Ontario Trails Map

- Recreational Trails
- Cycling Routes
- Trans Canada Trail
- Attractions









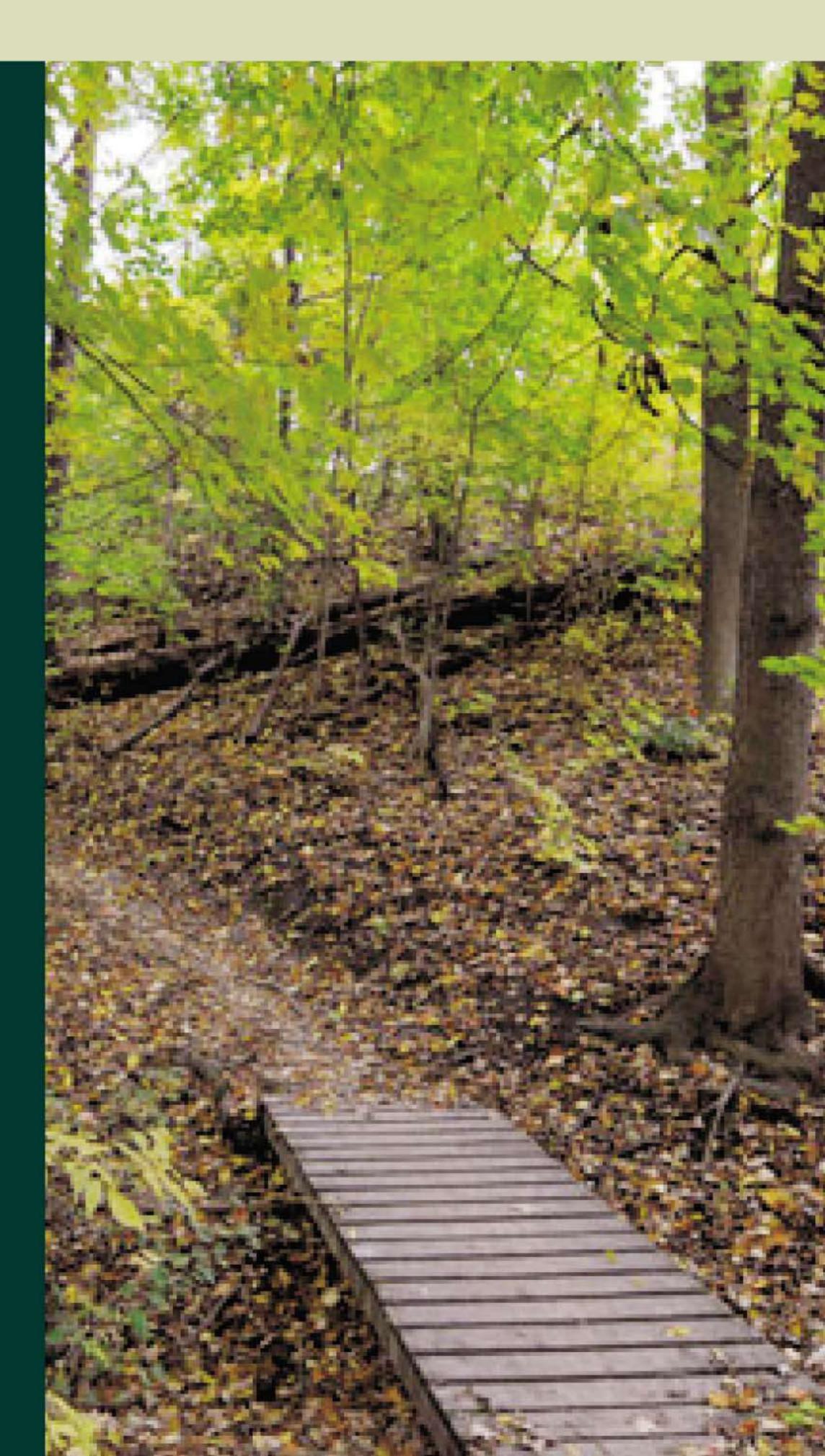


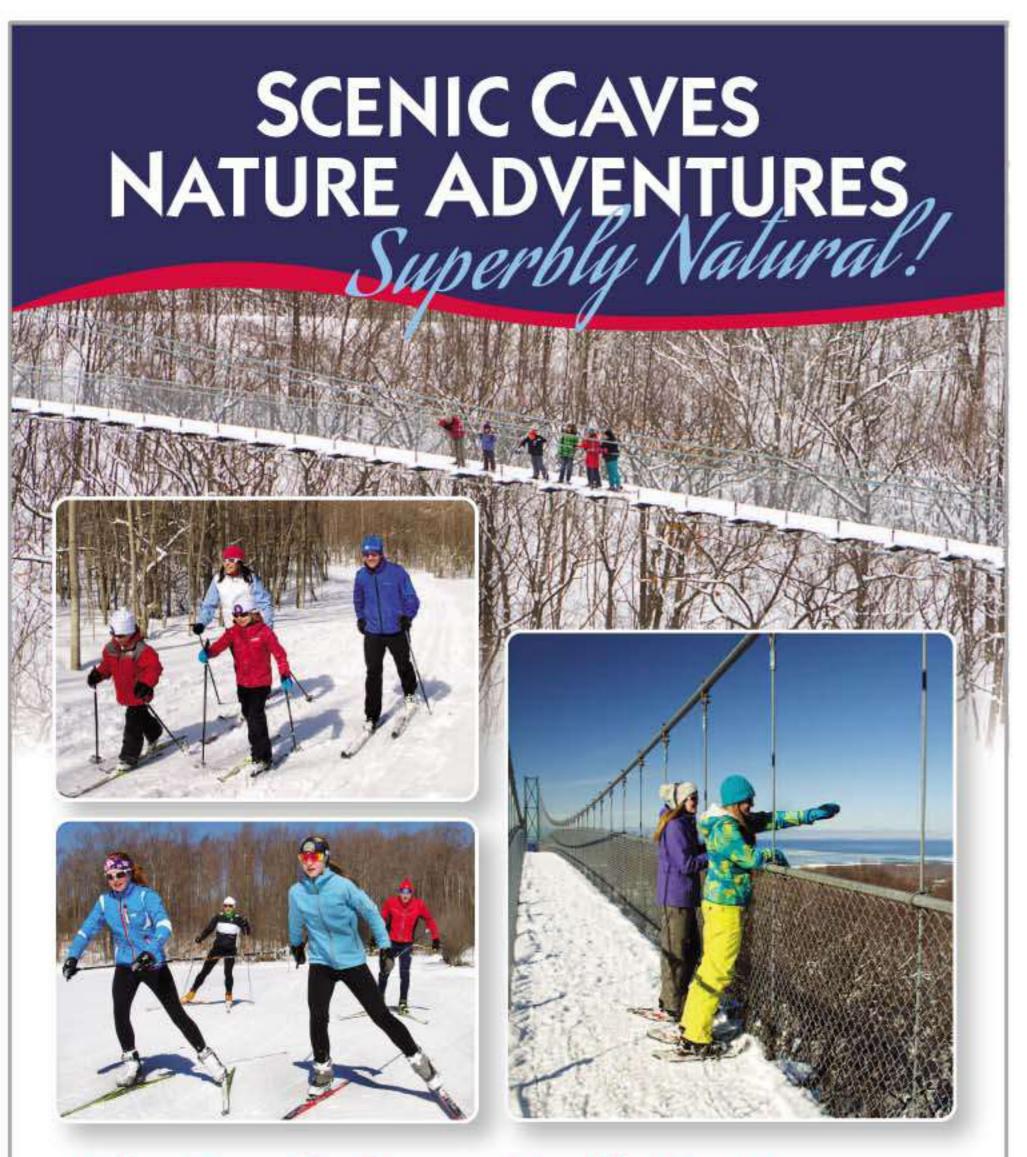


ontariotrailmaps.ca

2017/2018







The Scenic Caves Nordic Centre

Features 27 kms of cross-country ski trails and 10 kms of snowshoe trails meandering through a 370 acre, 200-year-old hardwood forest, high atop the Niagara Escarpment, near Collingwood.

Winter Fun for the Entire Family

Groomed Cross-Country Classic and Skate Ski Trails
Snowshoe Trails • Guided Night Snowshoe Hikes
420 ft. Suspension Bridge • Full Rentals • Lessons
Warming Hut / Hot Food / Beverages • Season Passes
Mountain-top Lookouts / Fabulous Panoramic Views
High-altitude Snow Conditions All Season Long







sceniccaves.com

260 Scenic Caves Rd, The Blue Mountains 705 446-0256 ext 223



With two bike friendly cars running on weekends, your Niagara cycling getaway starts on GO.

www.gotransit.com/gogetaway 416 869 3200 1 888 GET ON GO (438 6646) TTY 1 800 387 3652

Pour plus de reseignements, veuillez visiter le site gotransit.com ou composer un des numéros ci-dessus.





Marchiber

Cycling Routes
Canoe Routes
Trans Canada Trail
ATV Trails

Recreational Trails & Cycling Routes

Trans Canada Trail (dotted lines are proposed)

Rail trail

Rail trail, paved

3

Other trail Proposed trail

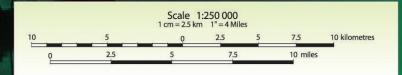
Loop, with reference number

On-road cycling route
Off-road cycling route



Ontario Bicycle Route, with reference number

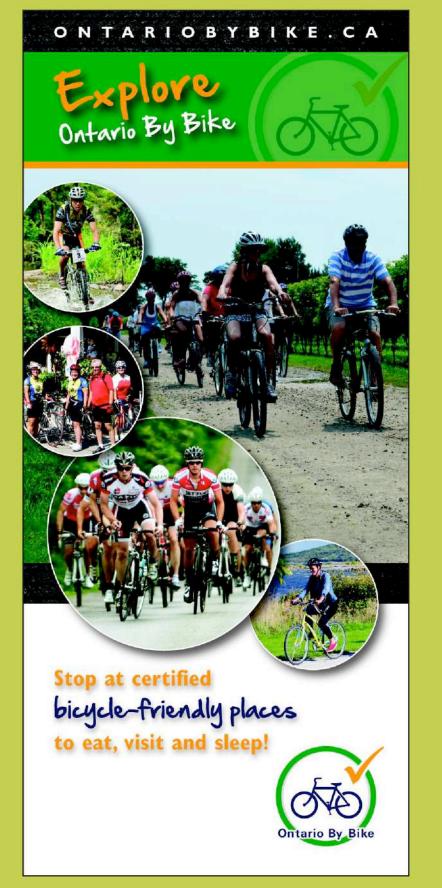
Blue Flag Beach



Great care has been taken in the design and production of this map, to make it as accurate, complete, and convenient as possible for the user. However, neither the publishers, nor any of the other contributors to this project can accept responsibility for any errors which appear, or their consequences, or warrant the safety or fitness of the suggested routes.

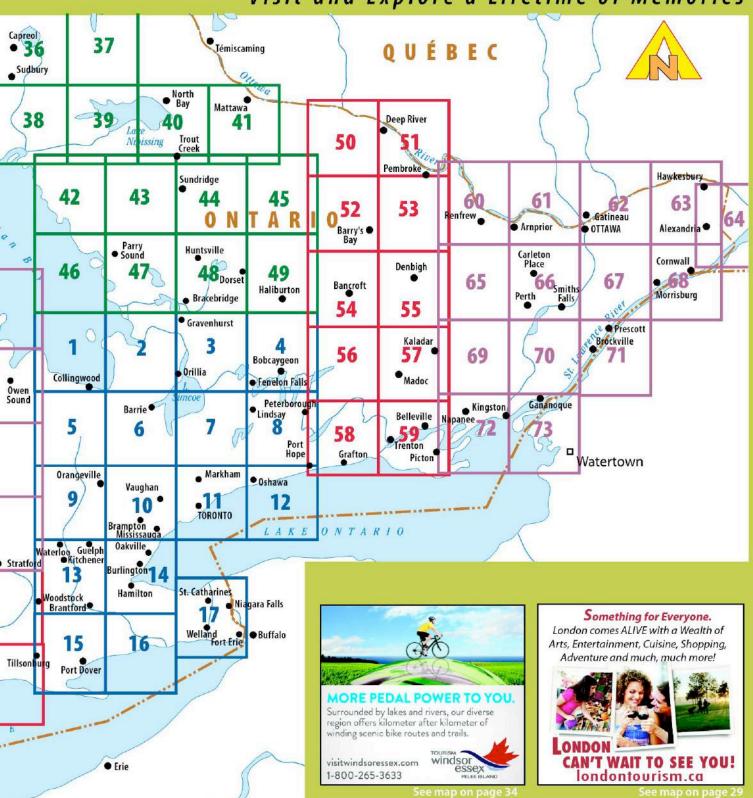
Please take responsibility for your own safety when cycling: wear a helmet at all times and if travelling at night is unavoidable, be sure to have your bicycle properly equipped with lights and wear bright clothing. Watch for cars as if you were driving one – don't assume motorists will always see you first.

© Copyright AdverMap 2014/2015 Edition.





Visit and Explore a Lifetime of Memories



























905 628 5126

9 King St. W. Dundas www.freewheelcycle.com

The Scenic NIAGARA RIVER RECREATION TRAIL

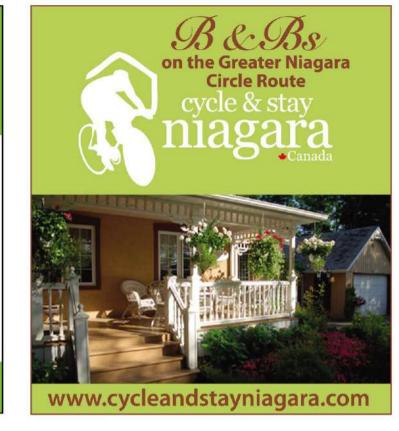
in Ontario's Beautiful Niagara Parks



- 53-km mixed use trail follows the majestic Niagara River, Fort Erie to Niagara-on-the-Lake
- connects quaint wine country villages, historic War of 1812 locations, thrilling and cyclist friendly Falls attractions
- convenient cyclist friendly, farm fresh restaurants and food options en route
- access to the southern terminus of the Bruce Trail at Queenston and spectacular hiking trails at the Niagara Glen
- part of the Trans Canada Trail and Greater Niagara Circle Route

Find out more at: niagaraparksnature.com









SHIMANO

Campagnolo

Bianchi

SPELIAUZED

Right off the Waterfront & Trans Canada Trails!

Unit 16 - 442 Millen Rd., Stoney Creek 905.662.2453 alltherightgears.com

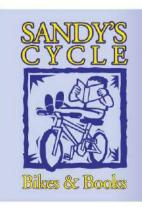












Drop in and see our large selection of used and antiquarian books covering all subjects, as well as our bikes and bike accessories!

- Bicycle Touring & Service Specialists
 - New hikes
 - New bikes
 - Clothing etc.

95 Research Rd. #1 (416) 467-1035

Golden Horseshoe Cycling Loops

Courtesy of Regional Niagara Bicycling Committee. For more detailed information, consult Cycling Niagara, available free (Contact: 1-800-263-2988, or www.cycle.niagara.com)

Grimsby Mountain Loop - 38 km. Start/ End in Smithville. Through rolling farmland on top of Es-

carpment. Waterfall and birdwatching at Beamer Memorial CA.

2. Lincoln Loop - 40 km. Start/ End in Jordan. Get the climb up the escarpment over early, ride south out of Jordan, and follow route clockwise. Wineries, fruit stands and markets on this route through rural Niagara. 3. Louth Loop - 24 km. Start/ End in Jordan. Climb the escarpment to Balls Falls Historic Park, winer-

3. Louth Loop - 24 km. Start/End in Jordan. Climb the escarpment to Bails Pails Pail

of the Niagara Parks Commission.

South Niagara Falls Loop - 30 km. Start/ End at Kingsbridge Park gate (Chippawa Pkwy. and Niagara Pkwy.) Welland River and Niagara River above the falls are featured on this route.

10. Long Beach Pedal - 65 km. Start/End at picnic area at corner of RR 68 and Hwy. 58A. A birdwatcher's bounty, this route takes you through several Conservation Areas, the shore of Lake Erie, and the Wainfleet Wetlands.

1. Ridgeway Ramble - 70 km. Start/End at corner of Ridge Rd. and Dominion Rd. in Ridgeway. Rolling countryside on quiet roads into Welland, returning via the sandy beaches of Lake Erie.

12. Fort Erie Loop - 60 km. Start/End under the Peace Bridge in Fort Erie. Route takes you to shore of Lake Erie, Willoughby Marsh CA, the Niagara River with views of Buffalo, New York, and Historic Fort

Grand River / Lake Erie

13. Dunnville - Wainfleet Loop - 75 km. Start/ End in downtown Dunnville. Takes you to and along the Welland River through flat countryside, on to Wainfleet, and back along the Welland Canal Feeder Canal, before exploring the shoreline of Lake Erie near the mouth of the Grand River.

14. Port Maitland Loop - 15 km. Start/ End in downtown Dunnville. Explore the west side of the mouth of the Grand River.

15. South Cayuga Loop - 20 km. Start/End in downtown Dunnville. Explore flat countryside south of the Grand River and on the shore of Lake Erie.

16. Caledonia - Heritage River Loop - 95 km. Start/ End in downtown Caledonia. Stretch your legs on this tour that follows one of Canada's Heritage Rivers - the Grand, heads along the Lake Erie shore before heading across the countryside of Haldimand back to Caledonia.

17. Caledonia - Carluke Loop - 35 km. Start/End in downtown Caledonia. Route follows north shore of Grand River before heading north through Carluke, south of Mt. Hope Airport, and skirting Binbrook

CA before heading back to Caledonia.

18. Caledonia - Binbrook Loop - 45 km. Start/End in downtown Caledonia. Head south along southwest side of Grand River, crossing river into York, through the countryside to Caistorville on the Welland River, around to Binbrook, past the Binbrook CA, and wind back to Caledonia.

Hamilton-Wentworth

19. Glanbrook - Woodburn Loop - 35 km. Start / End at Twenty Mile Creek in Woodburn. Route on top of escarpment takes you to the edge of Hamilton and the edge of the Binbrook CA.

20. Ridge Road - Vinemount Loop - 22 km. Start / End at Vinemount in Stoney Creek. You can think about descending the escarpment or you can just enjoy the view on this tour that keeps you on the top. 21. Binbrook Loop - 22 km. Start / End in Glanford Station. This short loop takes you through the countryside around Binbrook Conservation Area.

22. Snake Road Descent and Climb - 25 km. Start/ End in downtown Waterdown at Dundas and Main Streets. A picturesque ride that takes you past the Royal Botanical Gardens' Nature Centre, Coote's Paradise and into downtown Dundas, before returning up the mountain. Hilly!

23. Waterdown - Kilbride Loop - 25 km. Start/ End in downtown Waterdown. Explore the countryside

on the edge of Halton. Several moderate climbs around Twelve Mile Creek. 24. Dundas- Christies Corners - 14 km. Start/ End in downtown Dundas, heading out on King St. Var-

ied, hilly terrain on this short tour to Christies Corners.

25. Dundas - Ancaster Loop - 12 km. Start/ End in downtown Dundas, head west along Governor's Rd. Pleasant hilly, windy roads take you to the Dundas Valley CA and the town of Ancaster and back. 25a. Tour of Flamborough - 62 km. Start/End in downtown Dundas. This rural tour takes you through woods and rolling farmland.

26. Ancaster - Jerseyville - 34 km. Start/ End in Ancaster at the corner of Mineral Springs and Sulphur Springs Roads. Hills around Ancaster, flatter around Jerseyville.

27. Brantford - Six Nations - 38 km. Start/ End in downtown Brantford; follow Erie St. south. This gentle tour takes you through the wooded landscape of the Six Nations Reserve, and along the scenic shore of the Grand River.

28. Brantford - Dundurn - 48 km. Start/ End in downtown Brantford; follow Erie Street south. Pleasant

tour through farmland south of Brantford.

29. Pleasant Ridge Tour - 26 km. Start/End in downtown Brantford; follow Colborne St. west. This short tour follows Pleasant Ridge Rd. and returns through Mt. Pleasant.

30. Apps Mills - 30 km. Start/ End in downtown Brantford; follow Colborne St. west. This short tour takes you past majestic curves of the Grand River, and pastoral vistas, and includes Apps Mills CA. 31. Paris - Scotland Tour - 48 km. Start/ End in downtown Paris; follow Keg Lane west. A long, thin loop takes you through Brant farmland. Many opportunities to cut the tour short, if necessary.

32. Paris Environs Tour - 20 km. Start / End in downtown Paris; follow Keg Lane west. Nestled in a val-

ley along the Grand River, Paris is a picturesque town. This tour includes a few hills, promising pleasant views.

33. Paris - Ayr Tour - 35 km. Start / End in downtown Paris; follow East River Rd., east of the Grand River, northeast. This tour follows the shore of the Grand River, before heading west to Ayr and returning to Paris through farmland.

34. Paris - St. George - 30 km. Start / End in downtown Paris; follow East River Rd. to Blue Lake Rd.

This tour through rolling countryside takes you to St. George and the edge of Brantford.

35. St. George - Lynden Loop - 21 km. Easy tour through rolling countryside.

36. St. George - Harrisburg - 20 km. Shorter tour through rolling countryside.

41. Delhi - Norwich - 58 km. In the heart of tobacco country, this tour takes you through farmland,

woods and small communities.

42. Delhi - Simcoe Loop - 68 km. Head out and return on the Brantford Road between Delhi and the intersection with CR 9. Check out Ontario's only permanent cycling track in Windham Centre as you follow this route through Waterford and Simcoe.

Georgian Triangle - Penetanguishene

Many of these routes are courtesy of Quiet Valley Bike Touring, which can be contacted through the Georgian Triangle Tourism Association, 1-705-445-0748

43. Meaford - Heathcote Loop - 49 km. Start / End in Meaford; follow Nelson St. to the 7th line. Some hills on this fairly easy loop that takes you through long-settled landscape. Choose Hwy 26 or the Georgian Rail Trail (unpaved) for your return to Meaford. Caution: Hwy 26 can be busy.

44. Beaver Valley Excursion - 66 km. Start/ End in Meaford; follow CRT. This hilly tour provides spec-

tacular views of the Beaver Valley and an exciting descent to the village of Kimberley. A long steady climb takes you into Clarksburg before descending into Thornbury. Choose the Georgian Rail Trail (unpaved) or Hwy 26 for the return to Meaford. Caution: Hwy 26 can be busy.

45. Blue Mountain Challenge - 35 km. Start/ End in Craigleith. Follow CR19 up to the Scenic Caves Rd. to Banks, around Blue Mountain to Victoria Corners before returning to Craigleith along the Georgian Trail (unpaved) or Hwy 26. Caution: Hwy 26 can be busy. This tour features challenging climbs. 46. Collingwood - Feversham - 61 km. Start/ End in Collingwood; follow CR32 to McMurchy Settlement and pick up CR 19. Challenging, hilly ride takes you through the Kolapore Highlands and the Pretty River Valley.

47. Kimberley to Collingwood Challenge - 44 km (one way). Start in Kimberley. This one way route to Collingwood takes you up and down the escarpment twice! If you like hills and the reward of spectacu-

lar views at the top, then give this route a try.

48. Bay to Creemore - 63 km. Start/End in Collingwood; follow Poplar Sideroad to the 6th line, and then south to Batteaux. Fairly easy ride through gentle landscape to the pretty village of Creemore with its inn and brewery. Some easy climbs on the return.

49. Wasaga Loop - 35 km, Start/ End in Wasaga Beach. Easy tour through farmland on quiet roads.

Choose a spot on the sandy beach to relax on the way back.

50. Tiny Beach Loop - xx km. This tour is an easy loop past the cottages along the shore of Georgian Bay and the quiet roads of Tiny Township. You can opt for the Tiny Rail Trail along part of the route. 51. Upper Tiny Loop - 45 km. Start / End in Penetanguishene. Easy route follows quiet roads out to the shore of Nottawasaga Bay. You have several options, including a visit to Cedar Point, which looks out on Christian Island.

572. Awenda Loop - 32 km. Start / End in Penetanguishene. There are several unpaved stretches on this loop that takes you through the magnificent Awenda Provincial Park and along the shore with views of Giant's Tomb Island, and Beausoleil Island.

53. Discovery Harbour - 15 km. Start / End in Midland. Short loop takes you to the mouth of Penetan-

guishene Harbour.

54. Huronia Heritage Loop - 19 km. Start / End in Midland. Head south along William St. and east along Heritage Dr. Follow signed directions to Ste. Marie Among the Hurons, Martyr's Shrine, and Wye Marsh, visiting what you wish. Complete tour by looping through Port McNicoll along the shoreline of Severn Sound.

55. Tiny - Tay Loop - 55 km. Start / End in Midland. Tiny and Tay townships were named after dogs belonging to Lady Simcoe. This long, easy ride explores the countryside of these two townships.
56. Waubashene Loop - 26 km. Start / End in Victoria Harbour. This loop circles the Matchedash

Provincial Wilderness Area and takes you along the shore of Severn Sound through the community of Waubashene.

57, Severn Loop - 55 km. Start / End in Port Severn. This long loop takes you through some rugged countryside, past the Big Chute Marine Railway, the Severn River, and Gloucester Pool. You can opt to ride out to Honey Harbour.

Lake Simcoe

58. Barrie - Shanty Bay - 28 km. Start / End at corner of Blake St. and Shanty Bay Rd. Short loop takes you along the forested Shanty Bay Rd., then through rolling countryside and back to Barrie.

59. Barrie - Simcoe Tour - 65 km. Start / End at corner of Blake St. and Shanty Bay Rd. Long tour takes you from Barrie along the Shanty Bay Rd., through East Oro, and returns along CR11 through Rugby,

Edgar and Midhurst. The first part of the loop provides a good route to Orillia.

60. Big Bay Point Loop - 40 km. Start / End at the corner of Lakeshore Dr. and Minet's Point Rd. on Barrie's Waterfront; follow Tollendal Rd., turn right on Cox Mill Rd to Yonge St. turning left; follow to Big Bay Point Rd. Ride out to the tip of Big Bay Point at the mouth of Kempenfelt Bay, and then follow the 25th Sideroad, parallel to the west shore of Lake Simcoe. Return along a rolling backroads next to farms.

63. Alliston - Angus - 60 km. Start / End in Alliston. This figure of eight route takes you through the

63. Allston - Angus - 60 km. Start/ End in Alliston. This long tour through rolling countryside, east of Camp Borden.
64. Alliston - Creemore - 90 km. Start/ End in Alliston. This long tour through rolling countryside takes you to Angus, around Camp Borden to Creemore and back.
65. Lake Couchiching Loop - 66 km. Start / End in Orillia at corner of Colborne St. E. and Front St; follow Front St. south to Atheriey Rd. and follow to CR 44, the Rama Road. This tour takes you around Lake Couchiching. At the north end you will cross Hwy 400, then explore parts of the Trent-Severn Water Could be a start of California and the California Could be a start of California Could be a start of California Could be California California Could be California Califor terway before returning to Orillia. The Rama Rd. can be busy with traffic at times around the Casino and around a quarry at the north end.

66. Orillia - Cooper's Falls - 68 km. Start/ End in Atherley, just east of Orillia at the intersection of Hwy 12 and the Rama Rd. Take the Rama Rd. north to Washago and head east to Cooper's Falls and Sebright on quiet, picturesque CR6. Return to Atherley along CR45, Monck Rd., built as a colonization road. If you are heading to Muskoka from southern Ontario, follow CR 6 north after Cooper's Falls. 67. Beaverton - Kirkfield - 65 km. Start/ End in Beaverton; follow Mara Rd. north to Concession A; fol-

Gamebridge and then CR 50 to Talbot. Careful on CR 48, traffic can be heavy. This tour explores the Trent-Severn Waterway on its way to the Kirkfield Lift Lock, before heading through Eldon Township. 68. Beaverton - Cannington Loop - 52 km. Start/ End on Beach Rd. in Beaverton. This tour takes you along the beach of the western shore of Lake Simcoe before heading through rolling farmland to the villages of Cannington, Woodville and Argyle.

69. Sutton - Cook's Bay Tour - 90 km. Start/ End on Lakeshore Rd. in Sutton. This tour follows the southern shore of Lake Simcoe around along Cook's Bay through Keswick before heading east at Miami Beach and south towards Mount Albert. Return through Zephyr and Egypt to Jackson's Point on Lake Simcoe and then back to Sutton. Shoreline roads can be busy, especially on summer weekends;

Kawartha Lakes (Victoria County)

Much of the route information provided courtesy of County of Victoria Economic Development Department (Tourism): 705 324-9411, ext. 233; www.victoriacounty.on.ca.

70. Kirkfield - Canal Lake - 43 km. Start/ End in Victoria Road. This easy loop takes you past the Kirkfield Lift Lock and over Canal Lake in this easy country tour.

71. Bexley - Balsam Lake - 28 km. Start / End in Victoria Road. Visit the settlements of Bexley and Corsons on the way to Balsam Lake. Stop at the provincial park for a swim, or continue along the

shore of the lake.

72. Cambray Loop - 38 km. Start / End at Ken Reid CA on Kenrei Pk. Rd., north of Lindsay. This easy loop takes you to Cambray and around Goose Lake before taking you through Lindsay at the southern

edge of Sturgeon Lake.

73. Fenelon Falls - Goose Lake - 60 km. Start/ End in Fenelon Falls; head south either on Rail Trail or on CR121. This leisurely tour takes you through three townships: Fenelon, Eldon and Mariposa, passing through the communities of Glenarm, Cambray, Cameron and Snug Harbour. Watch for views of Goose Lake and Sturgeon Lake along the way.

74. Fenelon Falls - Snug Harbour - 27 km. Start/ End in Fenelon Falls; head south either on Rail Trail

or on CR121. This short tour takes you to Snug Harbour and then along the shore of Sturgeon Lake be-

fore returning to Fenelon Falls.

75. Coboconk - Kinmount - 60 km. Start/ End in Coboconk. This tour takes you past Silver, Shadow and Davis Lakes on the way to Kinmount. From there you have the choice of returning south along the Victoria County Recreation and Transportation Corridor Rail Trail, or along Hwy 121, which can be

busy at times. If you choose Hwy 121, please exercise caution.

76. Lindsay - Lake Scugog - 40 km. Start/ End in Lindsay; follow Kent St. west to Angeline St., turn south to CR 4 and follow to Little Britain. This tour takes you to Lake Scugog via Little Britain and Valentia. Look out for the signs to the Ghost Town, Port Hoover. Some unpaved stretches.

- 77. Lake Scugog Excursion 75 km. Start/ End in Port Perry. This long tour circles Lake Scugog, passing through many small communities and pleasant countryside. Caution, traffic can be heavy and fast on Hwy 7.
- 78. Scugog Island Tour 35 km. Start/ End in Port Perry. This tour features a small loop and an out and back journey to the northern tip of the island. If you don't mind unpaved roads, there are many more places to visit.
- 79. Uxbridge Valentyne 42 km. Start/ End in Uxbridge. This long thin loop explores the rolling countryside north of Uxbridge. Visit Lucy Maude Montgomery's house in Leaskdale.
- 80. Uxbridge Sandford Loop 40 km. Start / End in Uxbridge. This loop explores the countryside north and west of Uxbridge.
- 81. Uxbridge Goodwood 28 km. Start/ End in Uxbridge. This loop takes you to Goodwood and explores the countryside shaped by the Oak Ridges Moraine. Expect a hill or two
- 82. Uxbridge Útica 20 km. Start / End in Uxbridge. This loop explores the Oak Ridges Moraine east of Uxbridge. Expect hills.
- 83. Ashburn Port Perry 31 km. Start / End in Ashburn. This tour takes you from the small village of Ashburn to Port Perry along quiet, scenic roads.

 84. Blackstock Purple Hill 30 km. Start/ End in Blackstock. This tour takes you through Port Perry
- and back on roads that parallel the Oak Ridges Trail. With a community like Purple Hill on the route, expect to climb. Traffic can be heavy and fast on Hwy 7; exercise caution.

 85. Ashburn - Purple Hill - 41 km. Start/ End in Ashburn. This tour also explores the Oak Ridges Trail,

but avoids Hwy 7. Expect hills.

- 86. Whitby to Enniskillen 74 km. Start in Whitby at Pringle Creek Park on Manning Rd.; follow Anderson Rd. north. This is a challenging tour with spectacular views, but much climbing and descend-
- 87. Ajax Claremount 65 km. This long tour explores the varied landscapes, urban, suburban and rural of Durham Region. Some challenging climbs, but mostly gentle rolling terrain. You can add on a ride along the Waterfront Trail on Ajax's Lake Ontario shoreline.

York Region

- 88. Unionville Musselman Lake 46 km. Start / End in Unionville: head north on Warden Ave. Pleasant country route with some hills. Stop at Musselman Lake for a picnic or swim.
- 89. Aurora Loop 24 km. Start / End at corner of Yonge St. and Wellington in Aurora. Head east along Wellington. This short loop explores the charm of the town of Aurora and its immediate vicinity. Some
- 90. Richmond Hill Wilcox Lake Loop 35 km. Start / End at the corner of Elgin Mills Rd. and Yonge St.; head east along Elgin Mills toward Victoria Square. This tour will take you through Buttonville, Unionville, Gormley and past Wilcox Lake before heading south along Yonge St. which can have heavy traffic at times, but it is worth riding on part of the longest street in the world.
- 91. Newmarket Sharon 24 km. Start / End in Newmarket at corner of Main St. and Davis Dr. This short loop takes you through old Newmarket and Sharon, where there is a wooden temple renowned

for its architecture and acoustics. Glenn Gould played there.

92. Holland Landing - Ravenshoe - 40 km or 58 km with added loop. Start/End in Holland Landing at the corner of Holland Lodge Rd. and Yonge St.; follow Yonge St. north to Queensville Sideroad. This tour explores the township of East Gwillimbury and passes through Queensville, Ravenshoe and Sharon. Where Woodbine Rd intersects with Ravenshoe Rd. you can decide to continue straight to add a loop through Keswick (be aware of traffic around Keswick on summer weekends), or you can turn right.

3. Bradford - Schomberg - 42 km. Start / End in Bradford at the corner of Barrie and Bridge Streets. This tour takes you through the Holland Marsh, including Canal Road. You will see some of Ontario's

most productive farmland.

- 94. Bradford Alcona 70 km. Start/End in Bradford; head north out of town along Barrie St., turning left on the 8th Concession. This backroads route takes you through farmland to the shore of Lake Simcoe and its many shore-side communities.
- 95. Kleinburg Bolton Loop 50 km. Start / End in central Kleinburg on Nashville Rd. Kleinburg, home to the McMichael Gallery, is nestled in lovely rolling countryside. This tour takes you through it. 96. Richmond Hill Loop - 18 km. This short loop takes you through the oldest part of Richmond Hill and past the beautiful new library. The stretch of Yonge Street is lively and a pleasure to ride through

(except at rush hour). Halton - Peel

- 97. Heart Lake Bolton Excursion 69 km. or 48 km on short loop. Start / End at Heart Lake CA, or Bolton. From Heart Lake head north on Kennedy, east on Mayfield, south on Heart Lake Rd., and east to Dixie Rd. (CR 4), which becomes Horseshoe Hill Rd., north of Mayfield. At intersection with CR 9 (King St.) either turn left for shortcut, or right and follow into Bolton. Return by travelling north to Hammertown and then east through Humber Grove to CR12, then south on McLaughlin Rd. Rolling countryside.
- 98. Georgetown Cheltenham Meander 39 km. Start/ End on Main St. at intersection with Guelph Rd. (Hwy 7). South to CR10. East to Winston Churchill Blvd. North to Wanless Rd., east to Creditview Rd., north to Cheltenham. Return via Terra Cotta. Rolling countryside passing some of the prettiest parts of the Credit River.
- 99. Georgetown Terra Cotta Loop 18 km. Start/ End on River Dr. at Mountainview Rd. Short Loop takes you to pretty village of Terra Cotta and back.
- 100. Brampton West Loop 24 km. Start /End on Oueen St. at Hwy 10. Oueen east to Heritage, north to Wanless, east to McLaughlin, south to Queen. Short loop through Credit Valley.

- 101. Erin Terra Cotta Loop- 42 km. Start/ End on 9th line at Hwy 24 in Erin. Take 9th line south, follow Fallbrook Trail to Clay Hill Rd. in to Terra Cotta, head east along King St. (CR9) to McLaughlin, follow north to Forks of Credit Rd., and follow west back to Erin. Beautiful tree-lined roads and pretty villages make this tour a pleasure. Beware of traffic on weekends, especially in the fall.

 102. Erin West Loop-38 km . Start/ End at north end of Erin on CR23 at 17th Sideroad. This short loop
- explores quiet farm country west of the pretty village of Erin.
- 103. Caledon Credit Valley Loop 70 km. Štart/ End on Charleston St. at Hurontario St. in Caledon. This hilly tour takes you through backroads of the Credit River Valley to the Forks of the Credit and to Orangeville. Some short stretches of road are unpaved.
- 104. Tottenham Albion Hills- Schomberg Tour 55 km. Start/ End in Tottenham on Mill St. at Queen. This hilly tour takes you through the beautiful rolling landscape that includes the Albion Hills and the historic village of Schomberg. The route takes you north from Schomberg back to CR14 and west to Tottenham, where a working steam engine operates regularly for visitors.
- 105. Caledon Hockley Valley Tour 80 km. Start/ End on The Gore Rd. at Old Church Rd. Head north on The GoreRd., which features steep hills and can be busy with traffic to Hockley Rd. Pass through the beautiful valley before returning to Caledon East through Caledon if you choose.

Kitchener-Waterloo and Guelph - North Halton

- 106. St. Jacob's -Heidelberg Loop 15 km. Start/ End on CR8 in St. Jacob's. This short tour gives you a taste of the Mennonite heritage of this part of Ontario as you cycle through farm and town.
- 107. Conestogo Alma Excursion 58 km. Start/ End in Conestogo on CR17. This long tour takes you through productive farmland, Mennonite country, the vibrant village of Elora, situated around a beau-tiful gorge on the Grand River, and other small, thriving communities, such as Elmira. 108. Grand River Sampler - 56 km. (full loop) Start/ End in Elora on CRT at David Street. Follow CRT across river to Jct. CR21. Turn right and follow through Inverhaugh to West Montrose. Be sure to cross
- the covered bridge. Return toward Elora. At Jct CRT, you can return to Elora, or keep going past the Wellington County Museum to Fergus. At Fergus, you can cross the river and return to Elora, or you can continue north east to Belwood and Belwood Lake, returning along CR18 (busy tourist traffic at times) or the Elora-Cataract Rail Trail.

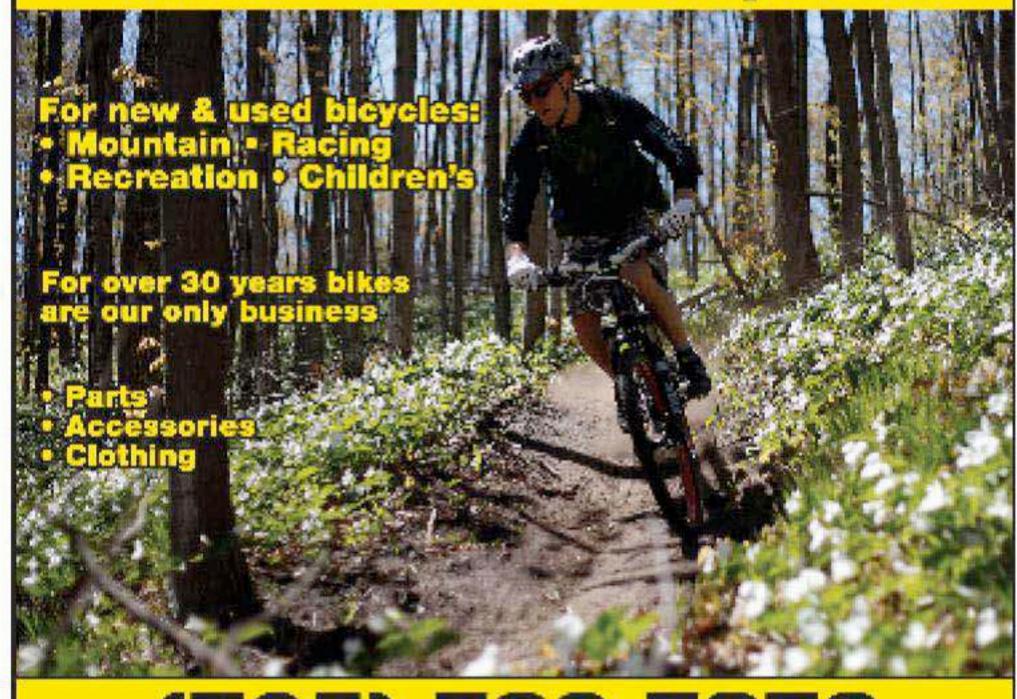
109. St. Agatha - Wellesley Loop - 48 km. Start / End in St. Agatha, west of Kitchener-Waterloo on CR9. Travel through rolling farmland to the various pretty villages, such as Heidelberg, Wellesley, Bam-

- 110. Kitchener Cambridge Boundary Ride 40 km. Start/ End on Fountain St. in Preston (Cambridge). Skirt urban landscapes, explore the rolling farmland and pass through pleasant and varied communities from New Dundee to Hespeler.
- 111. Wilmot-Blandord Blenheim Townships Tour 50 km. Start / End at the Giant Water Wheel in New Hamburg. Follow Bleams Rd. out of town, across Hwy 7/8 to Punkeydoodles Corners. Pass through Plattsville and New Dundee and numerous villages on this pleasant, moderate tour.
- 112. West Guelph Loop 30 km. Start/ End on Wellington Street in Guelph. Head west on Wellington. West of Hanlon Parkway, pick up Fife Rd. and follow. Pass through rolling farmland on the outskirts of
- 113. Guelph Lake Acton Tour 70 km. Start / End at Guelph Lake CA on Watson Rd. The rolling farmland, mature trees, and the pretty villages of Rockwood, Acton and Eden Mills make this varied tour pleasant.
- 114. Guelph Campbellville Excursion 70 km. Start/ End in Guelph on Stone Rd. at Gordon, near the University of Guelph. This long tour has a challenging hilly section near Campbellville, but provides you with a variety of landscapes as you discover Puslinch Township and Halton Hills
- 115. Campbellville Loop 42 km. Start / End in Campbellville. Head west along CR9. This tour features a number of hills. Remember there is always a view at the top.

 116. Milton Heights Tour 39 km. Start / End in Milton Heights on CR9 (Campbellville Rd.) This
- medium length tour features the forested, hilly landscape of Halton.
- 117. Milton Perimeter Tour 35 km. Start/ End in Milton Heights on CR22. This tour takes you around the outskirts and the surrounding countryside of Milton. Some hills.
- 118. East Luther Grand Valley Excursion 65 km. Start / End in Grand Valley on CR25. This long tour features wide-open spaces and windy treed stretches as it travels from the Grand River to the Luther Marsh.
- 119. Shelburne Tour. 65 km. Start/ End in Shelburne on Hwy 89. This tour through Dufferin County features a loop and an out and back ride to Terra Nova along the Pine River.
- 120. Dundalk Flesherton 70 km. Start/ End in either Dundalk or Flesherton. This tour allows you to avoid the shortest path between these two towns. Enjoy this diverting tour through the countryside of Artemesia, Osprey and Proton Twps. Mainly flat open countryside.

 122. Elora - Fergus Loop - 14 km. This short tour takes you along the Grand River and past the
- Wellington County Museum and allows you to enjoy two of the prettiest towns in the province. Begin in either community. You could choose the Elora-Cataract Rail Trail for one leg.





(705) 726-7372 49 Anne St. S., Barrie www.bikeland.ca

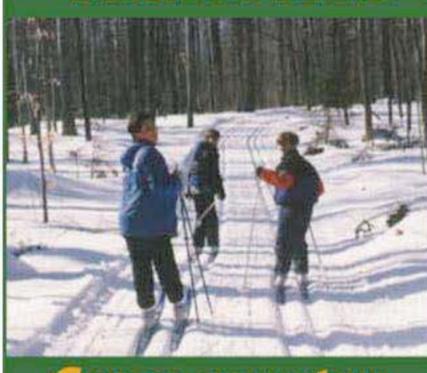
Kiowana Beach

25 Sideroad

22 Sideroad



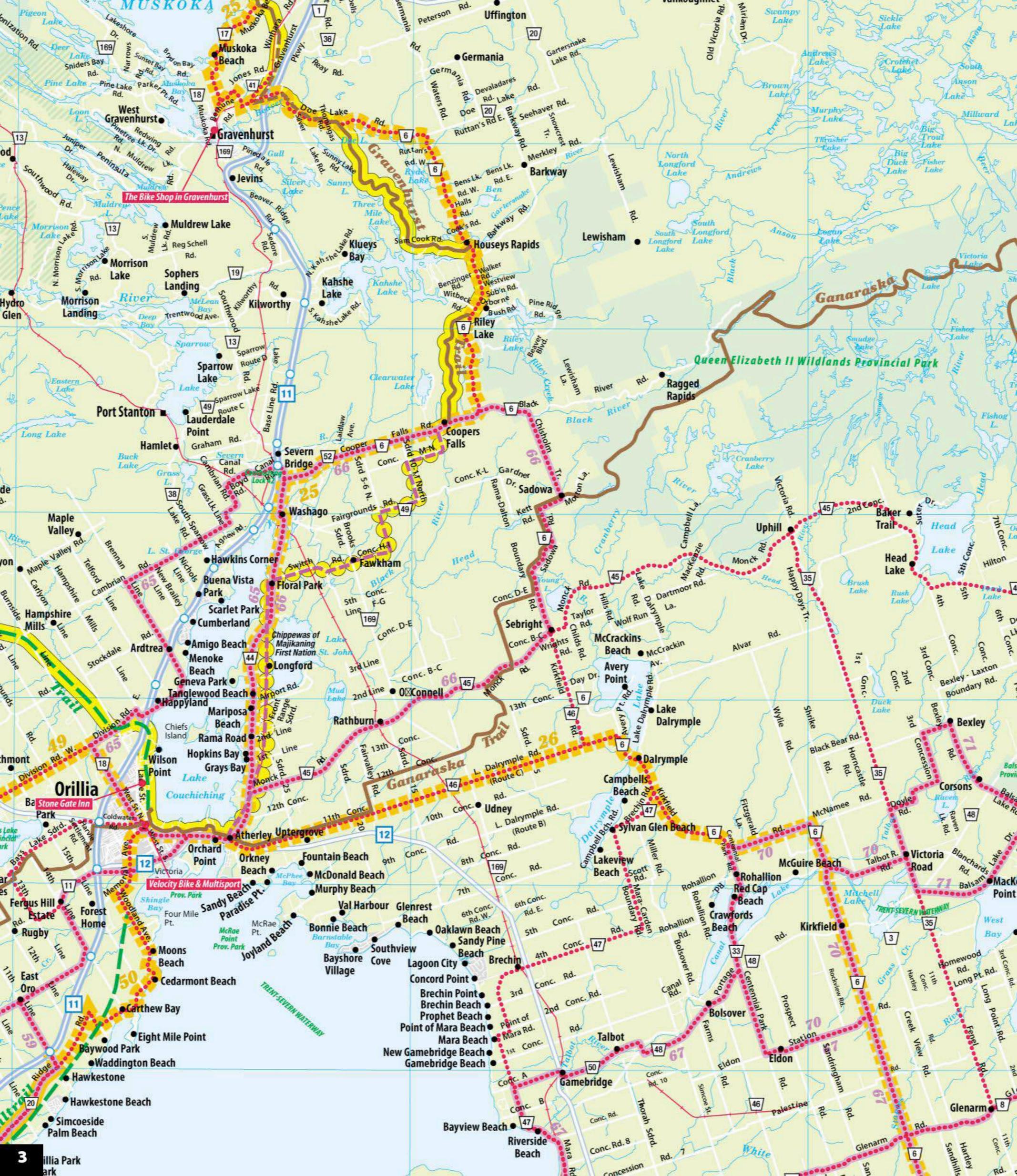
MANSFIELD OUTDOOR CENTRE



- Located 1-1/4 hour north of Toronto on Airport Rd., 10 km. n. of Hwy. 89.
- 40 km. of machine groomed, track set, forested trails through the beautiful Mulmur Hills.
- Rentals available.
- Quality trail grooming with **Pisten Bully**









Discover Skiing and Snowboarding right in the City of Toronto

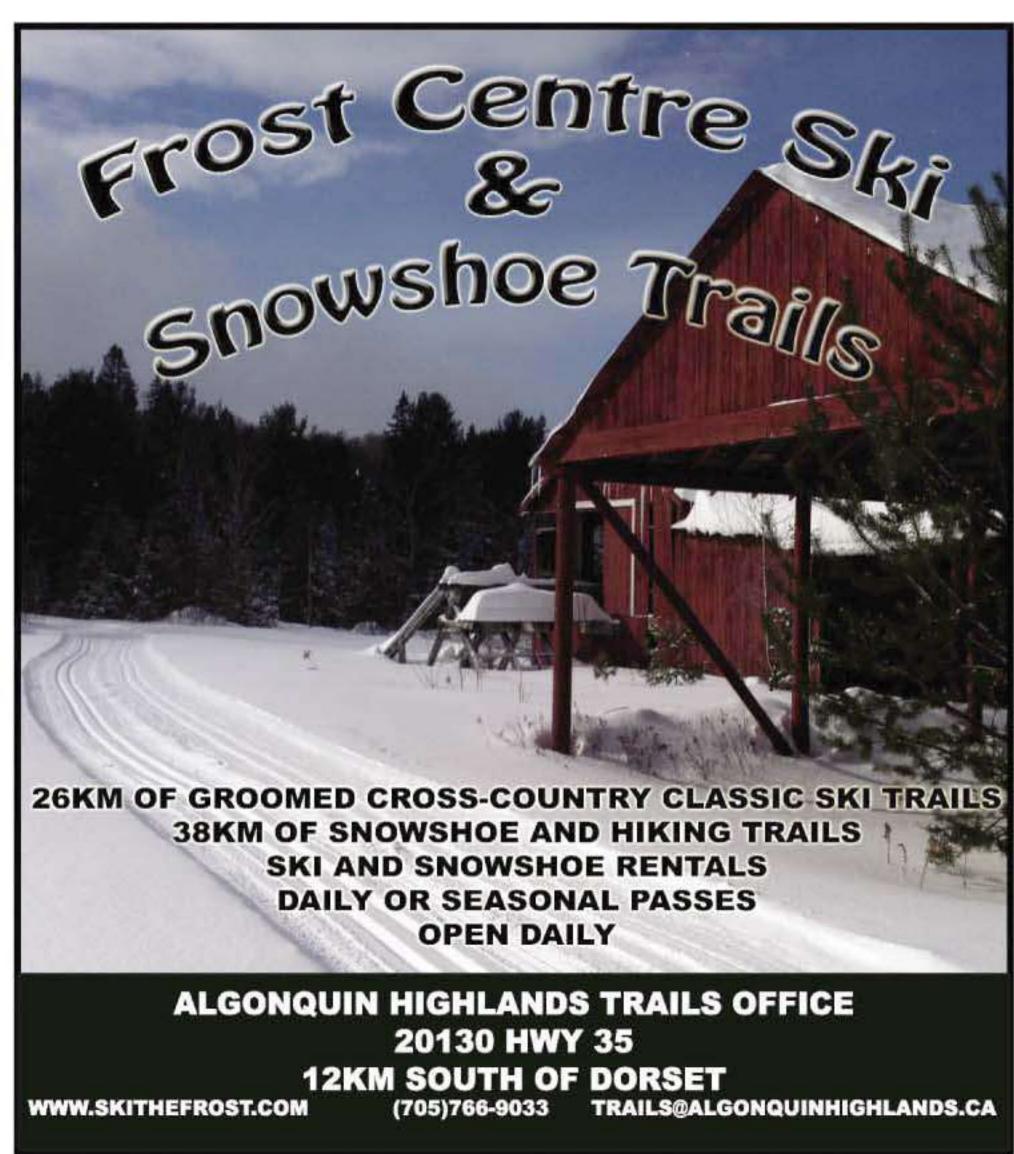


toronto.ca/ski

Call 3 1 1







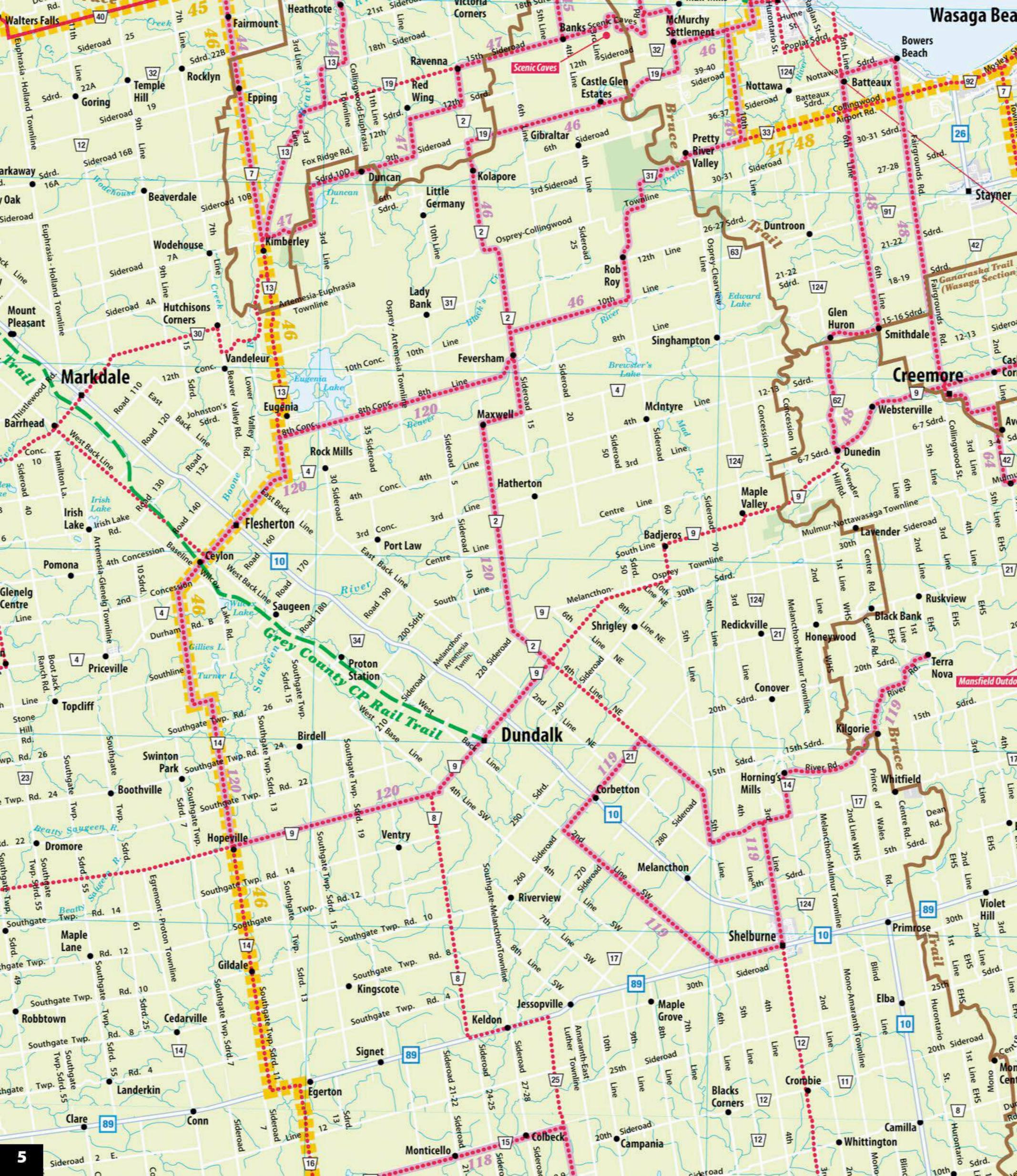


4098 Ganaraska Road, Orono | 905.983.5983 | 1.877.672.2582

BRIMACOMBE

www.brimacombe.ca

















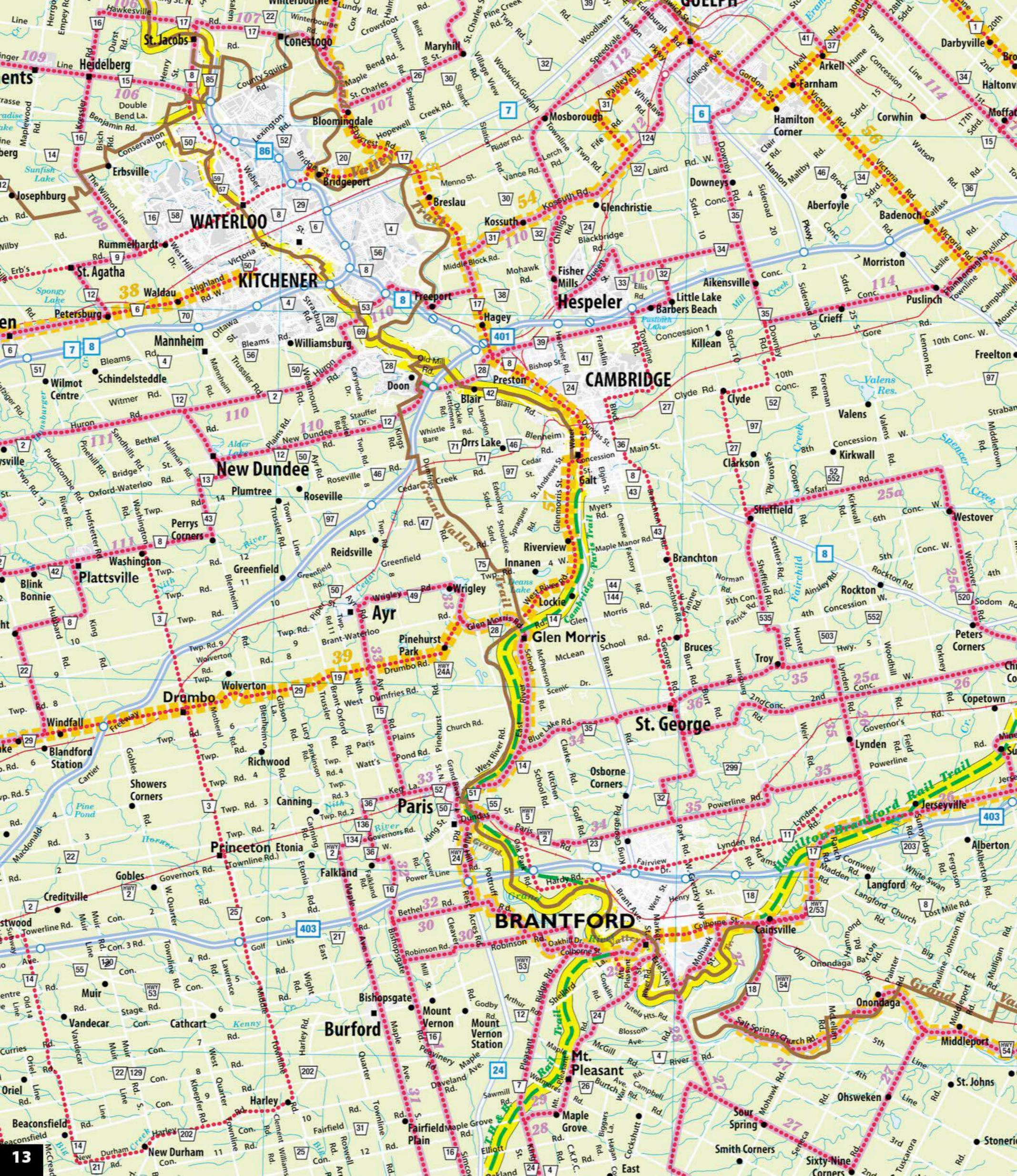






















Sunshine Country Cycling Loops

Rence Peninsula

The Bruce Peninsula has many unpaved roads that are worth exploring, but are best ridden on fat tires. Some roads are quite isolated. Camping at Cyprus Lake, part of the Bruce Peninsula National Park, offers the opportunity to hike the Bruce Trail along the spectacular cliffs overlooking Georgian Bay.

Hwy 6 on the Bruce Peninsula can feature very aggressive driving, especially related to the ferry. As well, there are stretches where the pavement is poor.

III/2 and a

- 5. Wiarton Lake Charles Loop- 30 km. This short tour takes you up the bank of Colpoys Bay to Oxenden, and then through wooded back roads to Lake Charles CA and back to Wiarton along quiet scenic roads.
- 6. Wiarton Big Bay Excursion 55 km. This challenging tour parallels some of the most spectacular parts of the Bruce Trail with views out on Georgian Bay. Expect hills and wind.
- 7. Kemble Loop 35 km. This tour, featuring some hills, takes you along the west shore of Owen Sound before heading inland at Balmy Beach to Copperkettle. This is a cyclist's Bruce Trail experience as you parallel a portion of the trail.

Sauble Beach / Southampton / Port Elgin

top and Owen Sound and Harrison Park at the bottom.

- 10. Sauble Beach Allenford Loop 45 km. This loop takes you from Sauble Beach through farmland and woodland to the communities of Hepworth and Allenford, passing by several lakes. This area can be busy in the summer. There is fast traffic on the short section of Hwy 21. Mostly flat.
- 11. Sauble Beach Sauble Falls Cruise 12 km. This short loop takes you along Lakeshore Road, where you can check out the beach scene to Sauble Falls PP, where the stepped falls offer exceptional opportunities for frolicking.
- 12. Sauble Beach Southampton Loop 70 km. Heading out from Sauble Beach through Tolmie and Skipness, Allenford and Tara, this medium length tour explores the countryside of Bruce County inland from Lake Huron. The many streams and rolling countryside make this tour always engaging. Around Arkwright you can follow the signs to Arran Lake CA. Southampton at the mouth of the Saugeen River features quiet sandy beaches, the Bruce County Museum, and plenty of amenities. Cross the bridge over the Saugeen and follow CR13 back to Sauble Beach.
- 1.3. Southampton Port Elgin Loop 25 km. This short tour features pleasant countryside inland and the sheer cycling delight of North Shore Rd. between the two communities. You can choose the hard packed limestone rail trail as an alternative to the countryside route.
- 14. Port Elgin Paisley- McGregor Pt. Tour 50 km. This tour through rolling farmland on winding roads takes you from Port Elgin to the pleasant village of Paisley, meeting point of a number of branches of the Saugeen River. The tour then heads straight back to Lake Huron and McGregor Pt. PP with its beautiful beach. It ends back in Port Elgin, a bustling town with tree-lined streets and many amentities, including a weekly flea market down on the waterfront.
- 15. Port Elgin Tara Tour 60 km. Exit and Enter Port Elgin along Gustavus St. (CR17). This medium length tour explores the quiet rural farmland of Bruce County in land from Port Elgin. Some hills.
- 16. Tara Loop 35 km. This short loop explores the farmland southeast of Tara. Rolling stretches.

Owen Sound

- 20. Owen Sound Leith Tour 35 km. This excellent tour takes you out of Owen Sound along 2nd Ave. East along the eastern bank of Owen Sound out past Squaw Point and Paynter's Bay to the village of Leith, where famed Canadian painter Tom Thompson is buried. Turning south through Annan and continuing briefly on Hwy 26 (watch for traffic), climb the Niagara Escarpement on CR11 to Hoath Head. Turn west on CR18 and follow to 2nd Ave. E.. Turn south, stop in at Inglis Falls before descending to Harrison Park (camping available).
- 21. Owen Sound Southwest Loop 20 km. This short sharp tour takes you on several steep, long climbs, but includes several spectacular views of Owen Sound and Inglis Falls a workout worth the effort.
- several spectacions i rews of owner sound and ingils rains a workford with the entor.

 22. 55 km. Climb south out of Owen Sound on 2nd Ave. E. Inglis Falls is your reward at the top of the hill. Continue west to Squire and turn south. Follow through villages of Keward, Desboro and Keady. Hilly tour on quiet roads.

 23. Owen Sound Walters Falls 60 km. This long medium length tour features some climbing and excellent views of Owen Sound. Watch for traffic around Chatsworth. Begin and end on 2nd Ave. E. on the hill that has Inglis Falls at the

Paisle,

- 30. Paisley- Lake Huron Loop 65 km. Paisley is a village built on the hillsides of the valley leading down to where several branches of the Saugeen River merge into one, and features one of the best salmon runs in the province. This medium length tour takes you to the shore of Lake Huron over mainly flat farmland, touching on McGregor Point PP, and Baie du Dore. Head further south to Inverturon PP to discover one of Lake Huron's best sandy beaches.
- 31. Inverhuron Glammis 40 km. Head inland for a loop through uninterrupted farmalnd on quiet roads to Glammis. Work up a sweat and plunge into Lake Huron on your return.
- $\textbf{32.} \ Paisley Glammis \ Loop 40 \ km. \ This tour \ is through \ the gently \ rolling \ \ countryside, \ dominated \ by farmland, \ and \ small \ stream \ valleys.$
- 33. Paisley Chesley Loop 50 km. This quiet tour features many streams and some hills as it explores the watershed of the Saugeen River, east of Paisley.
- 34. Paisley Saugeen Bluffs Loop 40 km. This moderate tour with some climbing features a varied landscape, dominated by the Saugeen River valley. If you head east to Chesley, you will find a convenient rest spot at the Saugeen Cliffs CA north of Paisley.

Kincardine

- 40. Kincardine Ripley Loop 45 km.. Kincardine, at the mouth of the Penetangore River is a pleasant town with an attractive waterfront and main street. Head south out of Kincardine along the waterfront on Goderich St. At Conc. 6 W turn east to Baseline St. and follow to Pine River, home of a prominent local cheese factory. Head inland through the Pine River valley to Ripley. Return to Kincardine through Clarks Church. Be careful crossing Hwy. 21.
- 41. Kincardine Excursion 75 km. This long tour through varied landscapes, including river valleys that include some hills, and extensive lakefront has many worthwhile vistas. Consider planning a stop at Inverhuron Beach, or collecting some local cheese at Pine River.
- 42. Kincardine Point Clark Out and Back 35 km. This short tour takes you to the National Historic Site at Pt. Clark lighthouse and to Amberley Beach along the shore of Lake Huron. Return the same way you came. Avoid Hwy 21.
 43. Kincardine Inverhuron Out and Back 35 km. This short lakeshore tour takes you to the pleasant cottage com-
- munity of Inverturon and the astonishing sandy beach in Inverturon Bay. Retrun the same way you came.

Goderich / Bayfield

- 45. Goderich North Loop 20 km. Goderich is an active community on the bluffs overlooking Lake Huron at the mouth of the meandering Maitland River. It is the second biggest port in Ontario and features a unique central square. Ride north on Hwy 21 (careful of traffic) to CR25. Turn right to Loyal and Carlow. Turn south to Benmiller, home of a fine inn and return to Goderich on CR31.
- 46. Goderich Maitland River Loop 20 km. This short tour takes you out to Benmiller and allows you to view the meandering course of the Maitland River in the deep cut below you.

- 47. Goderich Auburn Tour 25 km. Head east to Benmiller on CR31 then head north to Carlow, then east to Auburn. This tour allows you to explore the effects of the Maitland River on the landscape.
- 48. Goderich Clinton Tour 40 km. Head east past Benmiller to CR31. Head south to CR13 and follow east into Clinton, a farming town and home to famed Canadian writer, Alice Munro. Follow CR 8 through Summerhill north to CR15. Head west back to Benmiller and Goderich.
- 49. Goderich Bayfield Loop 50 km. Head south out of Goderich on Hwy 21 to the pleasant village of Bayfield. Hwy 21 can be busy, although there is a narrowed paved shoulder most of the way. Recommended for experienced cyclists. Return to CR13 and follow CR31 back north to Goderich. This route can serve as a there and back alternative to Hwy 21.
- 50. Bayfield Varna Loop 25 km. Bayfield, at the mouth of the Bayfield River, features pleasant beaches and a stimulating main street full of art galleries, historic buildings and fine restaurants. This tour allows you to stretch your legs inland from Lake Huron before enjoying a fine meal in town.
- 51. Bayfield Zurich Loop 40 km. This medium length tour heads south from Bayfield to Zurich through fairly flat farmland on quiet roads. Bronson Line provides a good alternative to Hwy 21. Stop in at the Zurich CA for a breather.
- 52. Auburn North Tour 40 km. The features of the landscape of this tour are dominated by wetlands and streams, therefore fairly flat, and providing good opportunities for birdwatching.
- 53. Blyth Country Tour 65 km. Blyth is home of the Blyth Summer Theatre Festival. This long tour follows the varied landscape, shaped by farming for several centuries. Fairly flat. CR4 used to be Hwy 4, and can still carry fast moving traffic and trucks, but can provide a shortcut back to Blyth, if necessary.
- 54. Brussels South Loop 40 km. Brussels is at the heart of Huron County's intensive farming industry. This tour explores the farming landscape south of the village. Fairly flat.

Palmerston / Harriston / Wingham

- 55. Palmerston South Loop 35 km. This short tour through farmland south of the quiet town of Palmerston crosses numerous streams flowing into one of the branches of the Maitland River that will eventually flow into Lake Huron. Be careful of limited truck traffic on Hwy 23.
- 56. Palmerston Listowel Tour 65 km. This medium length tour takes you south through the busy town of Listowel to Atwood and back. There is a short stretch on CR86, where traffic is fast heading to and from Kitchener-Waterloo. You may want to use the wide hard-packed shoulders which the Mennonites use for their horse and buggies.
- 57. Palmerston Southwest Tour 30 km. This short triangular tour heads out to Mayne Corners, passes through Gowanstown before returning to Palmerston. Careful of limited truck traffic on Hwy 23.
- 58. Palmerston Harriston Loop 45 km. Head out to Mayne Corners, turn north to Fordwich. At CR87 turn east and follow to Harriston, where there is a conservation area. Farmland on flat quiet roads.
- 59. Palmerston Teviotdale Jaunt 20 km. This short loop allows you to stretch your legs on flat quiet roads.
- 60. Palmerston Northeast Loop 40 km. Head north to Harriston on CR5. Return through Teviotdale. Pleasant farmland. Mainly flat.
- 61. Harriston- Clifford Loop 45 km. This medium length tour explores the farmland northwest of Harriston. West of Clifford, stop in the hamlet of Lakelet to take in the long view of the lake.
- 62. Harriston Mount Forest Loop 60 km. This medium length tour heads north to Ayton and then meanders its way to Mount Forest. Some rolling hills.
- 63. Mount Forest Loop 12 km. This short loop involves cycling on Hwy 6 outside of town. Although the highway is a good road with a partial paved shoulder, you should avoid it when traffic gets heavier on summer weekends. You may prefer to explore some of the unpaved roads in the area.
- 64. Wingham East Loop 30 km. Wingham, setting of many of Alice Munro's early short stories, is a pleasant town on the Maitland River. This tour heads you out into the rolling countryside east of town.
- 65. Wingham East Tour 45 km. This longer version of the above tour takes you to Gorrie CA before heading back to town.

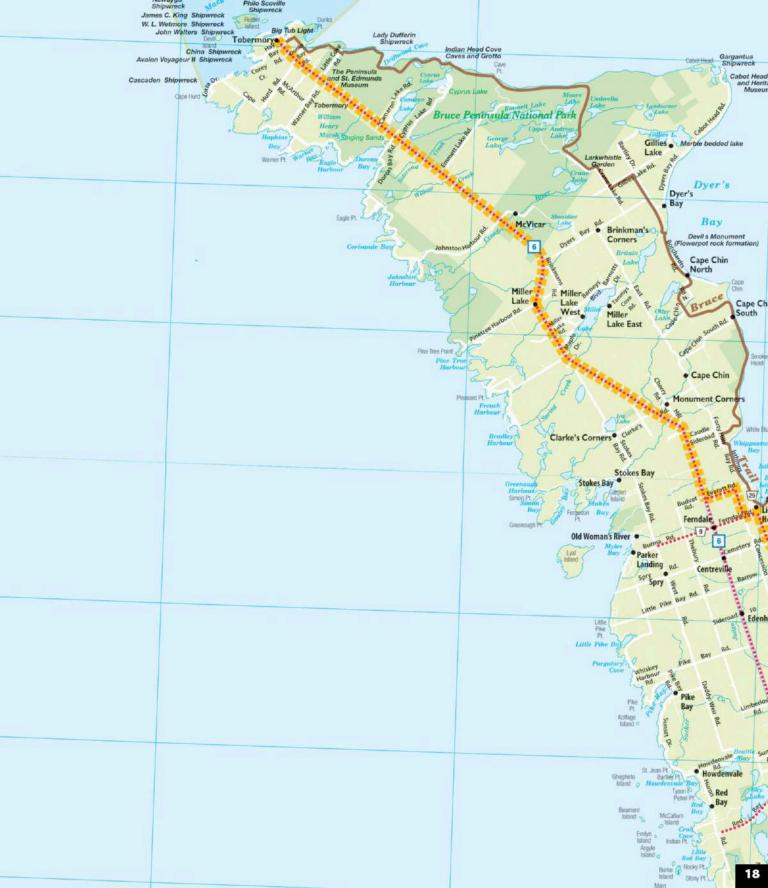
Hanover

- 70. Hanover North Loop 10 km. This short loop takes you to Lake Rosalind just north of town and along the bustling main street.
- 71. Hanover Scone Tour 45 km. This loop explores the northeast quadrant above Hanover. At Scone you can choose to stop in at Chesley just west. This tour passes through farmland. The land slants downward to Hanover and the Saugeen River, requiring a gradual climb on the way north, but a pleasant decline on the way back. Careful of traffic on Hwy 4.
- 72. Hanover Chesley Loop 50 km. This tour explores the quadrant northwest of Hanover. Incline out of Hanover north. You can look forward to the gradual descent on the way home. Careful of traffic on Hwy 4.
- 73. Hanover Mildmay Loop 45 km. This medium length tour involves a stretch on old highway 4, which can be busy. Avoid summer Friday afternoons, and sunrise or sunset, when the sun may affect motorists' visibility. The landscape is dominated by farms and streams. Some gentle hills.
 74. Walkerton Mildmay Tour 30 km. This moderate tour takes you through farmland from Walkerton to Mildmay. On
- the way back you will pass through Formosa, home of the Algonquin Brewery.

 75. Hanover Southeast Loop 25 km. This tour explores the farm landscape dominated by the meandering South
- 75. Hanover Southeast Loop 25 km. This tour explores the farm landscape dominated by the meandering South Saugeen River. Some hills.

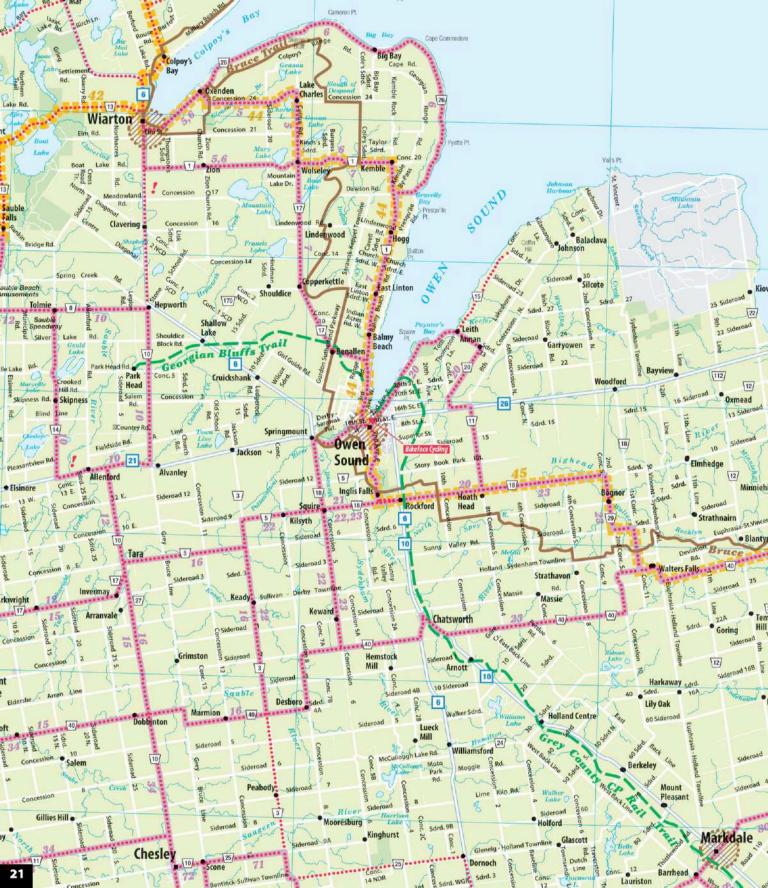
Markdale

- 80. Markdale Flesherton East Tour 45 km. This medium length tour features hills. Markdale is in a valley surrounded by hills, and features a vibrant main street. This tour heads east to Kimberley in the Beaver Valley. Big descent. Big climb. Spectacular view! Flesherton has several pleasant cafes, restaurants and galleries.
- 81. Markdale Flesherton West Tour 35 km. West Back Line provides an alternative to Hwy 10 between Markdale and Flesherton. Careful on old hwy 4, there can be traffic. This tour crosses many streams and the Rocky Saugeen River. Some hills around Markdale, flatter around Flesherton.
- 82. Eugenia Lake Loop 35 km. This short loop stays on the highland and circles Lake Eugenia. Fairly flat.
- 83. Markdale Dundalk Excursion 85 km. This long, challenging tour features the killer hills of the Beaver Valley (with the spectacular view!) and long, gently rolling countryside around Dundalk. Quiet roads except around Flesherton, which you can choose to visit for a rest if you choose.

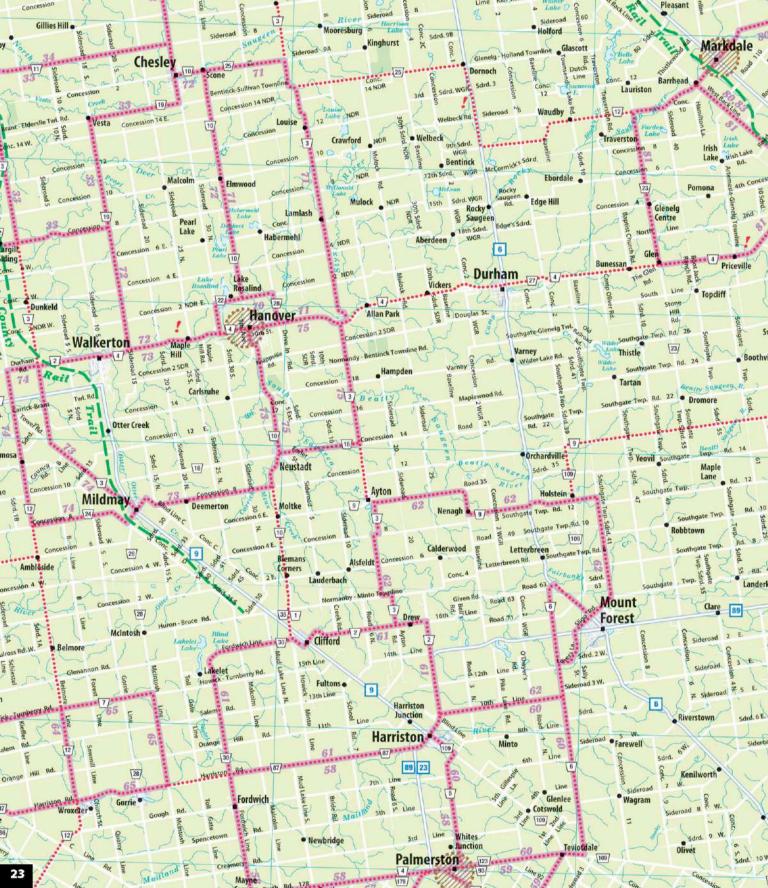




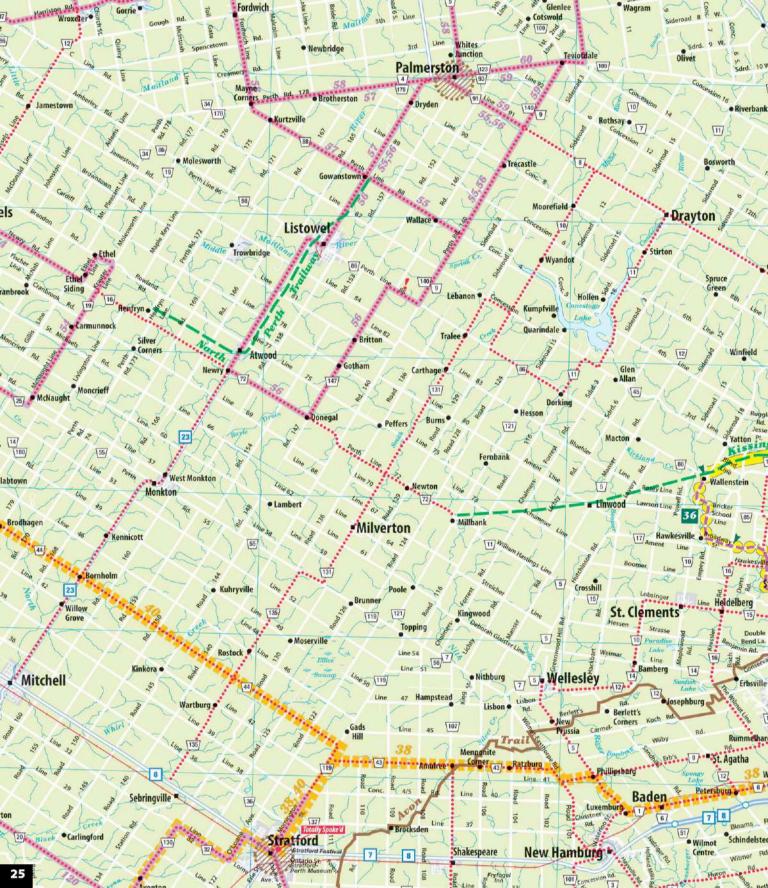












Southwestern Ontario Cycling Loops

Windsor/Feser

- 1. La Salle Loop 20 km. Begin in Lasalle and follow Hwy 18 south. This flat loop offers extended views of the Detroit River and Fighting Island, named after a skirmish in 1838, and offers pleasant countryside too. The many French names show the long presence of the French-speaking community in Essex County (e.g. detroit is the French word for strait or narrows).
- 2. Amherstburg Detroit River Loop 20 km This flat loop begins in beautiful, historic Amherstburg. Travel east along Alma St. to Thomas Rd., turning north. Visit Fort Malden, just north of the town on the Detroit River, on your return.
- 3. Amherstburg Auld Loop 25 km This flat loop begins in beautiful, historic Amherstburg. Travel east along Alma St. to Thomas Rd., turning north. At Loiselleville, turn east, returning through Auld. Experience some of Canada's best farmland. Farmers produce a wide variety of fruit, including grapes and wine.
- 4. Windsor Essex Amherstburg Excursion 90 km. This ambitious, but flat tour begins on Riverside Dr. in downtown Windsor. It takes you east along the shore of Lake St. Clair through prime farmland to Essex, and then on to historic Amherstburg, returning to Windsor along Hwy 18, next to the Detroit River.
- 5. Talbot Road Sampler 45 km. This flat, meandering loop through agricultural land south of Windsor follows parts of the Talbot Road, built in 1804 to facilitate the settlement of Lake Erie and Essex County. Begin in Oliver.
- 6. Maidstone Loop 33 km. Another Talbot Road sampler, east of the one above. A nice mix of agricultural landscapes and small communities, such as Oldcastle, and Maidstone. Consider the option of heading into Essex.
- 7. Essex West Loop 42 km. Begin in Essex and head west along Fairview Ave. Cross Hwy 3 and follow the North Malden Rd. Flat agricultural tour.
- 8. St. Clair Beach South Loop 30 km. Begin in St. Clair Beach. Head south on East Pike Rd. through Elmstead. From Pleasant Park head back north along the Puce River to Puce on the shore of Lake St. Clair.
- 9. Essex Belle River Tour 45 km Begin in Essex. Head north on Fairview to Naylor Sdrd. And north to Pleasant Park. Pick up the Puce River road north to Lake St. Clair. Head east along CR2 to Belle River, founded by French settlers in the early 1800's. Follow Belle river south to the North Talbot Rd., which takes you to Essex.
- 10. Amherstburg Malden Centre 22 km. This loop takes you to the mouth of the Detroit River and the beginning of Lake Erie from historic Amherstburg and samples rural farming landscape and the community of Malden Centre. Extend the tour several kilometres by visiting Holiday Beach CA along CR50.
- 11. Windsor Excursion 55km. This longer tour takes you along the Windsor waterfront, out to the historic Talbot Rd. and through Tecumseh on Lake St. Clair.
- 12. Tecumseh Essex Stretch 40 km. This long narrow loop takes you from the shore of Lake St. Clair to the towns of Maidstone, Essex, and Pleasant Park before finding East Pike Creek and returning to the lake's shore.
- Maidstone, Essex, and Pleasant Park before finding East Pike Creek and returning to the lake's shore.

 13. Essex Cottam Loop 22 km. This slightly longer tour explores pleasant countryside southeast of Essex.
- 14. Essex -Cottam Jaunt 17 km. Short tour takes the North Talbot Rd. out and returns from Cottam along the Talbot Rd.
- 15. Cottam Miner Game Preserve Loop -25 km. This flat tour through rural Essex starts in Cottam and takes you past the Miner Crown Game Preserve.

Leamington/Kingsville

Please note: ferries to Pelee Island, the most southerly part of Canada, leave from Kingsville for part of the season and from Leamington for another. Pelee Island is generally flat and has few paved roads. Call 1 - 800-661-2220.

- 16. Harrow Colchester Loop 40 km. This flat tour begins in Harrow and explores some of the richest farmland in Essex County
- 17. Kingsville West Loop 27 km. This flat tour heads west along Heritage Rd. from Kingsville, along the shore of Lake Erie, turns north past Cedar Creek, and turns east to the Miner Game Preserve before returning to the port of Kingsville. Ferries to Pelee Island travel from here.
- 18. Kingsville East Loop 17 km. This flat tour explores the countryside east of Kingsville, including the community of Ruthven, and the shore of Lake Erie.
- 19. Ruthven Loop 12 km. This short tour takes you around the vicinity of Ruthven. Ruthven is also the eastern start point of the Greenway, part of the Trans-Canada Trail.
- 20. Kingsville- Belle River Excursion 75 km. This long tour takes you from one side of Essex County to another, Lake Erie to Lake St. Clair. The tour is flat, but passes through varied landscape.
- 21. Learnington to Point Pelee 30 km. This out and back tour takes you to the furthest southern point of Canada, other than Pelee Island, Point Pelee. You will have to pay a fee to enter the park. Plan to get off your bike and explore some of the walking trails.
- 22. Leamington Mersea Loop 45 km. This long, flat tour explores southeastern Essex County.
- 23. Leamington Holiday Harbour 27 km. This tour takes you east to Holiday Harbour on the shore of Lake Erie. A little further east is Wheatley, and Wheatley Provincial Park, where swimming is available.
- 24. Lake St. Clair Stoney Point Loop 17 km. This short flat loop on the south shore of Lake St. Clair explores part of Tilbury Township.

Chatham/ Blenheim

- 30. Chatham Thames View Ride -20 km. This short pleasant ride follows the banks of the Thames River out and back.
 31. Chatham North Buxton Loop 40 km. Head out from Chatham along either side of the Thames River, and then
- south and back through the farmland of Raleigh Township which was settled by freed and fugitive slaves from Louisiana and elsewhere in the late 1840's.
- 32. Chatham Lake Erie Excursion 85 km. This long tour leaves Chatham south on CR10. Continue to Lake Erie. Between Erie Beach and Erieau, on Rondeau Bay there are places to swim. Return and join Hwy 3, the Talbot Trail, west. Return through Merlin along CR7, and at CR14 head east to CR10 and return north to Chatham.
- 33. Tilbury Merlin Thames Excursion 50 km. Head east to Merlin on CR 8 then north to the Thames River on CR 7, and then west along the bank of the Thames on CR36. Return to Tilbury on CR 1. Flat tour through farmland.
- and their west admig the balan of the Thalmes of Costo. Return to Thodry of CK 1. Flat four full of 1975 and 19
- 35. Chatham Kent Bridge 15 km. Head east out of Chatham along CR18 and return from Kent Bridge along the banks of the Thames River.
- 36. Chatham North Loop -35 km. Head our of town on CR34 along the Thames. Head north on CR 43. Pass through Oungah and return on Prince Albert Rd. 37. Chatham - Mitchell's Bay Tour - 40 km. Head out of Chatham along the Thames. Follow CR34 through Paincourt
- north to Mitchell's Bay. Rest and swim on Dover Beach, before returning along CR43.
- 38. Chatham St. Clair Loop 42 km. Head west out of Chatham along the Thames to Bagnall. Head north to the St. Clair National Wildlife Area. Return through Paincourt.
- 39. Blenheim Rondeau Ridgetown Loop 45 km. This south Kent County tour is flat, but varied, passing through several towns and offering exploration of Rondeau Provincial Park.
- 40. Ridgetown South Loop 35 km. This short flat tour explores the farmland of Howard Township, southeast of Ridgetown. You can extend the tour with a stopover at Rondeau PP.
- 41. Ridgetown Bothwell Excursion 65 km. This longer tour explores the countryside northeast of Ridgetown, winding its way to Bothwell, founded by Father of Confederation, George Brown, and crossing the Thames River several

times. There are several opportunities to cut the tour short.

42. Thamesville - Moraviatown Loop - 50 km. This tour takes you through countryside that was once swept by the War of 1812. Moraviatown was a mission settlement founded by Delaware Indians that was destroyed in 1813 by American forces and later re-built

Sarnia/Wallaceburg

- 50. Wallaceburg Dresden Tour 45 km. Follow the south bank of the Sydenham River to Dresden through low-lying farmland. Former slave Rev. Josiah Henson settled in the area in the 1840's. Return through Oldfield and Kent County farmland
- 51. Dresden Shetland Tour 50 km. This winding tour follows the Sydenham River upstream from Dresden to the Shetland CA, and returns along the opposite side of the river.
- 52. Bothwell Shetland Loop 40 km. This tour straddles Kent and Lambton Counties and offers travel through farmland and beside streams.
- 53. Wallaceburg Lambton Excursion 85 km. This long tour allows you to stretch your legs through flat farmland and visits the Sydenham River.
- 54. Wallaceburg North Loop 30 km. Following the North Sydenham River, this loop samples a pleasant part of Lambton County. It passes the W. Darcy McKeough CA.
- 5.5. Wallaceburg Sombra Loop 45 km. This tour takes you to Sombra where you can find a ferry across the St. Clair River to Eastern Michigan (one of only two bike-friendly access points into Michigan, the other being on Walpole Island, west of Wallaceburg). Walpole Island offers opportunities to explore the low wetlands that mark the confluence of the St. Clair and Sydenham Rivers. Contact the Band Council Office at 1-519-627-1481 for more information.
- 56. Sombra Corunna Loop 55 km. This medium length tour follows the bank of the St. Clair River and explores the farmland of western Lambton County. Corunna was considered once for the site of the capital of Upper Canada. It is named after a battle in Spain where the British defeated Napoleon's forces in 1809.
- 57. Petrolia Lambton Excursion 95 km. Explore the flat countryside where oil was first found in Canada. Shetland CA on the Sydenham River offers a good rest spot.
- 58. Petrolia Strathroy Excursion 60 km. This long tour provides several loop options between Petrolia and Strathroy, passing through Watford.
- 59. Sarnia Petrolia Loop 50 km. This long flat loop takes from Sarnia, current centre of petrochemical enterprise to Petrolia where it all began in the 1860's. Take Indian Road south out of Sarnia and find Plank Rd. and travel southeast through Lucasville. From Petrolia zig-zag north through Marthaville and Mandaumin to Lakeshore Rd. on Lake Huron and follow it back into Sarnia and Point Edward.
- 60. Sarnia Corunna Loop 40 km. Take Front and Vidal streets south out of Sarnia onto the St. Clair Pkwy. into Corunna. Then head east and then north through the Lambton farmland south of Sarnia.
- 61. Sarnia East Loop 30 km. Head east along Michigan Line, passing just north of the airport out through Vyner. Travelling south cross Hwy 402 on Mandaumin Rd. Return to Sarnia along Confederation Line to complete this easy flat four.
- 62. Sarnia Lakeshore Jaunt 25 km. This short tour is ideal for an evening stretch, taking you along the shore of Lake

Grand Bend/Exeter

- 6.3. Grand Bend Mount Carmel Loop 40 km. Grand Bend is a pleasant town on the shore of Lake Huron serving the holiday crowd and featuring a well-established summer stock theatre and collectibles market. This tour heads into the flat farmland of Huron County, crossing the Ausable River. Hwy 21 can be very busy. You may want to follow Klondyke Rd. back to Grand Bend, but the surface is not as smooth as Hwy 21.
- 64. Grand Bend Parkhill Excursion 80 km. This long tour takes you from Grand Bend east to Crediton and south across the county line between Huron and Lambton south to Parkhill and west back to Lake Huron. Hwy 21 can be busy. If you prefer take the rougher Tow Rd. north to Grand Bend.
- 65. Exeter-Lucan Loop 65 km. This tour takes you through easy, but historic countryside settled by fugitive slaves from Ohio in the 1830's, and later scene of the bloody Donnelly feud that lasted over thirty years.
- 66. Port Franks Loop 12 km. This short tour takes you along the shoreline of Lake Huron in and around Port Franks on the border of magnificent Pinery PP.
- 67. Thedford Ipperwash Loop 45 km. This tour takes you to the shore of Lake Huron and through pretty countryside in Lambton County.
- 68. Arkona Loop Blossom & Colour Tour- 50 km Enjoy the spring blossoms the second week in May and the fall colours the 3rd week in October. This tour offers varied scenery and terrain from rolling countryside and wooden areas to flat fields of farmland. smooth pavement to packed-gravel sideroads.

London/Strathroy

- 70. London Lambeth Tour 55 km. Follow Wellington Rd. south out of London and over the 401 to Glanworth. This medium length tour takes you into the countryside of Middlesex County over mainly quiet roads. Mostly flat, some gentle rolling sections.
- 71. Sifton Bog Delaware Loop 35 km. Beginning at Sifton Bog on the west side of London, follow Riverside Dr. to Commissioners' Rd. You can also follow the blike path along the river to the corner of Baseline and Colonel Talbot. This short tour takes you over Hwy 402 to the community of Delaware, founded by Loyalists and named after Indians who had been driven from the United States and who had settled along the Thames River. You will also pass by Komoka PP on your way back to the west edge of London.
- 72. London Komoka Loop 35 km. This short pleasant loop on a gently rolling route takes you through the countryside just north and west of London. Watch for quarry traffic on Oxbow Rd., just west of CR16 Komoka Rd.
- 73. Mount Brydges Delaware 40 km. This medium length tour takes you through varied countryside and pleasant communities. Several hills around Mt. Brydges and Delaware.
- 74. London West Middlesex Excursion 70 km. This long tour samples a great variety of landscapes and communities in West Middlesex. Head out of London along Wellington to Glanworth.
- 75. Komoka Coldstream Loop 25 km. This short loop heads north from Komoka on the Komoka Rd. to Coldstream, and the nearby CA and returns on the Nairn Rd.
- 76. Lobo Ailsa Craig Loop 60 km. Head north from Lobo on the Nairn Rd., head east through Coldstream and then north again through Poplar Hill and Fernhill. Take Petty St. through Nairn and continue on into Ailsa Craig. Return through Carlisle and Vanneck.
- 77. Strathroy West Loop 25 km. This short loop takes you through the farmland west of Strathroy.
- 78. Strathroy Mount Brydges Loop 50 km. This medium length tour links you to routes into London, but stands alone too. Varied countryside and pleasant communities await. Some hills, but long flat sections.
- 79 a. Strathroy Nairn 65 km. This long tour takes you north from Strathroy through the Ausable River basin and cross pleasant countryside to Nairn. Some hills on the northern part of the loop; flatter around Strathroy.
- 79 b. To extend the long tour slightly longer, or on its own, this loop takes you through the flat farmland southwest of Strathroy. -35 km.
 80. London Arva Loop x40 km. The goal is the Hampstead Tea Room just east of Arva. Adelaide St. can be busy at
- times. A few hills.
- 81. Ilderton Loop 55 km. This tour can begin in London, or can begin in Ilderton. From London head for Vanneck Rd.

- and join the loop. This tour takes you to the North Thames River and through the community of Arva (Hampstead Tea Room) and back to Ilderton. A few moderate hills.
- 82. Fanshawe Lake Loop 25 km. This short loop takes you around Fanshawe Lake CA. Some hills. There can be busy traffic getting in and out of London, so pick your time.
- 83. Fanshawe East Loop 25 km. This loop follows the rolling rural landscape east of Fanshawe Lake CA. Some hills.
- 84. London Three Bridges Loop 40 km. This medium length tour takes you from downtown London through suburban areas into the countryside and to the village of Three Bridges. Follow Huron Rd. out of town and return on Gore Rd. Where Gore Rd. meets Hamilton Rd., cross to bike path that will return you downtown (entrance is through Pottersburg Pollution Plant).
- 85. London Dorchester Tour 30 km This easy loop takes you along the bank of the Thames River through Nilestown to Dorchester. This route is best done outside of rush hour.
- 86. London Belmont Tour- 40 km. This tour is on mainly quiet roads, but there can be traffic on Hwy 74 and Wellington. It explores the countryside southeast of London. There are several good refreshment spots in Belmont.
- 87. St. Thomas Glanworth Loop 35 km. This short easy tour explores the area just north of St. Thomas and passes by the reservoir and game reserve just north of town.
- 88. St. Thomas Muncey Explore 45 km. This medium length tour begins on Wellington Rd., heading north to Glanworth. In Glanworth turn west and follow Glanworth Dr. / Littlewood Dr. You will pass through Littlewood and enter the Onyota'aka First Nation. At the Thames River is the village of Muncey. Pick up CR20 south to CR 18 and return east to Wellington (CR25).
- 89. St. Thomas Fingal Loop 40 km This medium length tour follows quiet roads through the pleasant countryside west of St Thomas
- 90. St. Thomas Southwest Loop -30 km. This short easy tour on quiet roads takes you to Fingal and then toward Lake Erie. You may want to consider heading a bit further to Port Stanley before returning to St. Thomas.
- 91. St. Thomas Port Stanley Loop 35 km This short varied tour takes you to Port Stanley on Lake Erie from St.
- Thomas. Follow Fairview Ave. south out of St. Thomas. Return along the bank of Kettle River.

 92. St. Thomas Hawk's Cliff Tour -35 km. Continue south from St. Thomas on Fairview Ave. Continue past Lakeshore Rd. onto Hawk's Cliff Rd. At the end there is a worthwhile view of Lake Erie. Return to Lakeshore Rd. and turn east
- through Dexter. Return to St. Thomas along CR36 through Sparta.

 33. Port Bruce Jaffa Loop 35 km On Catfish Creek, Port Bruce offers a Provincial Park and a beach. This short tour through rolling countryside explores the area north of the Lake. Several hills.
- 94. St. Thomas Aylmer Excursion 55 km. This varied tour takes you through many villages and through varied landscapes. Aylmer offers many good rest spots.
- 95. St. Thomas Elgin County Excursion 70 km. This long tour heads west from St. Thomas through Fingal and Port Talbot and on to Dutton. Return parallel to Hwy 401 through Lawrence Station.

Tillsonburg/ Port Burwell

- 100. Tillsonburg Straffordville Loop 45 km. This loop takes you through the sandy low-lying farmland, featuring to-bacco, between Tillsonburg and Lake Erie. Part of the trip takes you along the historic Talbot Rd., built in the early 19th century to foster settlement along the Lake Erie shoreline. You will cross parts of the Otter River in several places.
- 101. Tillsonburg Delhi Excursion 90 km. This long tour takes you east of Tillsonburg to Delhi, the Tobacco Capital of Norfolk, through varied landscapes on quiet roads.
- 102. Tillsonburg Long Point There and Back 110 km. This tour takes you to the beautiful Long Point PP, where many migratory birds are spotted on their way north in the spring. Stop in at Port Rowan before retracing your route.
- 103. Delhi Southwest Loop 35 km. This short loop leaves Delhi east on King Rd. and turns south on Fertilizer Rd. Passing through local farmland, over many creeks, and through villages such as Atherton and Lynedoch. Short portion on Hwy. 3.
- 104. Delhi Windham Centre Loop 35 km. This loop takes you through flat farmland to Windham Centre, where Ontario's provincial cycling track is located.
- 105. Port Burwell Straffordville Tour 60 km. This moderately long tour begins in Port Burwell on Lake Erie. Follow the shore and then head north through farmland and over many streams through Calton and onto Richmond. Head east along the Talbot Rd. through Straffordville. At Guysborough turn south on CR28 and return to Lakeshore Rd. Head west to Port Burwell.
- 106. Simcoe Windham Centre Meander 65 km. This medium length tour heads out of Simcoe west then heads north to Windham Centre, home of the province's cycling track, then through wetlands and onto Waterford before returning again to Simcoe.
- 107. Waterford Loop 25 km. This short loop allows you to stretch your legs in the farmland south of Waterford.
- 108. Simcoe Turkey Point Excursion 85 km. This long tour takes you south to Lake Erie and explores the shoreline west to Port Rowan and then jogs back on quiet roads back to Simcoe.
- 109. Port Rowan East 20 km. This short loop explores the Lakeshore east of Port Rowan. Add a jaunt down Long Point Rd.
- 110. Port Rowan West 20 km. This short loop passes through Big Creek Marsh. Add a trip down Long Point Rd. after you return to Port Rowan.
- 111. Port Rowan North Excursion 70 km. This long tour explores quiet roads north of Port Rowan and explores the shore of Lake Erie.

Woodstock/ Ingersoll

- 115. Woodstock Embro Loop 50 km. This medium length tour follows quiet roads through the countryside of Oxford County north of Woodstock and features a section along the bank of the Thames River and the Gordon Pittock Reservoir.

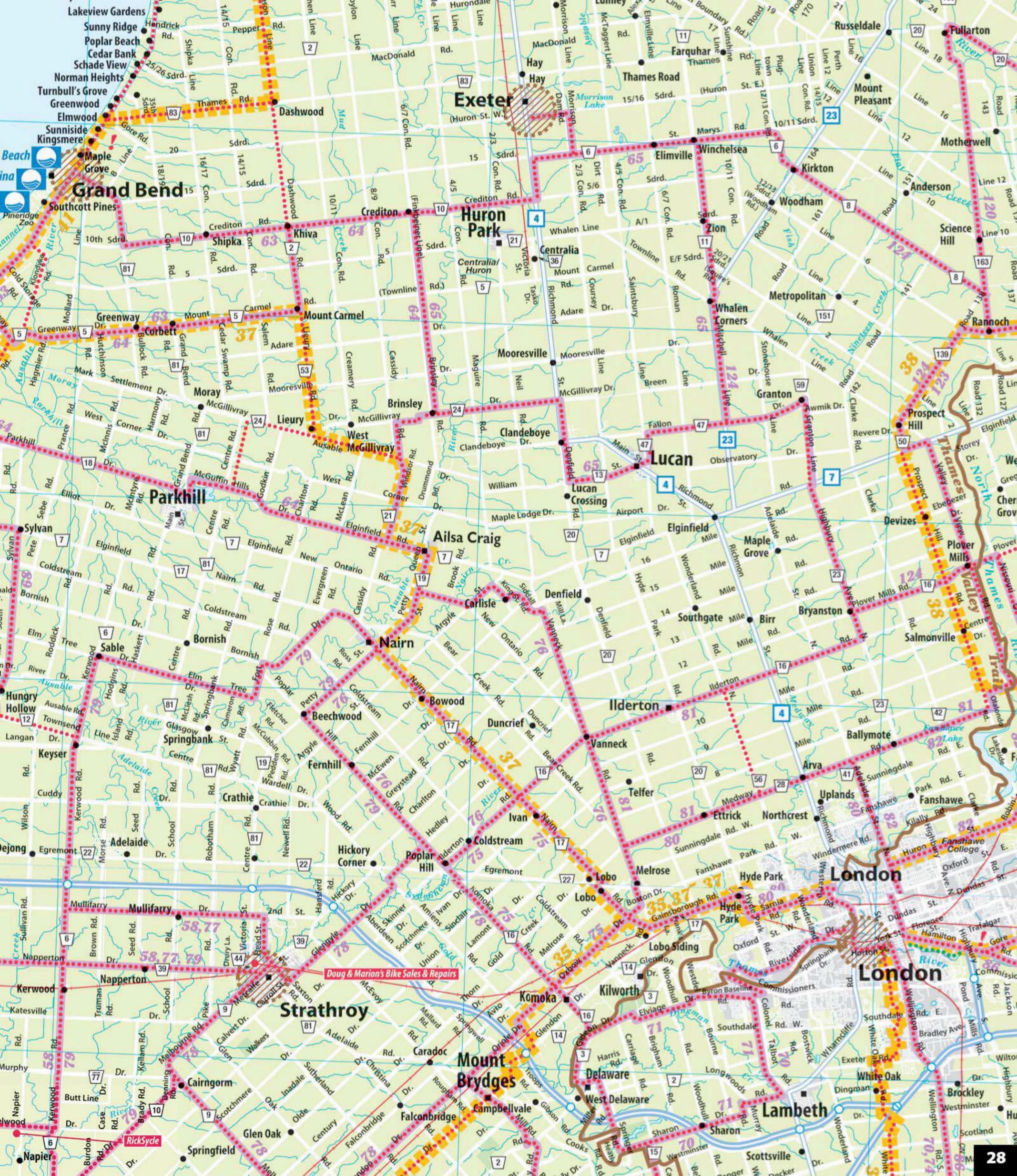
 116. Innerkip Southwest Loop 45 km. Add this tour to the one above, or make your way to Innerkip. This route follows quiet mads in rural Oxford County.
- 117. Ingersoll Zorra Township Tour 55 km. This medium length tour follows quiet roads through Zorra Township. Some rolling hills.
- 118. Ingersoll Embro Loop 35 km. Head north to the Embro CA from downtown Ingersoll, crossing various tributary creeks of the Thames River.

St. Mary's/Stratford

- 120. St. Mary's Fullarton Loop 40 km. This tour follows the rolling landscape north of St. Mary's to the Fullarton CA.
 121. St. Mary's Stratford Meander- 65 km. Follow CR130 to CR32 and then to O'Loane Ave. into Stratford. Return along the same route, or meander back through the countryside through villages such as Harmony and Harrington
- 122. St. Mary's South Loop 15 km. This short jaunt takes you up the hill out of St. Mary's along James St. Return along Wellburn and Water St., passing over many creeks.
- 123. St. Mary's Southwest Loop 45 km. This medium length tour takes you south through Kelly Station, Friendly Corners and Thorndale. Return north on Nissouri Line, paralleling the North Thames River. Cross over to Plover Mills and climb to Valley View Rd. Follow north to Prospect Hill and then return to St. Mary's through Rannoch. You can cut this tour short by continuing straight west on CR16 (Player Mills Rd.) instead of turning south to Thorndale.
- 124. St. Mary's Winchelsea Excursion 80 km. Take Queen St. west out of St. Mary's. At Rannoch take CR139 to Prospect Hill and follow south to Plover Mills. This route then takes you through a number of villages such as Bryanston, Granton, Whalen Corners, Zion, Winchelsea. This tour features rolling hills and varied landscape.





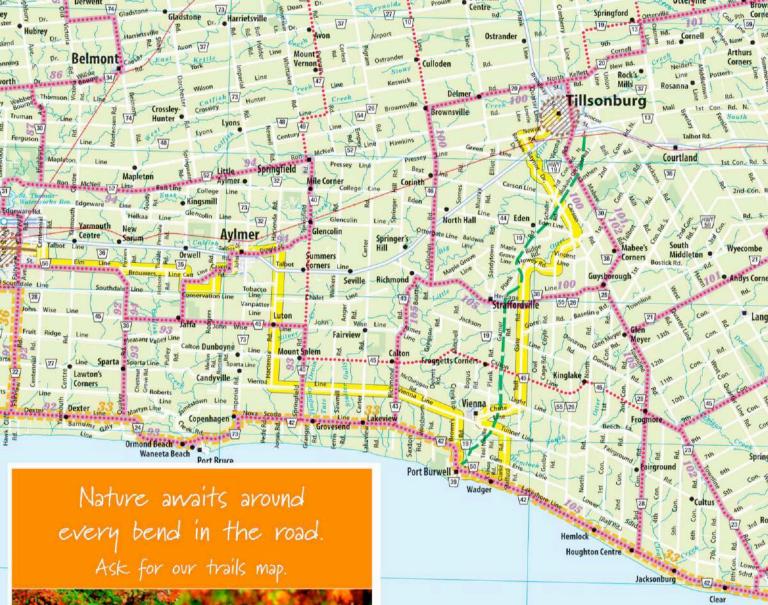
























Cottage Country Cycling Loops

Huntsville Area

- Courtesy of Muskoka Bicycle Pro Shop.

 1. Lake Vernon Loop Start/End in Huntsville. Follows Ravenscliffe Rd. out of town and takes you through Ravenscliffe, Etwell, and Norvern Shores. Aspdin Rd. takes you back to Huntsville and becomes Main St. 2. Vernon Lake/Arrowhead Park Loop - Start/ End in Huntsville. This is similar to the Vernon Lake Loop but follows Shay St. & Golf Course Rd.out of town. At Muskoka Rd. 3, turn north and take Old North Rd. on the other side of Highway 11. Turn left at Fowler's Rd., which takes you to Ravenscliffe Rd. The rest of the tour is
- the same as the Vernon Lake Loop.

 3. North Huntsville Loop Start/ End in Huntsville. This short ride takes you north on Muskoka Rd.3 which crosses Highway 11 to become Old North Rd. Fowler's Rd. and Ravenscliffe Rd. take you back into Huntsville.

 4. Huntsville to Rosseau Loop - Start/ End in Huntsville. This ambitious ride follows Muskoka Rd. 3 (Aspdin Rd.) west from Huntsville to Rosseau. Follow Highway 141 southeast to Utterson, then turn north on Old Muskoka Rd. Old Furguson Rd. takes you back to Aspdin Rd.
- 5. South Huntsville Loop Start/ End in Huntsville. A medium length route which takes you through Utterson, Port Sydney, and back to Huntsville along Brunel Rd. Lots of scenery and a few hills!

 6. South Huntsville Loop - Start/ End in Huntsville. Scenic route takes you past Peninsula Lake and Lake of

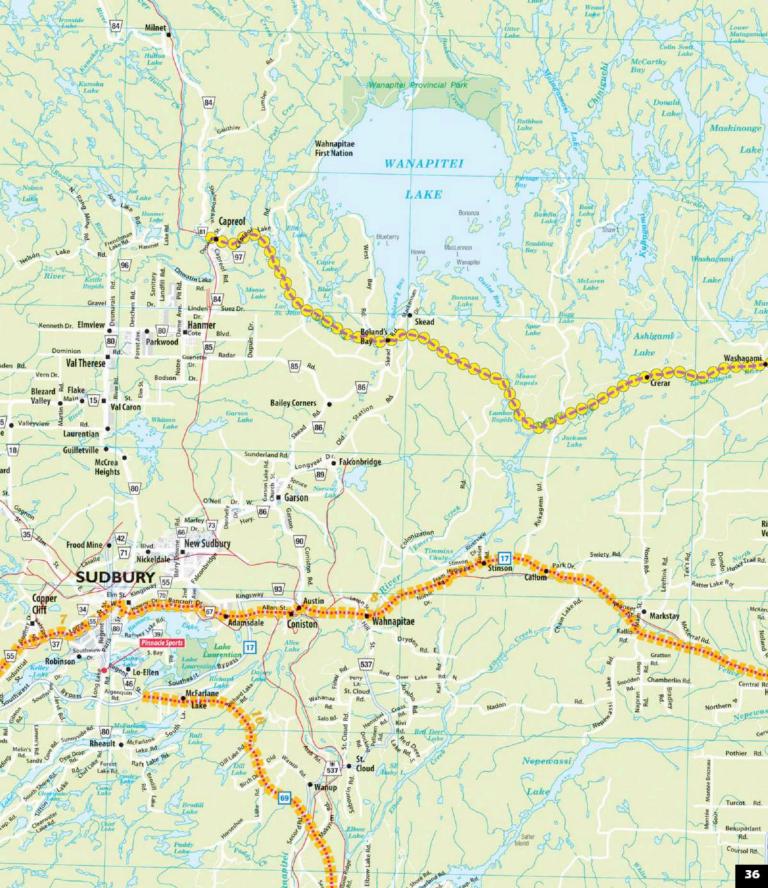
Haliburton Area

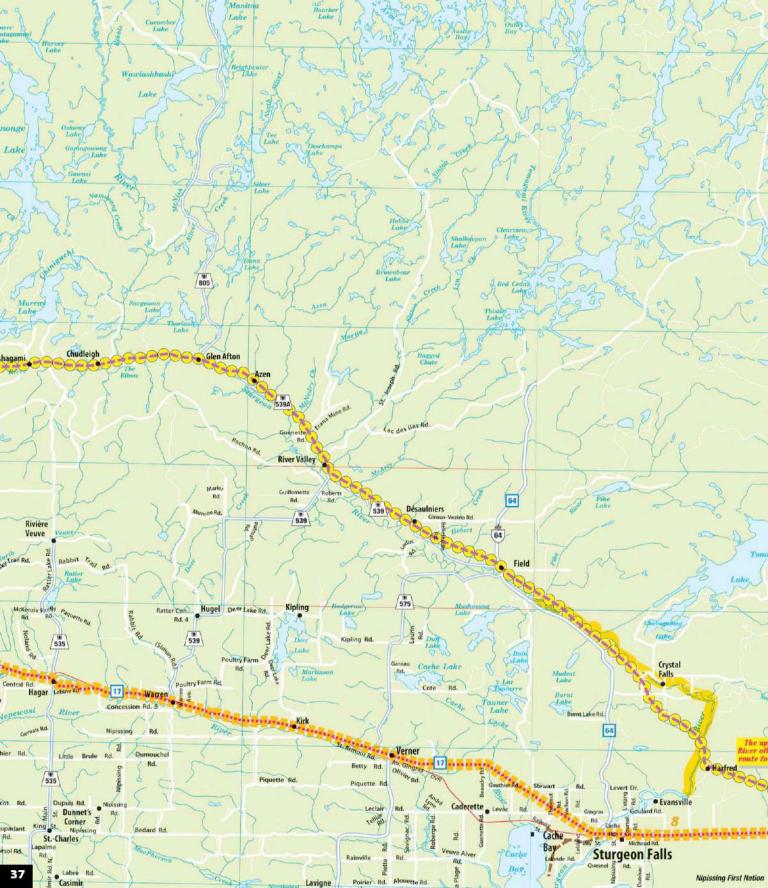
Courtesy of Mary Nabozniak & Haliburton Real Easy Ryders Cycling Club.

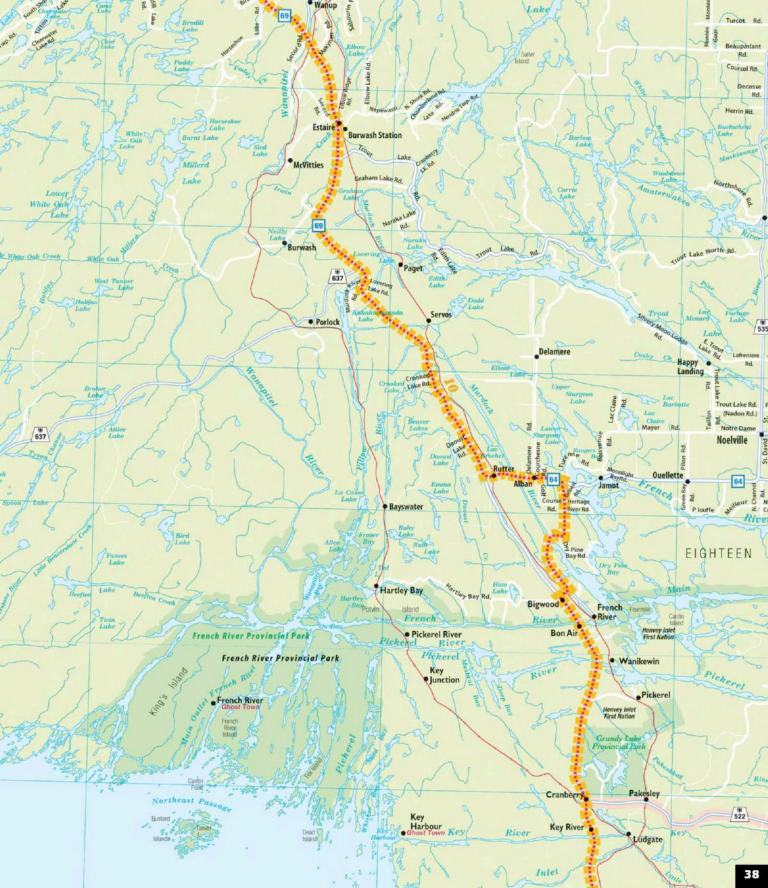
- 7. Dorsey/Kawagama Lake Loop Begin either in the village of Dorset or the picnic area on Hwy 35. Ride north on Hwy 35 to Kawagama Lake Rd (County Rd 8) then turn right and continue on to the fork in the road. To complete the easy route, follow Russell Landing Rd to the Marina and return along the same route. To complete the intermediate route, follow Kawagama Lake Rd to its end and return via the same route.
- 8. Kennisis Loop Start on North Kennisis Dr at the boat launch between Kennisis and Little Kennisis Lakes. Turn left and follow to Watts Tr. Turn right onto Watts Tr and continue around Little Kennisis Lake back to North Kennisis Dr. Turn right and return to the boat launch. If you would like a longer ride, follow North Kennisis Lake Rd to the dam at the end and return along the same route.
- 9. Fort Irwin/Percy Lake Loop Begin in Fort Irwin and ride north on Harburn Rd (County Rd 19). For the 13 km route, turn around and return along the same when you get to Ross Lake Rd. For the 30 km route, continue following the signs to Percy Lake. At the end of the road, return via the same route until you reach Curry Dr. Turn left on Curry Dr and follow back to Harburn Rd. At Harburn Rd turn left to return to Fort Irwin.
- 10. Buttermilk Falls Route Begin at Buttermilk Falls and follow Hwy 35 north to Buckslide Road and turn left. Continue on Buckslide Rd past the stop sign at the junction of Boshkung Lake Rd. Keep left at the junction of Kushog Lake Rd and continue on to Hwy 118. Turn around and follow your route back to the stop sign, turn right onto Boshkung Lake Road. Keep to this road until you reach Hwy 35, turn right and you're back at
- 11. Eagle Lake/Stanhope Route Start at Eagle Lake Beach Park and follow County Rd 6 to West Guilford. Turn right onto County Rd 7 and ride to Green Lake Rd. Turn left and continue on Green Lake Rd to Airport Rd and then turn right onto Airport Rd and follow to North Shore Rd. Turn left onto North Shore Rd and follow to the Stanhope Community Centre. This is the turn around point. Follow North Shore Rd back to Airport Road. Turn left and follow to Barry Line. At Barry Line turn right and continue to County Rd 7. Turn right and follow to County Rd 6. Turn left and follow back to Eagle Lake Park.
- 12. Horseshoe/Soyers Lake Loop Start at the Minden Wild Water Preserve on Horseshoe Lake Rd. Follow Bethel Church Rd to Duck Lake Rd, turn left and continue to Reynolds Rd. For the 13 km route, turn left onto Horseshoe Lake Rd and return to the Wild Water Preserve. For the longer routes, continue on Duck Lake Rd to Blairhampton Rd. Turn right and continue to Soyers Lake Rd and follow Soyers Lake Rd to Alexander Rd. For the 26 km route, turn right and follow Alexander Rd back to Blairhampton Rd. For the 38 km route, continue on Soyers Lake Rd to County Rd 21. Turn right and follow to Blairhampton Rd. Turn right again and continue on to Duck Lake Rd and follow to Reynolds Rd. At Reynolds Rd, turn right and ride to Horseshoe Lake Rd. Turn left onto Horseshoe Lake Rd and follow back to the Wild Water Preserve.
- 13. Deep Bay Route Beginning in Minden, take Bobcaygeon Rd (Main S, Minden) to Deep Bay Rd and turn left. For a flat, easy ride turn around when you reach the University of Toronto Survey Camp. For a more challenging ride, follow Deep Bay Rd to Hwy 35. At this junction you have two options: you can retrace the route back to Minden or you can turn left onto Hwy 35 and take the highway back to Minden.
- 14. Challenge Loop Start in Minden and take Highway 35 North to County Road 21. In Haliburton turn right at the lights onto Highway 118 and continue onto Tory Hill. At the stop sign in Tory Hill turn right onto County Road 503 and follow to Gooderham and Kinmount. Turn right at the County Road 121 junction and continue on to the Highway 35 junction. Turn right onto Highway 35 and return to Minden.
- 15. Haliburton/Lochlin Loop This is a good combination route. County Rd 1 is relatively flat and South Kashagawigamog Road is quite hilly. If you want an extra uphill challenge, follow Old Donald Road – a semicircle off of County Rd 1. Follow the Head Lake Trail to the traffic lights at the intersection of County Rd 1 & 21. Cross the road and follow County Rd 1out of town to Lochlin. Take Church Rd to the stop sign and turn left onto Lochlin Rd. Continue until the next stop sign and turn right onto South Kashagawigamog Lake Rd (County Road 18). Ride through to County Rd 1 then turn left, a few kilometres later you will be back at Head
- 16. Gooderham/Salerno Lake Loop Begin at the Glamorgan Community Park. Take County Rd 507 south of Gooderham to Contau Rd, turn onto Contau Lake Rd and follow to its end (keep left) then continue on Salerno Lake Rd to White Lake Rd. Turn left and continue to Fortescue Lake Rd. Follow Fortescue Lake Rd back to Contau Lake Rd. At the stop sign turn right, this road will take you back to the park.
- 17. Wilberforce/Tory Hill Loop Start in Wilberforce and follow Essonville Rd (County Rd 4) out of town. Follow this road to Hwy 118, then turn left and continue to Tory Hill. At the stop sign in Tory Hill turn left and continue on Highway 118 until you reach County Rd 648 and follow it until you're back in Wilberforce.
- 18. WilberforceLoop Start in the village of Wilberforce and take County Rd 648 through to Harcourt, Highland Grove and continue until you reach Hwy 118. Turn right on Hwy 118 and continue until you reach County Rd 648. Turn right onto County Rd 648 and follow it back to Wilberforce. Muskoka Lakes Area

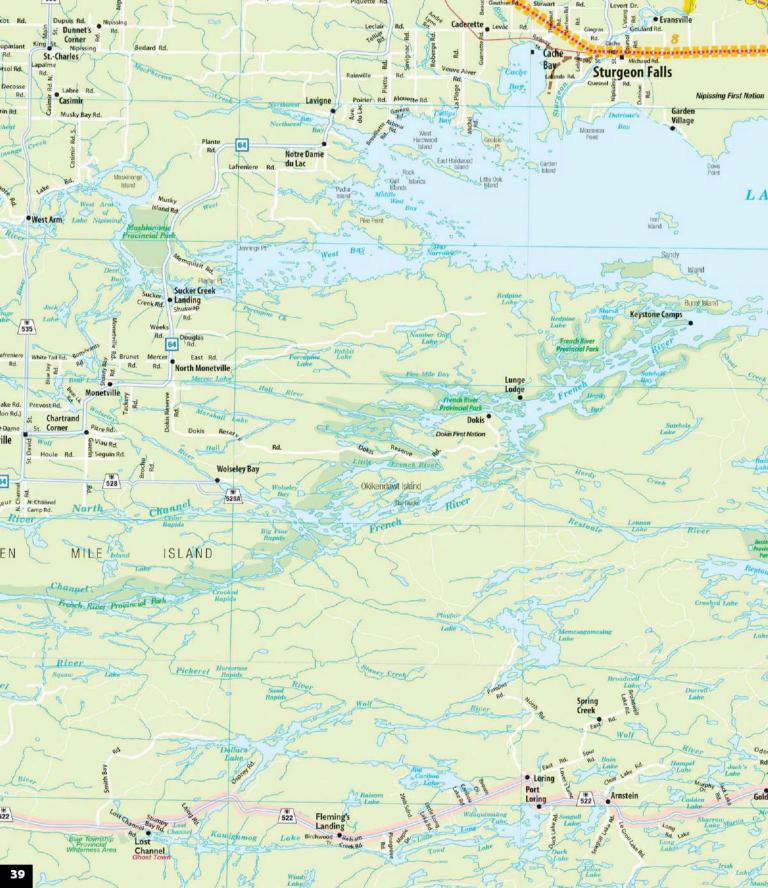
Courtesy of Muskoka.com.

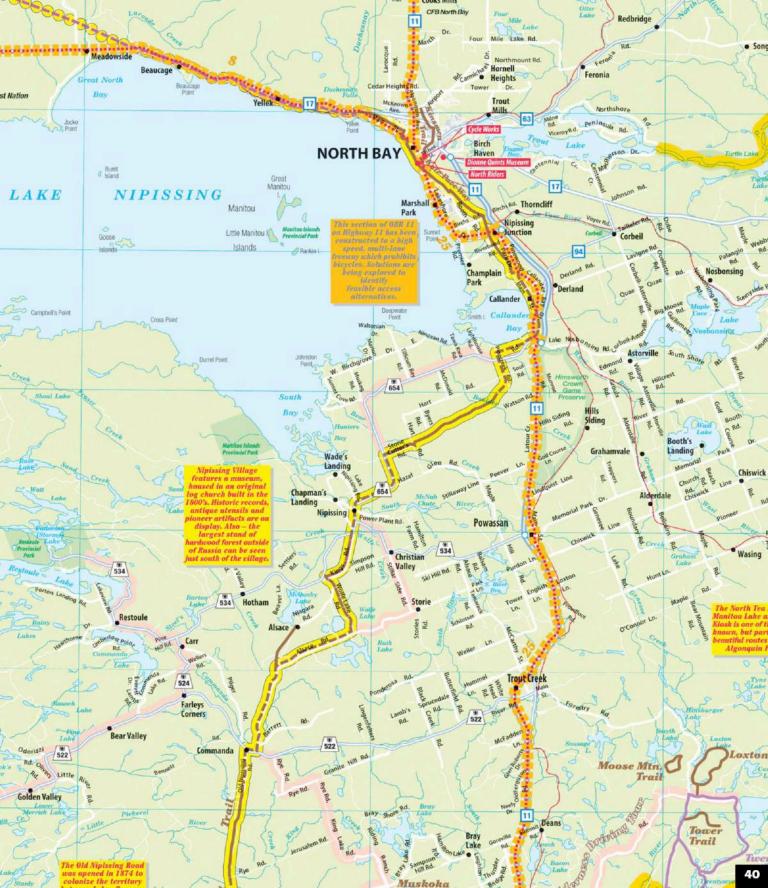
- 19. Lake Rosseau Loop Begin in Dee Bank (on #24) going toward Ullswater. At Ullswater turn left at Hwy.141 and follow to the village of Rosseau. In Rosseau turn left going south on #7 and travel through Minett and Port Sandfield to Hwy.118 (turn left) to Port Carling. Continue through Port Carling to Muskoka Road #25 (turn left) travel north to #4 (turn left) and return to Dee Bank.
- 20. North Gravenhurst Loop This ride takes you past Muskoka Beach and Taboo Resort (formerly Muskoka Sands), then back to Gravenhurst along Winhara Rd.
- 20. Gravenhurst to Bala Route Take Bay Street/Hwy 169 towards Lake Muskoka and West Gravenhurst. You will pass Sagamo Park and its many attractions, you will approach Muldrew Lake Road and then Musquash Road (both are left turns off Hwy 169) and are nice quiet easy rides within easy reach of Gravenhurst. Continue along Hwy 169 and you will find a beach at Muskoka Bay Park on beautiful Lake Muskoka. For a longer ride continue heading west on Hwy 169 which leads to Walker's Point, Torrance, Bala and beyond.

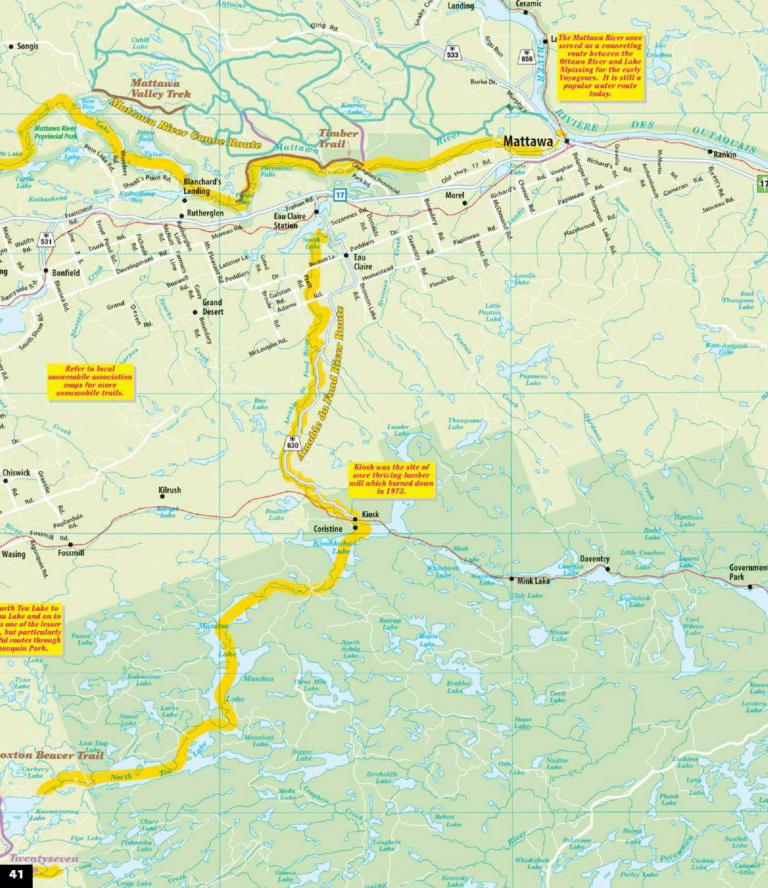


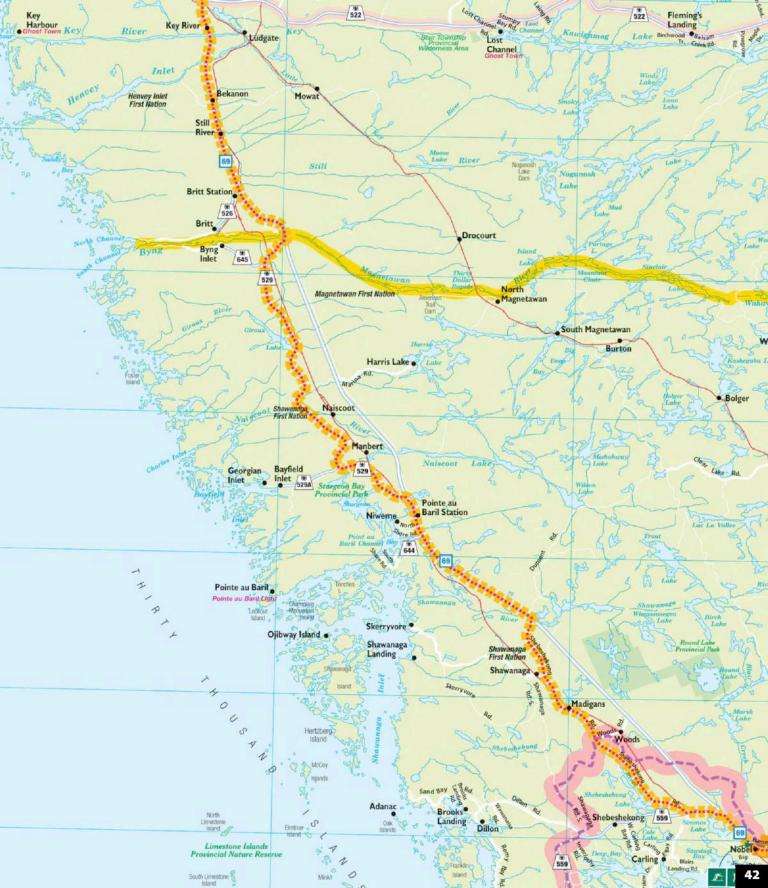




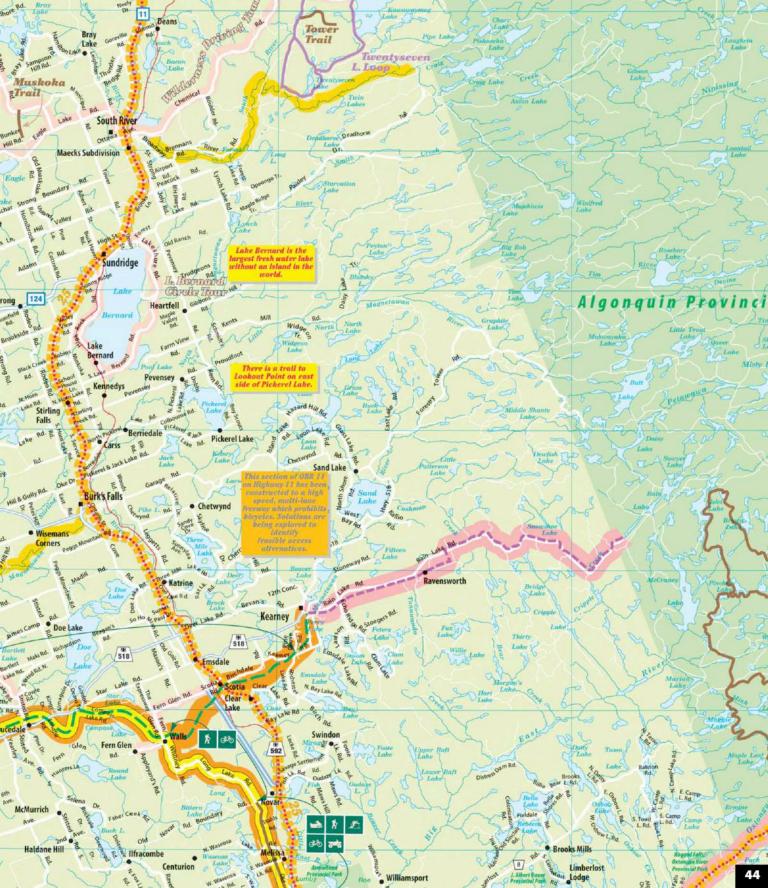


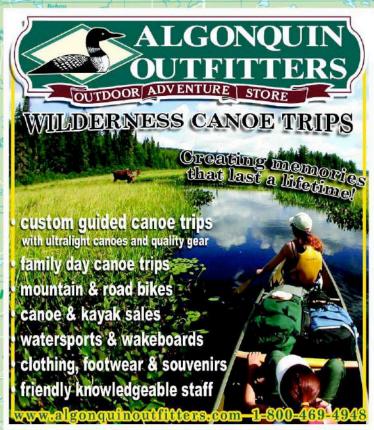




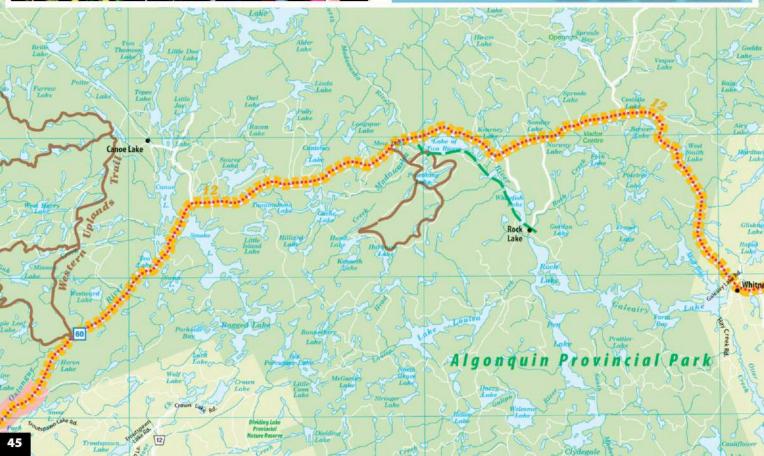


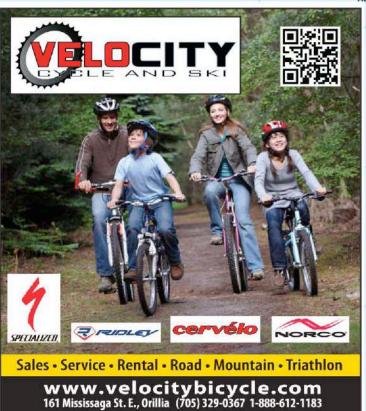


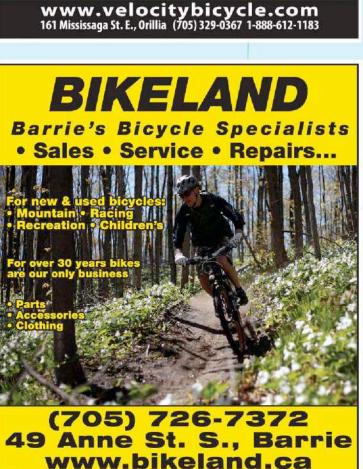


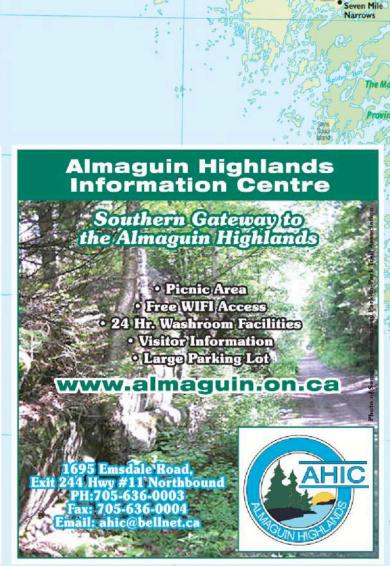












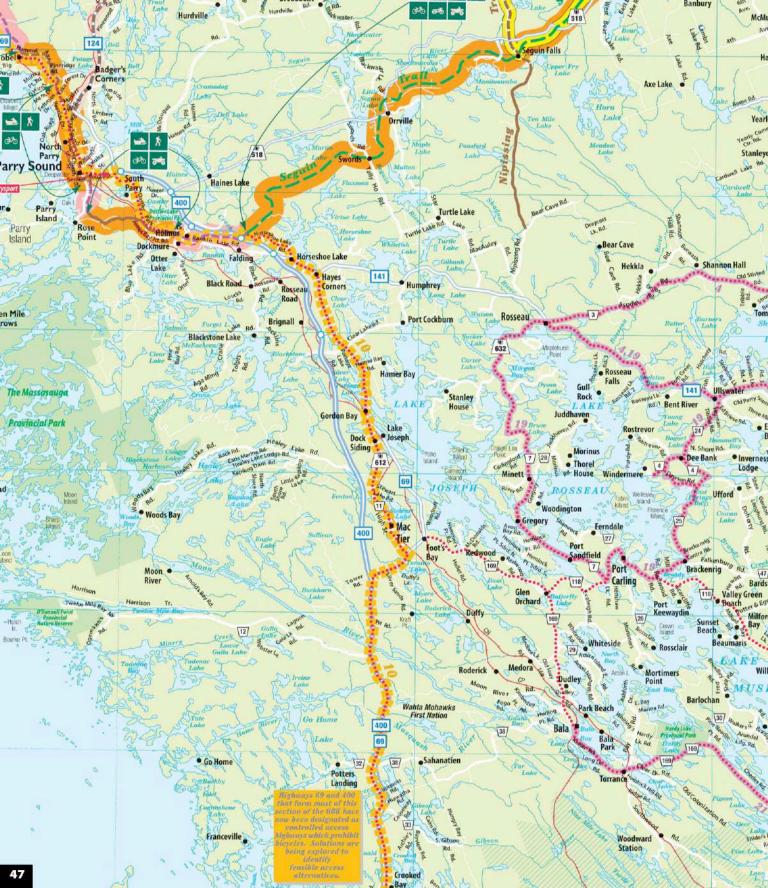
Shebeshekong 559

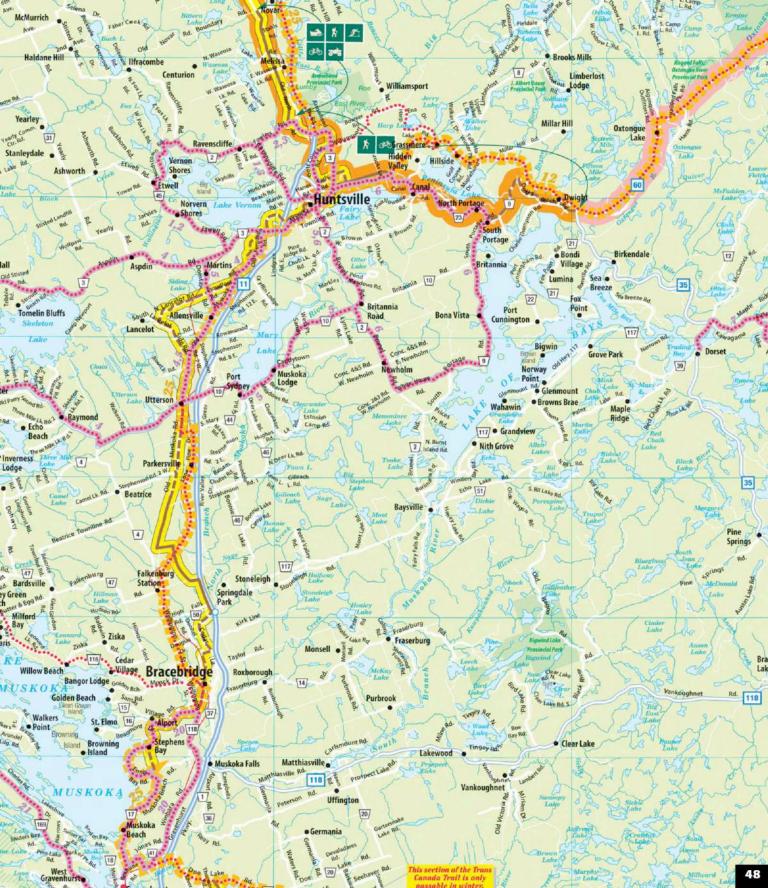
Harbour

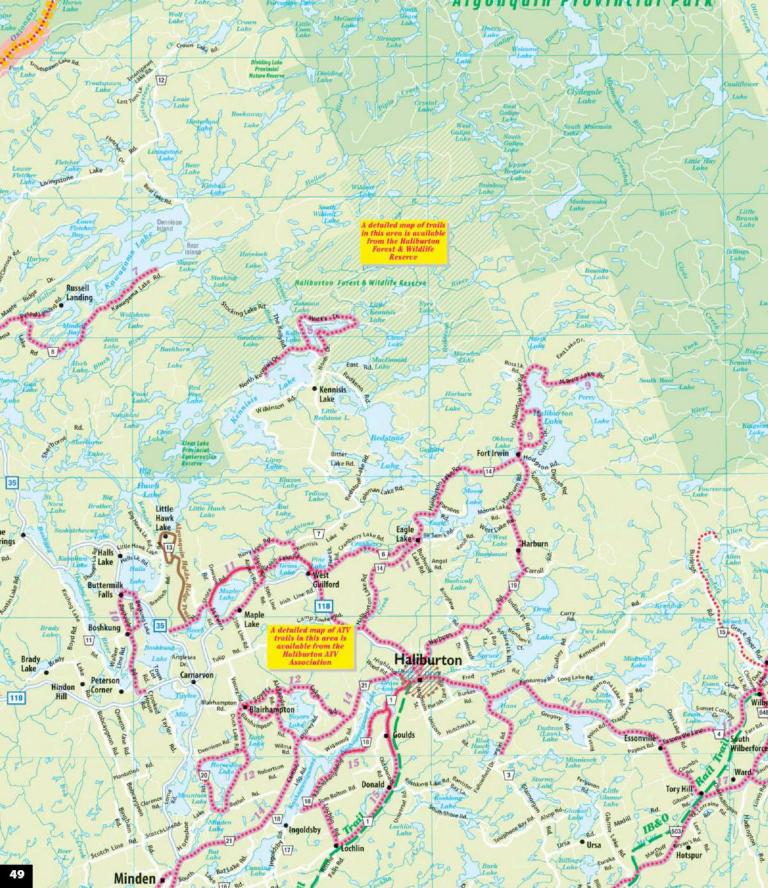
First Nation

Landing

Dillon







Mideastern Ontario Cycling Loops

Prince Edward County

1. Picton North Tour - Head west out of Picton on CR4 (Talbot Rd. / Old Belleville Rd.) through Gilbert Mills and straight on along Doxsee Rd. to Sunset Lookout on Muscote Bay. From Demorestville follow quiet back roads to Mount Carmel and head south. Join old Hwy 49 - some traffic - now CR49 to return to Picton along

the shore of Long Reach and Picton Bay.
2. Picton - Lake on the Mountain Loop - This short tour features a short steep climb to the Lake on the Mountain, but offers spectacular views of the Bay of Quinte and the ferry from Glenora. Follow Hwy 33, the Loyalist Pkwy, east towards the Glenora ferry. Just before the ferry docks, turn right and climb the hill on CR7. Be sure to take in the view of the Lake on the Mountain with the Bay of Quinte below in the background. There are great lookouts along the way as well of the Bay.

3. Picton - Cressy Tour - This long tour takes you out along the peninsula adjacent to Adolphus Reach to the village of Cressy and back through Waupoos along quiet, windy roads through farmland. Some hills, but

pleasant views close to the lake.

4. Picton - Milford Loop - This enjoyable medium length tour passes through rolling countryside to the Black River and the community of Black Creek, home of the Black River cheese factory. It then follows the shore of Prince Edward Bay before turning inland to the pretty hamlet of Milford which features a general store and antique shops. Follow CR10 to Cherry Valley - some traffic - at the top of East Lake and continue along CR10 to the Loyalist Parkway and then east to Picton.

5. Picton - Sand Banks Loop - This is the beach tour, so be prepared for traffic on the weekends especially. Head west out of Picton on Hwy 33 to CR10 and follow south to Cherry Valley. Hug the shore of East Lake. At Salmon Point turn right and pass through The Outlet and over to Sand Banks PP, or West Lake, as you choose. Head back up West Lake Rd to the pretty village of Bloomfield, featuring a vibrant main street. Return to Picton along Hwy 33. Generally flat, a few rolling hills on the last stretch.

6. Mt. Carmel - Big Island - This tour passes through a number of declining communities, but offers quiet roads and scenic views. There is some gravel roads here, especially on Big Island, which features a huge marsh, home to many species of bird. When crossing CR49 after Somesville, follow the left fork of the road to Green Pt., which will take you under the bridge, avoiding the traffic on CR49. A small sharp climb back to Mt.

7. Bloomfield - Wellington Ride - This short ride links these two pleasant communities. Stop in at the

Wellington Community Museum or pay a visit to Wellington Bay.

8. Wellington - Ameliasburg Tour - This medium length tour passes through the rolling farmland of the western end of the county to Ameliasburg, featuring a historical museum and swimming at Roblin's Lake. Ameliasburg is alsoknown as the place where poet Al Purdy lived for many years. Head west then north from Wellington on the Loyalist Parkway, CR33, which has paved shoulders. Turn toward Ameliasburg on CR19 several kilometres north of Consecon Lake.

9. Belleville - County Tour - Cross the bridge over the Bay of Quinte on Hwy 62 out of Belleville. Turn right onto CR3 and follow the shore of the bay through Rednersville. At Carrying Place turn south onto the Loyalist Pkwy., and then left onto CR19 and follow to Ameliasburg. Zig-zag your way back to the bridge back to Belleville.

Belleville / Trenton

10. Belleville East Loop - Belleville, situated on the Moira River and the shore of the Bay of Quinte, was founded by United Empire Loyalists in 1790, and was visited by Champlain in 1615 on his way to raiding a nearby Onandaga village. This short tour explores the rolling countryside east of Belleville.

11. Belleville - Tyendinaga Tour - This longer tour takes you to the Mohawk Tyendinaga Indian Reserve and passes through Cannifton, Longdale, Marysville and Shannonville. Stop on the banks of the Salmon River in Longdale and Shannonville.

12. Corbyville - Blessington Ride - This short ride passes through rolling farmland north of the 401.

13. Foxboro - Moira River Loop - This tour features the Moira River and a number of hills. Head north out of Foxboro (founded in 1789) on the Old Madoc Rd. to Halloway. Head east to Latta on the Moira. Wind your way south, detouring to the Frink Centre CA if you choose. At Honeywell Corners, avoid Hwy 37 and take Ritz Rd. south. Cross Hwy 37 and follow into Corbyville. Follow the Moira River on its east bank before crossing to the west side at Harmony Rd. Follow Main St. back to Foxboro.

14. Trenton - Wallbridge Loop - Take Sidney Rd. north out of Trenton. This tour follows the east bank of the Trent River north to the community of Frankford and then heads east through rolling countryside through Wallbridge before heading south across the 401. It turns west at the Loyalist College on the outskirts of Belleville and returns to Trenton on CR22.

15. Trent River Ride - This short tour explores both banks of the Trent River between Trenton and Frankford. You will pass six locks on the Trent - Severn River System that eventually winds its way to Georgian Bay. Gradual climb to Frankford.

16. Trenton - Brighton Loop - This tour takes you through hilly country north of the 401 before heading south to Brighton and its apple orchards. Plan to spend some time exploring the walking trails at Presqu'ile PP, or hanging out on the beach, before returning to Trenton via Carrying Place, or the Waterfront Trail, which parallels the Murray Canal.

Brighton / Colborne

16. Brighton - Wooler Tour - Follow CR30 out of Brighton and follow north to Old Wooler Rd. Turn right and follow along a valley into Wooler, founded by United Empire Loyalists. Take New Wooler Rd. (CR41) west to CR26. Turn south and follow back to Spring Valley. Join CR30 back to Brighton. The northern part of this trip features some hills, but is gentler closer to the lake.

17. Brighton - Colborne Loop - This tour takes you through the heart of apple country. CR2 can be busy, but features paved shoulders. Stop in at the Big Apple (off CR 25) for some apple pie before the return leg. Both

communities offer pleasant main streets.

18. Brighton - Castleton Tour - This longer tour begins with a leg between Brighton and Colborne along CR2. It then heads north into the rugged, hilly country north of the 401, passing through Castleton, Morganston and Cedar Creek, among other hamlets. A slightly shorter version of this tour can be made using Telephone Rd., just north of 401.

19. Colborne - Shelter Valley Tour - Head north from Colborne to Greenleys Corners on a gradual climb. Turn left and follow Shelter Valley Rd. as it winds its way south, under the 401 to CR2. Turn east through Wicklow

on CR2 on your return to Colborne.

20. Grafton - Shelter Valley Tour - Head north from Grafton, which features a fine Loyalist museum, along CR23 to Centreton on a gradual climb. Pass through Castleton and at Greenley's Corners turn right onto Shelter Valley Rd. and wind your way south to CR2. Follow west back to Grafton.

Cobourg / Port Hope

21. Cobourg - Great Pine Ridge Excursion - Cobourg features a vibrant historic main street, and a first class sand beach on Lake Ontario. Begin at King and Division in downtown Cobourg. Head north along Division. After crossing 401, carefully turn left and follow Division to CR74. Cross over and follow Racetrack Rd. to Noble Rd. Turn left onto CR15 and follow north to CR 9. Turn right and follow CR9 / CR29 past CR45 to Mc-Donald Rd. Follow it as it jogs to Centreton. Follow CR23 south to Grafton. From Grafton, which features a fine Loyalist museum, follow CR2 back to Cobourg. The northern part of this tour features some hills, but is flatter near to the lake. CR2 has paved shoulders.

22. Cobourg - Rice Lake Loop - Head north to Gore's Landing along CR18 (William St. to Burnham St.) from downtown Cobourg. A plank road was completed between the two communities in 1848. Some climbing on the way north. Follow the shore of Rice Lake to Harwood before heading south along CR15. At Noble Rd. turn right and then left onto Racetrack Rd. Pick up Division St., south of CR74 and follow over 401 into Cobourg. Dip your toes into both lakes

23. Cobourg - Grafton Ride - This short flat ride links the two communities.

24. Cobourg - Port Hope Loop - This short ride links two historic communities along old highway 2 (CR2). Port Hope, situated in the valley of the Ganaraska River, has been settled for hundreds of years. A Cayuga Indian village was here in 1670. Loyalists settled here in 1793. The river cuts deeply into the landscape, resulting in a town that rises up the hillsides. The port area, once very industrial, features a marina and a beach. The main street is one of the best preserved examples of 19th century architecture in the province. Head back to Cobourg by heading north on CR28 (watch for traffic around the 401) and then east on CR74 to Burnham Rd. Turn south and follow into town.

25. Port Hope - Bewdley Tour - Follow CR28 north out of Port Hope to Bewdley on the southern most bay of Rice Lake. Visit Rice Lake CA for a break. Follow CR9 east to CR18. Turn south through Plainville and Cold Springs. At Precious Corners either continue south to CR2, and return west close to the lake, or turn west on CR74 and follow back to CR28, where you turn south into town. As you head north there are some hills,

most are gentle.

26. Port Hope Ride - This short ride allows you to climb out of the Ganaraska Valley to visit Welcome, and then return to downtown . Head out of town on Toronto St.

27. Port Hope - Ganaraska Tour - Head north on Toronto St. through Welcome. Follow CR10 through Perrytown. At the Ganaraska Rd. (CR9) turn left through Garden Hill and continue to either Garden Hill CA or Richardson's Lookout CA, which provide pleasant views of the Ganaraska. Return through Bewdley (visit Rice Lake CA), east on CR9. Follow CR28 south back to Port Hope. A varied tour with scenic views, hills and

access to beaches.

28. Rice Lake Excursion - This long tour explores the countryside all the way around Rice Lake. There is plenty of opportunity to visit places of the significant heritage of First Nations peoples in the area, in particular, Serpent Mounds PP on the north shore. There are parts of this tour that involve undulating hills, and you can experience traffic, especially on the north side. The tour avoids CR45 because of traffic. You will cross the Trent River at Hastings and the Otonabee River at Bensfort Bridge. This tour is a longtime classic. You can begin from a number of communities, or even ride up from Cobourg or Port Hope if you are feeling very ambitious.

Campbellford / Madoc

29. Madoc Loop - This tour explores the rugged countryside north of Madoc. You can avoid the stretch on
Hwy 62 by riding on the Hastings Heritage Trail by Eldorado, site of Ontario's first goldrush. Although there

are a number of communities along the way, there are many isolated stretches on this tour.

30. Havelock - Belmont Lake Loop - Head north from Havelock on CR46 to Rush Point. Veer right onto Round Lake Rd., past Round Lake. Pick up Preston Rd. and follow to the northern end of Belmont Lake. Link up with CR48 and head south and then west back to Havelock. Watch for traffic on Hwy 7 just west of Havelock.

31. Campellford North Excursion - This long tour passes through rugged countryside and many communi-ties of varying sizes which have featured farming, logging, milling and mining industries for many years. Begin in Campbellford and head west on CR35 towards Hastings. You will pass many lakes and touch on spots on the Trent River and other waterways.

32. Stirling Ride - This short ride takes you from Stirling north to King's Mill CA and Wellman on CR19. Re-

turn via CR14. Some hills.

33. Campbellford - Stirling Tour - This medium length tour takes you over rolling countryside past several locks on the Trent-Severn Waterway along CR38 and then south to Stirling on CR14. Return along CR8 through several villages to Campbellford, again passing several locks on the way into town.

34. Campbellford - Warkworth Loop - This medium length tour takes you south through the Trent River Val-ley through rolling countryside to Warkworth, which has a conservation area for a pleasant rest stop. Return along CR25 north to CR35 and then west through Godolphin back to town.

Lennox & Addington Trails

A Newburgh - 30 km - This is the perfect way to spend a morning or afternoon. The Newburgh route takes you east from the Town of Napanee through rolling hills and long flat stretches. You could challenge your endurance or make it a leisurely excursion. There are many places to stop along the way to enjoy the wide-open spaces and still be back in time for lunch or dinner.

₿ Napanee River - 24 km - The southern part of this route takes you along the Napanee River and the Bay of Quinte. You could complete it in an hour or take three hours and enjoy the river's edge and rolling hills.

There's a lot to see and enjoy.

C Camden - 63 km- The Camden route surrounds the Camden Lake Wildlife Management area and provides picturesque farmland, quaint towns, charming villages, and natural beauty to make this route a memorable experience. Rolling hills and long flat stretches are appealing to almost all biking enthusiasts. You should plan a full day for this route.

D Shoreline - 71 km - Long before we ever considered trekking in this region, the United Empire Loyalists walked this beautiful countryside. Farmland, apple orchards, and vineyards now dominate this route as you glimpse our past through a number of historical sights. It is called the Shoreline trail because 1/3 of the distance is on the Loyalist Parkway, which follows the shoreline of Lake Ontario. You may need two days for this

loop because there is so much to see. EHay Bay - 44 km - Most of this route is along the shore of Hay Bay and the Bay of Quinte. Travel past cot-tages and campgrounds and along the shore of some of the best Walleye fishing in North America. It's not the fishing that will impress you, however, itâ⇔™s the breathtaking blend of rural settings that overlook the

beautiful waterways.

F Sheffield - 78 km - You could call this the transition route. Farms and wetlands with limestone outcroppings surround the village of Tamworth. As you travel north, the landscape changes rapidly. The hard road surface and fields give way to gravel road, granite, and evergreens as the trail meanders along through the southern edge of the Canadian Shield. Watch out for wildlife.

G Salmon River - 54 km - This route offers nearly equal distances north, east, south, and west. There are many opportunities along the route to stop for refreshments at a village store or at one of the points where you cross the Salmon River. This is a favourite route for biking enthusiasts because it offers a combination of some paved shoulder and quiet back roads.

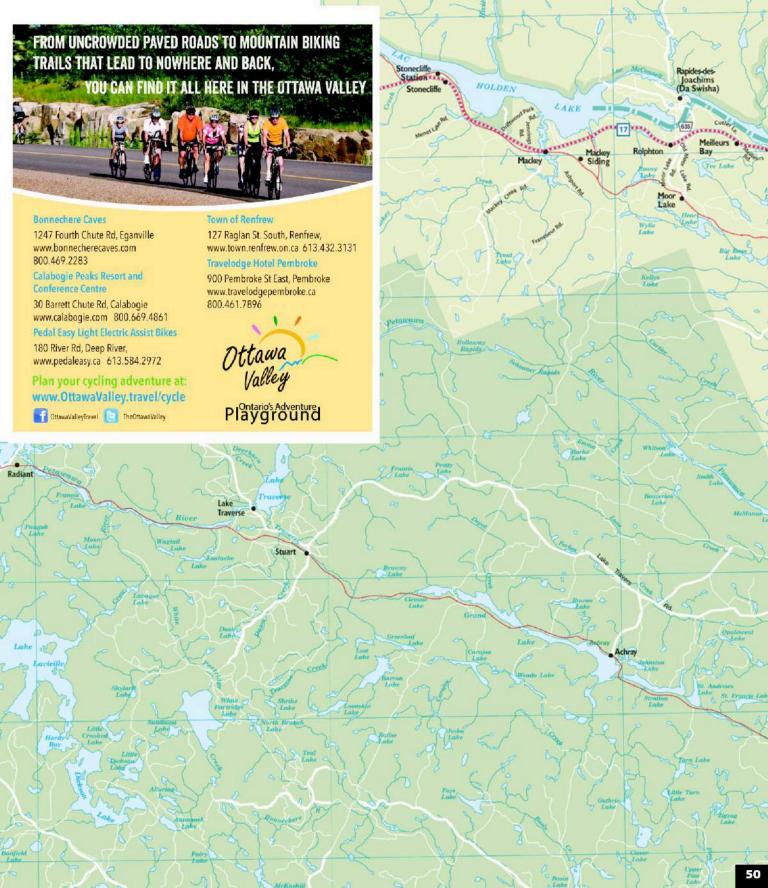
#Buckshot Lake - 102 km - This is the most challenging of our trails. Buckshot Lake is located on the eastern leg of this trek. This trail takes you through and past Bon Echo Provincial Park, and you can tell your friends about stops along the way like Myers Cave, Plevna, Vennacher Junction, and Cloyne. Beauty surrounds you while you meander for kilometre after kilometre past wetlands, lakes, and wilderness.

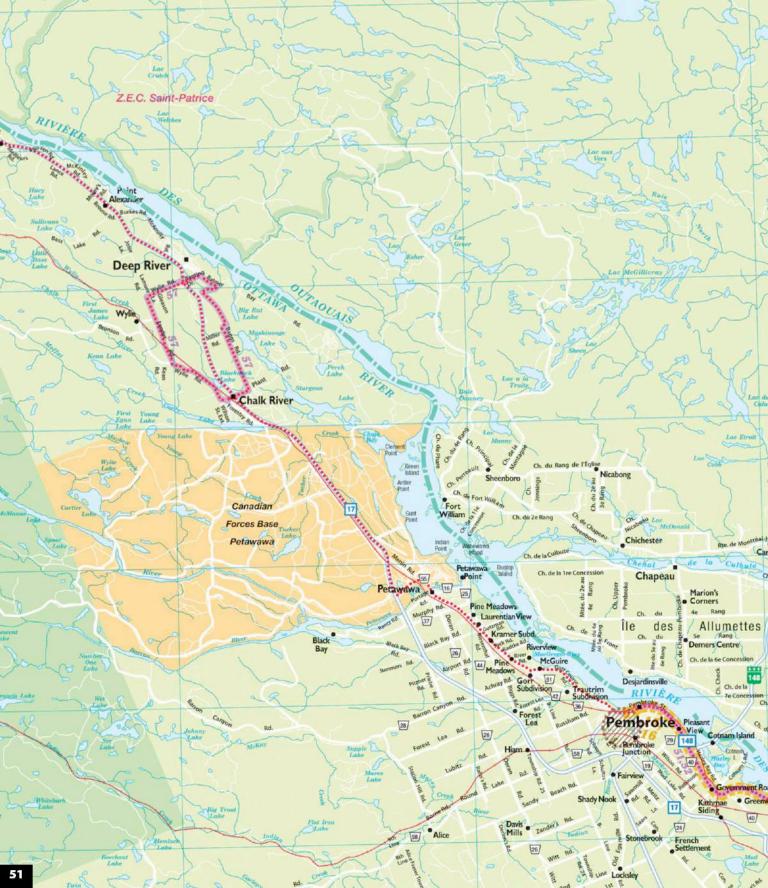
Flinton Rd. - 37 km - This trail offers a combination of hard surface and dirt road. The northern and western portions of this trail are on the Bridgewater Road. The southern and eastern portions are on the Old Flinton Road. Both roads are well traveled but may be best suited for mountain biking. Take your time and take your camera, this is an enjoyable trail.

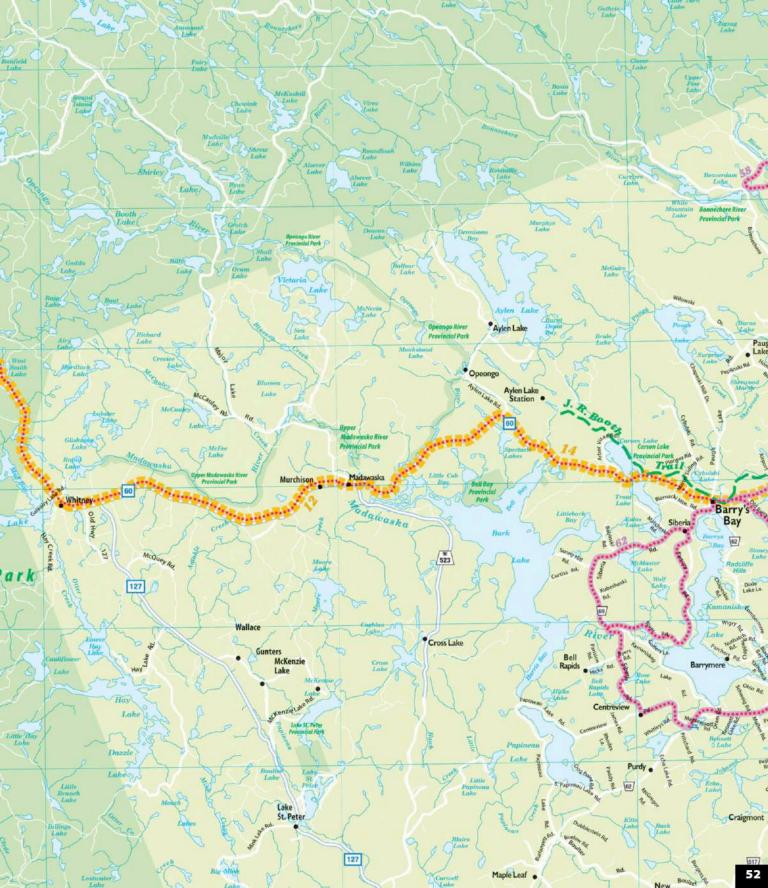
J Odessa - 28 km - The Odessa trail is an inviting morning or afternoon excursion where you travel almost equal distances in all four directions past great views and a glimpse into our past. You will notice many landmarks and settlements of the United Empire Loyalists, and there's time to stop and learn more about the history of this region.

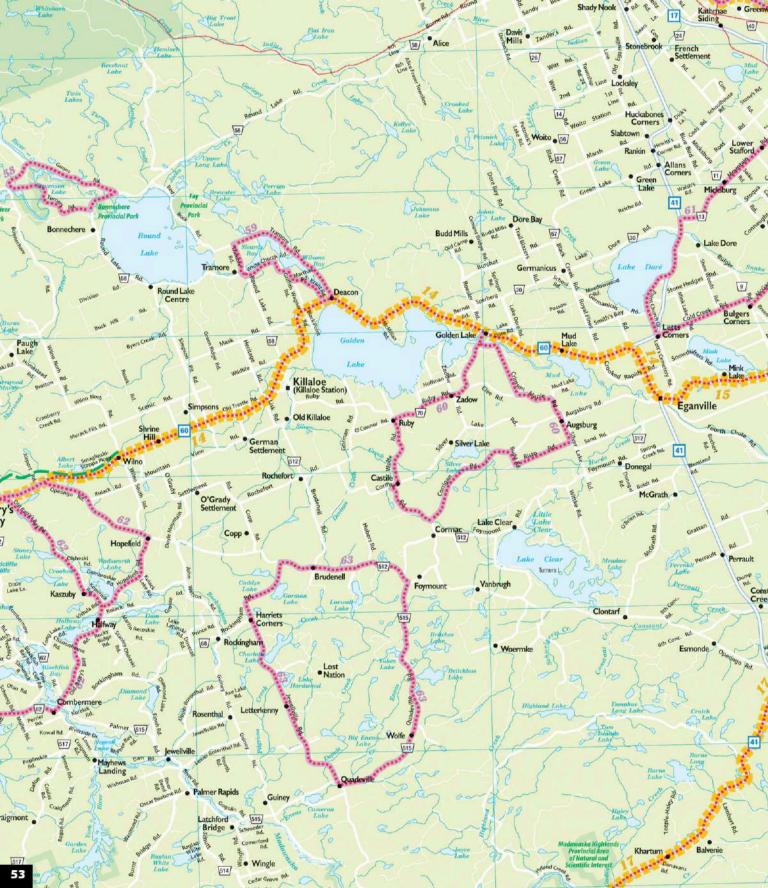
KAmherstview - 27 km - Take your time and enjoy beautiful waterfront vistas as well as the beauty of the homes in Amherstview. Be sure to stop at Fairfield Park to skip some stones on Lake Ontario or visit Fairfield House and learn about the history of this United Empire Loyalist homestead. The Amherstview trail offers many activities along the way, so it will take longer than the distance would suggest.

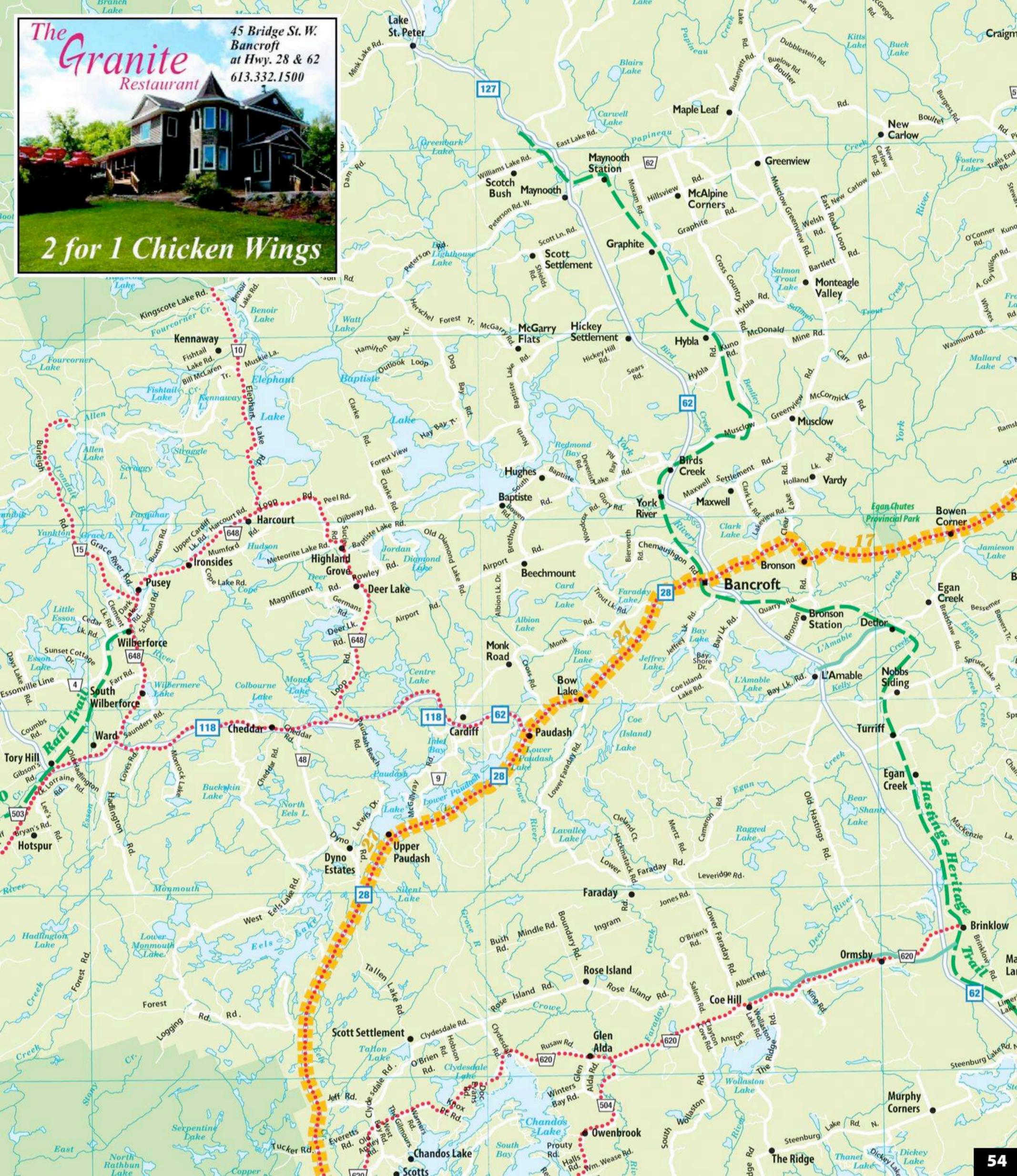
L White Lake - 21 km - Rolling hills, lakes, and wetlands describe the landscape on this trail but you will be surprised at how challenging this route can be. There are very few flat stretches and when you are not coasting down one hill, you are traveling up another. None of this trail is difficult but, because it offers frequent changes in terrain, it never lets you go very long without testing your conditioning.

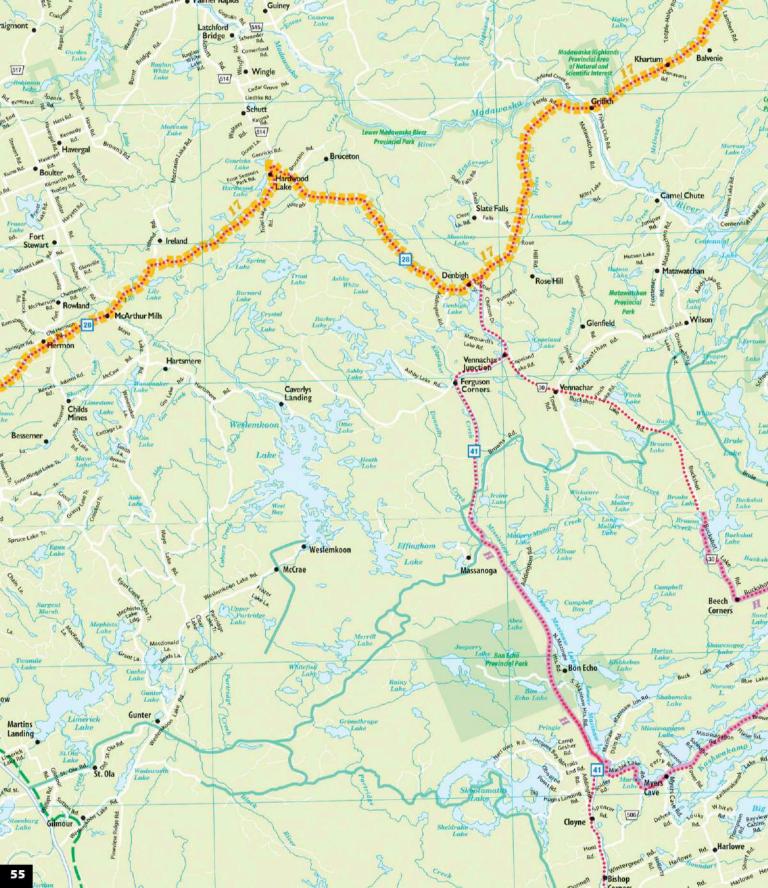


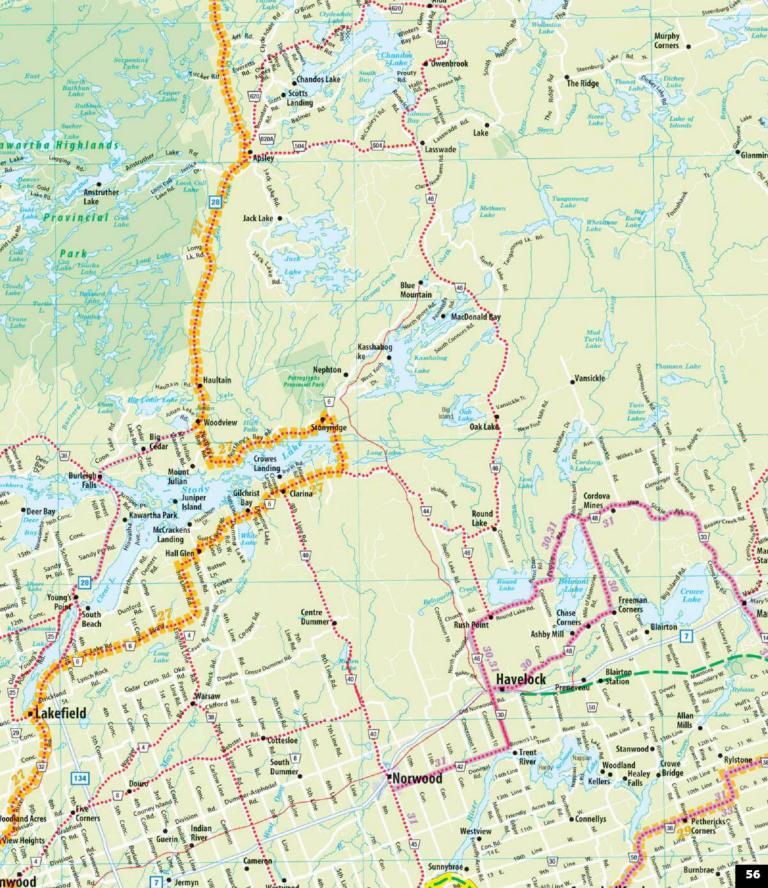


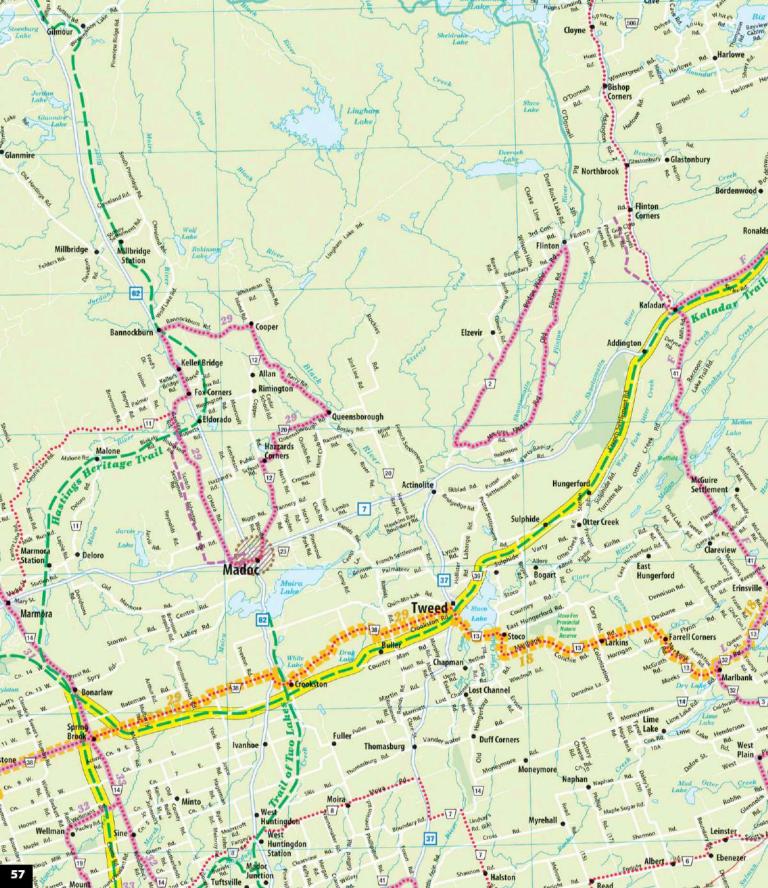
















Eastern Ontario Cycling Loops

1. – Blackburn Hamlet – 35 km – Travel by the Ottawa River on path or on the Eastern Parkway, through the bedroom community of Blackburn Hamlet and around Mer Bleue Conservation Area.

2. – Manotick – 45 km – Easy ride around the Ottawa Airport and over the Rideau River to Manotick. 3. – Gatineau – 53 km – A challenging hilly ride from Ottawa through the beautiful Gatineau Park over quiet National Capital Commission Parkways. Detailed route map, including off-road trails, available at Visitors' Centre.

4. - Kars/Osgoode - 75 km - The scenic Rideau River, quiet country roads and quintessential valley

farming towns.

 Navan/Vars – 80 km – Bucolic countryside, smooth roads and scenic towns.
 Kemptville – 105 km – Ride along the Rideau River to the valley farming centre of Kemptville and then wind back along

then wind back along forested Malakoff Road. 7. – Richmond/Stittsville – 68 km – The Richmond Bakery alone is worth the trip. Winding country roads through farms and forests.

8. - Richmond/Ashton /Almonte - 118 km - More rugged country with many scenic views.

Kingston/Gananoque Area
10. – Wolfe Island – 21 km/58 km – Ferry from Kingston to Marysville. Short tour: follow CR96 to Simcoe Island ferry, cross and follow gravel road to lighthouse. Return. Long Tour: Follow CR96 east to Port Metcalf to see beginning of St. Lawrence River. Return. Cross island on CR95 for ferry to USA. 11. – Howe Island – 35 km from Pitt's Ferry; 56 km from Kingston City Hall – Quiet loop on island at the head of the St. Lawrence River. Few amenities on island. Ferries at either end of island run regularly. If coming from Kingston, the worst hill is at Fort Henry. Off the east end, Gananoque is another 3.5 km along CR2.

12. – Kingston Mills/Rideau Locks – 65 km from Kingston Mills: 75 km from Kingston City Hall – Follow gentle rolling route counter clockwise. Explore the locks at Kingston Mills and Brewers Mills.

21. - Countryside Tour - 60/78 km - Passes through farmland and towns and along the Ottawa River in this part of the Ottawa Valley. At St. Eugene you may choose to follow 18 km extension to Ste-Anne-de-Prescott.

22. – Carillon Rural Tour – 32 km – Starting at Voyageur Provincial Park this tour provides many scenic panoramas of the Ottawa Valley.

23. – Tour of Prescott–Russell Towns – 46 km – Hawkesbury, Vankleek Hill and L'Orignal, possibly the oldest village in the Ottawa Valley. Each has its historic and architectural heritage to explore.

24. - Circuit to L'Orignal - 15 km - This short tour allows you to visit one of the oldest communities in the Ottawa Valley, and provides many views of the Ottawa River.

25. – Golf Road Circuit – 17 km – Stretch your legs on this short tour through the countryside just

outside of Hawkesbury.

Cornwall Area

26. – St. Lawrence Recreational Path – 55 km (one way) – Path follows the St. Lawrence River from Cornwall west, across the islands of the Long Sault Parkway, to historic Upper Canada Village and on to the village of Morrisburg.

27. – St. Lawrence and Raisin River – 131 km – This long, flat tour follows the St. Lawrence Recreational Path west to Upper Canada Village, near Morrisburg, then heads north at Riverside-Cedar Park along Church Rd. to CR18 which winds though the many communities along the Raisin River Valley. Turn right onto CR27 through MacGillivray's Bridge and then onto CR17 to historic Williamstown and Lancaster. Return to Cornwall along CR2. This thin loop allows for many shortcuts back to Cornwall if necessary, e. g. CR36 between Long Sault and St. Andrews; or St. Andrews Rd. (Hwy.138) which

has truck traffic but paved shoulders.

28. – St. Andrews – Williamstown – 67 km – Take Power Dam Rd. north to Post Rd. and follow east into St. Andrews. Ride in either direction on this flat but scenic tour that follows several branches of the Raisin River. Add a 20 km loop at Martintown by heading north on CR20 (Apple Hill Rd.), east on CR25 through Monroe's Mills, south on Glenroy Rd. to CR18, and west on CR18 to CR27. Turn south and follow CR17 into Williamstown.

Almonte/Lanark Area

29. – Almonte – Lanark – 75 km; Almonte/Clayton loop only – 35 km; Lanark/Rosetta loop only – 29 km – Rolling countryside, historic communities in the heart of Lanark County.

30. – Almonte – Carleton Place – 32 km – loop links two major towns in Lanark County linked by Mis-

31. – Almonte – Pakenham – 32 km – Ride up the east side of the Mississippi River and return down the west side, passing through Blakeney, Snedden, Packenham, Bennie's Corners and The Tannery. Historic Mill of Kintail is just south of Bennie's Corners.

32. - Almonte - Burnstown - Arnprior - 107 km - Metric Century takes you to the Madawaska River, the Ottawa River via hills and some hard-packed gravel.

33. – Lanark – Dalhousie Lake – 40 km – Hilly run out of Lake Dalhousie and back. 34. – Lanark – Bell's Corners – 25 km – Rolling tour crosses the Mississippi River several times.

35. – Lanark – Ferguson Falls – 22 km – Rolling tour to Ferguson Falls along the Mississippi River.

Merrickville/Smiths Falls Area

36. - Merrickville - North Augusta - 67 km - Wind south to the village of North Augusta and follow the Kemptville River north before heading back to the vistas of the Rideau River.

37. – Merrickville – Jasper – 37 km – Tour gives you both sides of the Rideau River. Traffic on CR43 is heavy at times.

38. – Merrickville – Andrewsville – Burritts Rapids – 16 km – Short tour provides scenic views of the Rideau River.

39. – Merrickville – Kemptville –50 km – Links two major Rideau towns.

40. - Rosedale Rd. Loop - 20 km - Easy route through flat countryside, passing by several locks outside Smiths Falls

41. – Lombardy / Jasper Loop – 48km – Excellent scenic half day tour through mainly flat scenic coun-

tryside. Take a picnic. 42. – Toledo / Crystal Loop – 70 km – Very pretty medium length tour. Fairly flat.

Perth Area

- 43. Perth Harper 26 km Easy tour through woodlands. Check out the cheese factory at Balder-
- 44. Perth Maberley 79 km Gentle climbs and scenic farmland and woods.
- 45. Perth Zealand 99 km Some hills on Crow Lake Rd., and some hardpacked unpaved roads
- 46. Perth Snow Road Station 129 km An adventurous ride that reaches the Mississippi River and features rolling countryside.

47. – Perth – Murphy's Point – 40 km – Explore the Rideau Lakes and visit Murphy's Point Provincial

Park.

Renfrew/Pembroke Area

48. - Renfrew - Calabogie - 60 km - Hilly tour of the Ottawa Valley and Madawaska River. The village of Calabogie is situated on the beautiful Calabogie Lake.

- Renfrew - Arnprior - 70 km - Ottawa and Madawaska Rivers are featured in this tour that takes you into Arnprior, where the two rivers meet.

50. – Renfrew – Haley Station – 50 km – Lakes and the Ottawa River are the highlights on this tour. Traffic can be heavy on Hwy. 60. 51. - Pembroke - Westmeath - 60 km - This tour hugs the Ottawa River from Pembroke to West-

meath Provincial Park, before heading into Beachburg and looping back into Pembroke. 52. – Pembroke – Rocher Fendu – 90 km – This tour takes you past spectacular whitewater on the Ottawa River.

Brockville Area

53. – Lyn Loop – 14 km – This short loop gives you a taste of the Canadian Shield as it intersects with the St. Lawrence. A couple of short sharp hills on the way to the village of Lyn and the Lyn Valley.
54. – Graham Lake Loop – 42 km – This medium tour travels north from Brockville through Lyn and Lillies to Graham's Lake and returns via Caintown, taking you through a varied landscape spiced up by a couple of Canadian Shield induced hills.

55. - Athenian Escapade – 86 km – This long tour takes you north from Brockville through Canadian Shield, past Graham's Lake to Athens, and then east through flat country to Jellyby and North Au-

gusta, before returning to Brockville.

56. – Brockville – N. Augusta – Spencerville Tour – 71 km – This long tour explores the flat countryside east of Brockville. Frequent villages allow opportunities for food and drink.



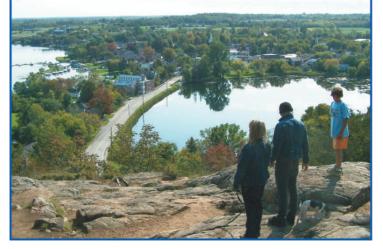
Circuit patrimonial





Discover how the Rideau Heritage Route has been connecting communities along the Rideau Canal for almost two centuries from Lake Ontario in Kingston to the Ottawa River as it winds its way through historic sites, charming villages, quaint attractions and spectacular recreation areas, offering visitors a world-class variety of arts and heritage experiences.

www.rideauheritageroute.ca



ONTARIOBYBIKE.CA

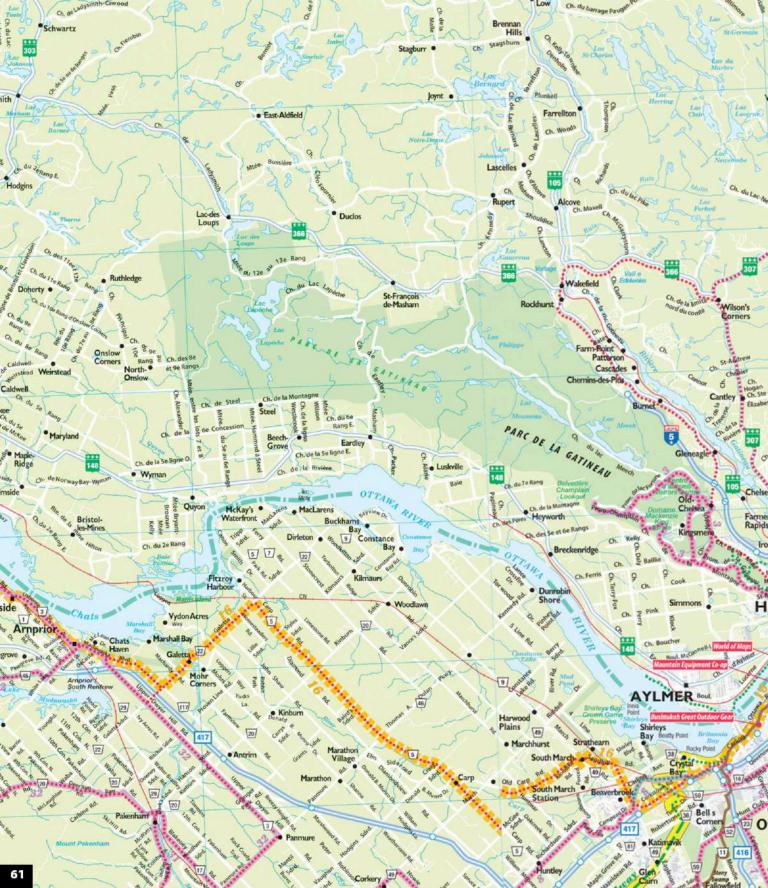
Explore
Ontario By Bike



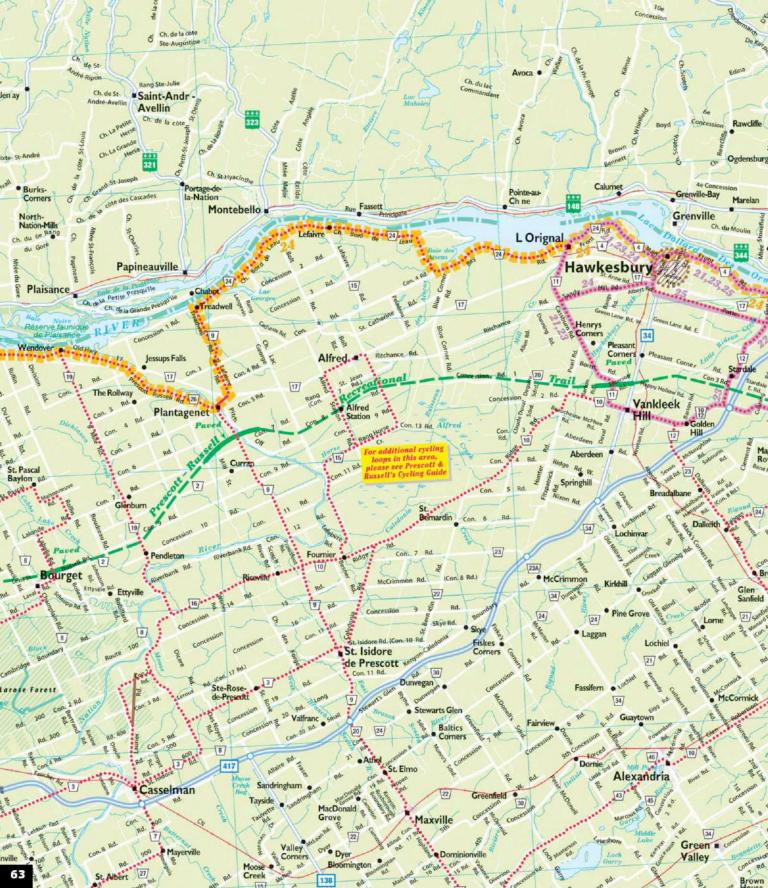
Stop at certified bicycle-friendly places to eat, visit and sleep!

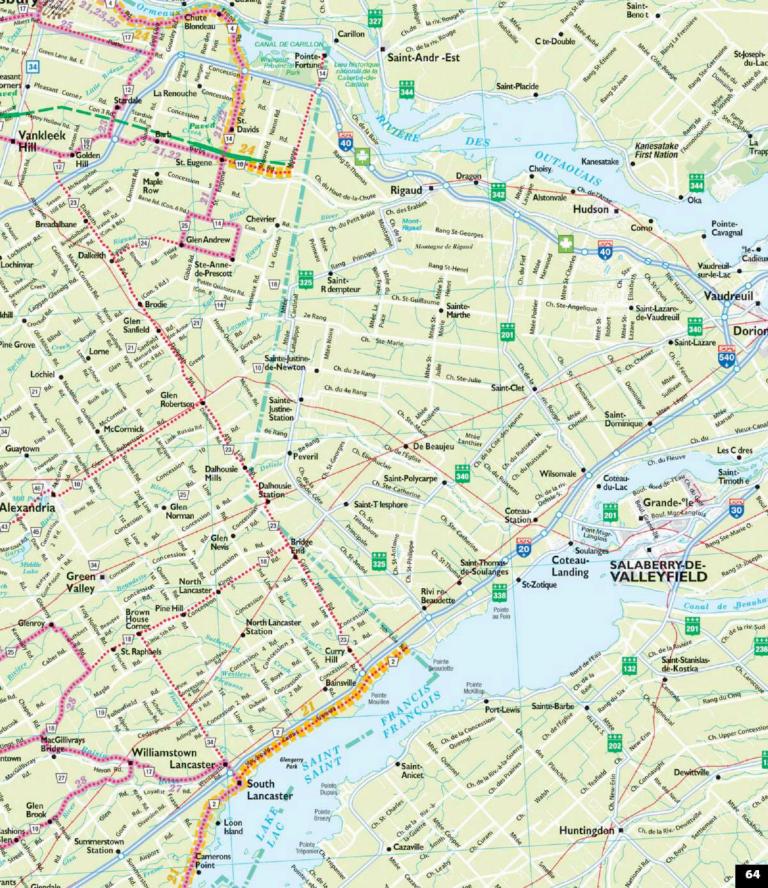
Ontario By Bike

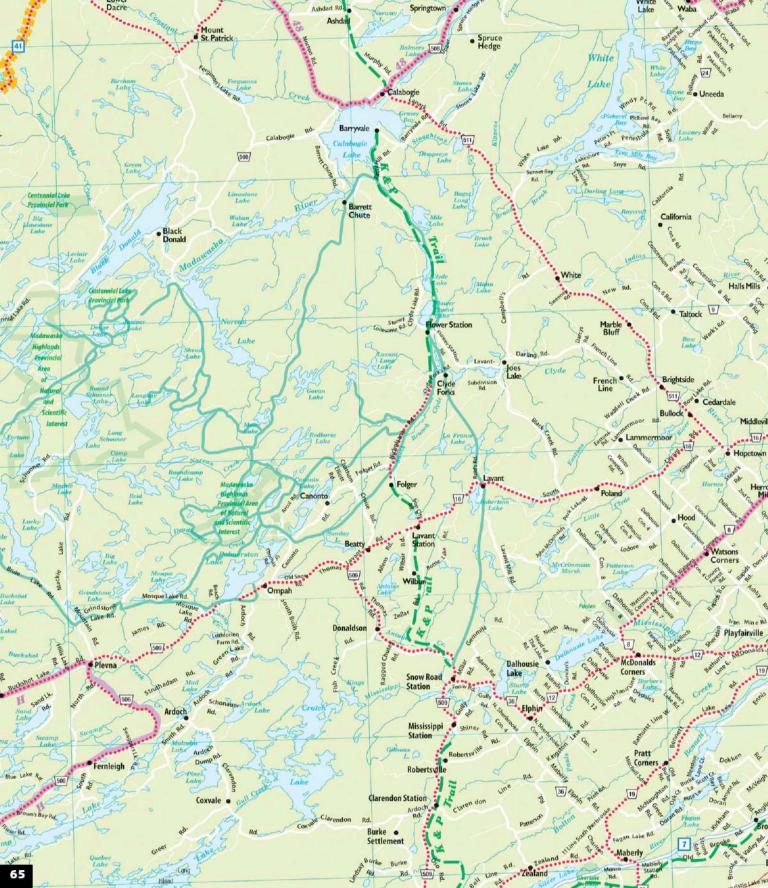


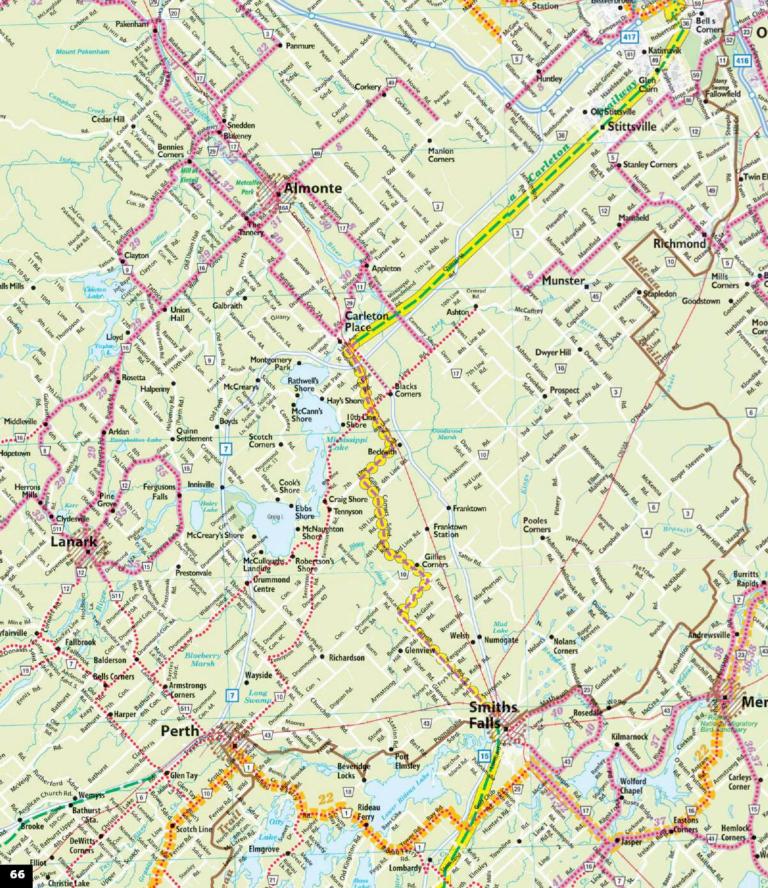








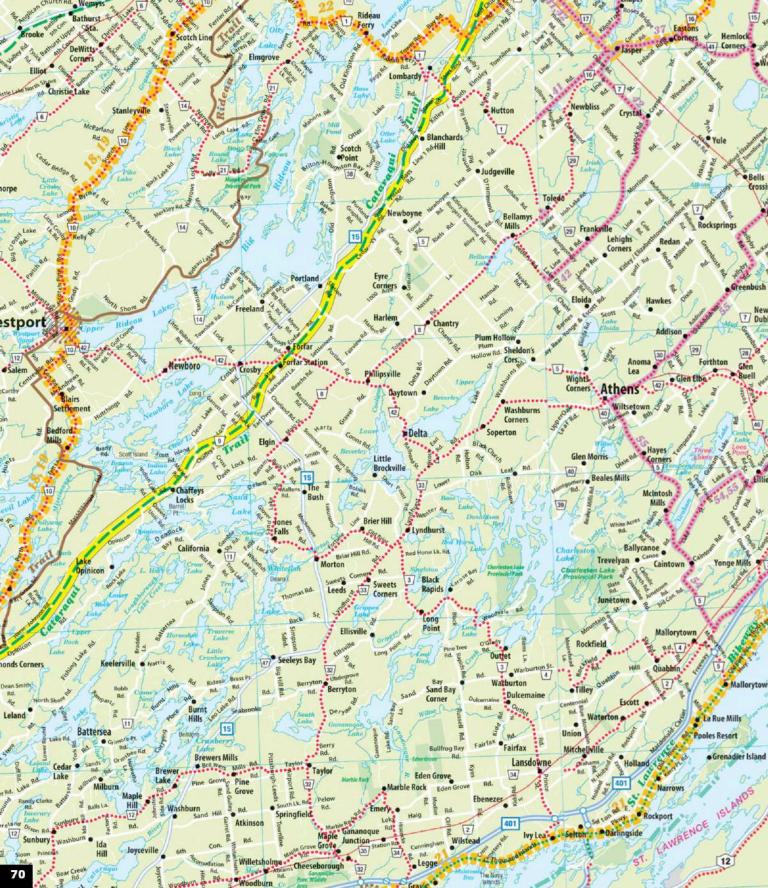




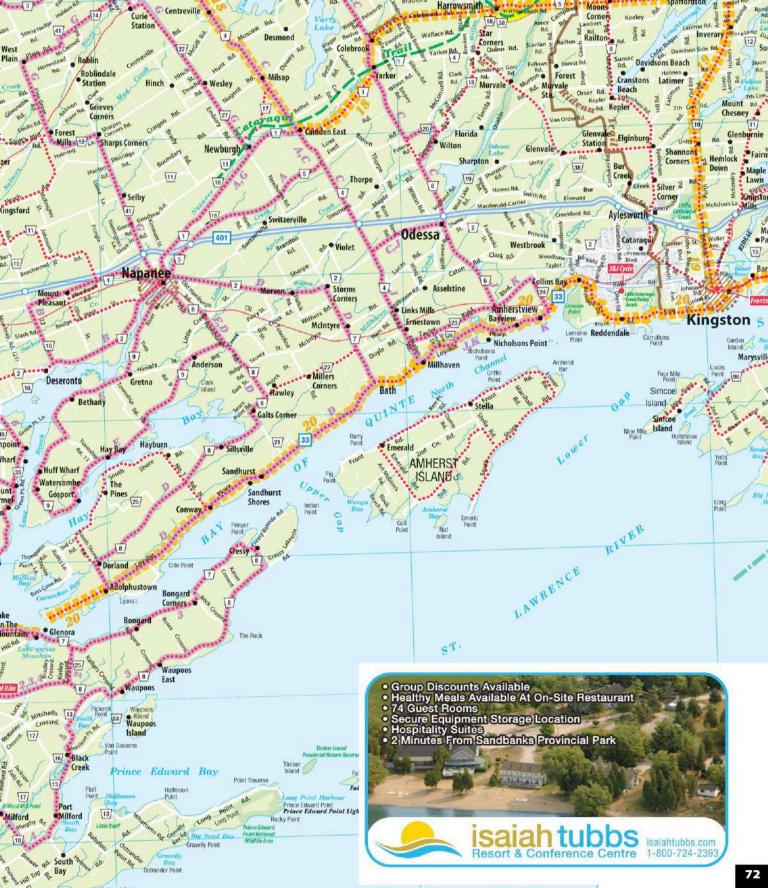


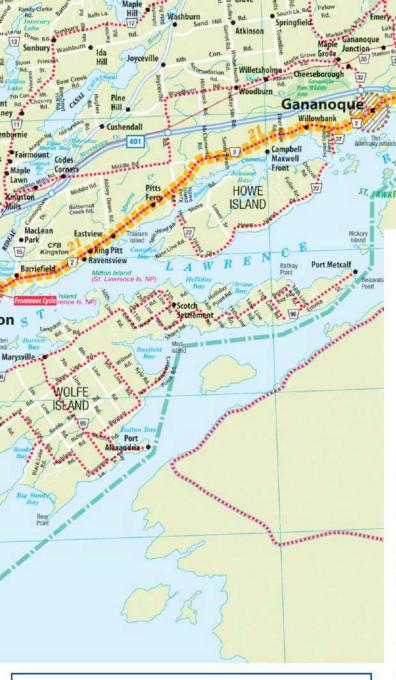




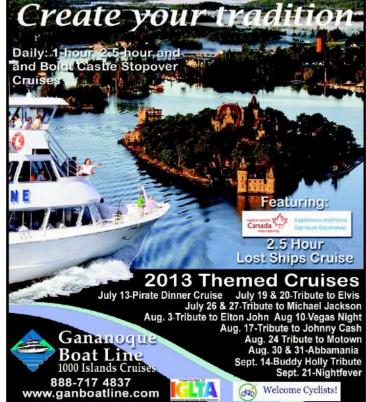












The Ontario Trails Council

The Ontario Trails Council is a not-for-profit organization that promotes the creation. development, preservation, management and use of recreational trails throughout Ontario.

Ontario Trails Council is pleased to support the AdverMap series of Recreational Trail Maps. We find them to be of great value to people who hike, bike, or otherwise get outdoors.

The Ontario Trails Council lists over 2000 trails on its website and we encourage you to use the site to find a trail near you that you want to use. Then use the AdverMap map to further reference the location and the on the ground characteristics. These maps are highly valued at outdoor trade shows and by people that use trails.





Trail Etiquette

•Stay on the trail

Do not trespass on private property

•Guard against all risk of fire

Respect local rules and regulations

·Keep pets under close control

Leave livestock, crops, and machinery alone

Protect wildlife, plants and trees

Leave the trail clean and take your litter home

Make no unnecessary noise

Pass only when safe to do so

Travel at a safe pace and respect other trail users

•Enjoy!

For More Information: **Ontario Trails Council**

Toll Free 1-877-ON-TRAIL (1-877-668-7245)

www.ontariotrails.on.ca e-mail: execdir@ontariotrails.ca



PO Box 38, Ingersoll, ON, N5C 3K1 T: (705) 797-0797 E: info@ofatv.com

ATV Club of Eastern Ontario Tel: 613-673-2220 Email: jedwards@vitech.ca Website: www.atv-vtteo.org

Baxter ATV Trail Riders
Tel: 705-538-1315 Email: dmadore@xplorenet.com

Website: www.baxteratvriders.comze.com

Central Ontario ATV Club

Tel: 705-429-3822 Email: info@coatv.ca

Website: www.coatv.ca

Dufferin Grey ATV Club Tel: 519-599-6889 Email: info@dgatv.ca Website: www.dgatv.ca

Essex County ATV Club Email: info@ec-atv.com

Website: www.ec-atv.com

Essex County ATV Club (Kent Essex Quads Chapter) Tel: 519-324-0957 Email: jasons@lmmachine.net Website: www.ec-atv.com

Glendaler Winter Sports Club Tel: 613-525-2694 Email: tm_sauve@hotmail.com Website: www.glendaleratv.ca

Great Lakes ATV Club
Tel: 519-469-9922 Email:labutler39@bell.net

Website: www.glatv.com

Haldimand Area ATV Club Tel: 905-765-0747 Email: ewise@mountaincable.net Website: www.haldimandatvclub.ca

Johnstown ATV Club Tel: 613-258-0389 Email: raptor@istop.ca Website: www.johnstownatvclub.org

Nation Valley ATV Club

Email: info@nvatvc.org Website: www.nvatvc.org

Norfolk County ATV Club Email: proppers@xplornet.com Website: www.norfolkcountyatvclub.com

Nottawasaga ATV Club Tel: 905-729-2609 Email: info@natvc.ca

Website: www.natvc.ca

Ottawa Valley ATV Club Tel: 613-836-0166 Email: anthony@circumflex.ca

Website: www.ovatvc.com

Prince Edward County ATV Club Tel: 613-476-2717

Email: hkrawczyk@gmail.com

Quad Niagara ATV Club Tel: 905-536-4293 Email: info@quadniagara.com Website: www.quadniagara.com

Talbot Trail ATV ClubTel: 519-637-3571 Email: ttatvclub@yahoo.ca
Website: www.ttatvinc.com

All riders on OFATV trails must have the Provincial Trail pass affixed to their ATV. This provincial pass grants access to any and all OFATV trails in Ontario and also allows you to participate in all OFATV Club events and rides.

If there is no ATV club in your area - consider starting one. Contact the OFATV office at 705-797-0797 for more information or visit www.ofatv.org

We have a Vision - We Have a Plan to Get There -Now We Need Your Support