottawa River.

Brockville Area
53. – Lyn Loop – 14 km – This short loop gives you a taste of the Canadian Shield as it intersects with the St. Lawrence. A couple of short sharp hills on the way to the village of Lyn and the Lyn Valley.
54. – Graham Lake Loop – 42 km – This medium tour travels north from Brockville through Lyn and Lillies to Graham's Lake and returns via Cainstown, taking you through a varied landscape spiced up by a couple of Canadian Shield induced hills.
55. – Athenian Escapade – 86 km – This long tour takes you north from Brockville through Canadian Shield, past Graham's Lake to Athens, and then east through flat country to Jellyby and North Augusta, before returning to Brockville.
56. – Brockville – N. Augusta – Spencerville Tour – 71 km – This long tour explores the flat countryside east of Brockville. Frequent villages allow opportunities for food and drink.

Recreational Trails & Cycling Routes

- Trans Canada Trail (dotted lines are proposed)
- Rail trail
- ATV trail
- Other trail
- Proposed trail
- Cycling loop
- Cycling route: on-road, off-road
- Ontario Bicycle Route
- Major multiple use trail
- Canoe Route
- Driving Route
- Ontario's Greenbelt
- Waterfront Trail
- Greenbelt Route
- Trans Canada Trail
- Greater Niagara Circle Route
- Park to Park Trail
- Blue Flag Beach

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