

Ontario Bicycling Routes

- 14. Whitney to Eganville**
From Whitney take Hwy 53 east through Barry's Bay to Eganville.
- 15. Eganville to Pembroke**
Hwy 69 east to Kelly's Corners. MR2 and MR7 through Cobden to MR21. MR22 and MR3 south to Hwy 148 into Pembroke. Note On-Road Alternative: Eganville to Hardwood Lake Eganville south westerly to Hardwood Lake via MR 312 through Corners and Foynt. MR 313 through Quadeville. South at Latchford Bridge to MR 514, pass Schutt to Hwy 28 at Hardwood Lake.
- 16. Eganville and Pembroke to Ottawa**
From Eganville - MR5 and MR7 through Cobden to MR21. From Pembroke - Hwy 148 (MR22) south to MR22 (Gallatin Side Rd.) Follow MR24/410 into Amperior. Follow Madawaska Blvd. (Old Hwy. 17) south to MR22 (Gallatin Side Rd.) MR22 (Gallatin Side Rd.) east to MR5 (Carp Rd.) south on Carp Rd. through Carp into Second Line. Turn right (south) onto Second Line to Klondike Rd., then left (east) on Klondike Rd. to Sandhill Rd. Left on Shirley's Brook, right on Hemetdale Dr. to Terry Fox Dr. Left turn on Terry Fox Dr. and follow southeast to Herterberg Rd. Turn right on Herterberg Rd. and proceed south to March Rd. Turn left on March Rd. to Carleton Place. Turn left on Carleton Ave. (which parallels the Ottawa Queensway, Hwy 417) and proceed east across Moodie Dr. and proceed to Western Ottawa River Parkway. This turns into Wellington St., proceed past Parliament Buildings, turn left on Sussex Dr. (one-way north), for southbound direction take Mackenzie St., which turns into Rockcliffe Parkway.
- 17. Bancroft to Ottawa**
Hwy 28 Hwy 41 Hwy 132 through Denbigh and Renfrew. From Renfrew take Hwy 60 north to MR20 and follow east into Castledale. Follow MR10 into Amperior. Follow MR24/410 into Amperior. Follow Madawaska Blvd. (Old Hwy. 17) south to MR22 (Gallatin Side Rd.) MR22 (Gallatin Side Rd.) east to MR5 (Carp Rd.) south on Carp Rd. through Carp into Second Line. Turn right (south) onto Second Line to Klondike Rd., then left (east) on Klondike Rd. to Sandhill Rd. Left on Shirley's Brook, right on Hemetdale Dr. to Terry Fox Dr. Left turn on Terry Fox Dr. and follow southeast to Herterberg Rd. Turn right on Herterberg Rd. and proceed south to March Rd. Turn left on March Rd. to Carleton Place. Turn left on Carleton Ave. (which parallels the Ottawa Queensway, Hwy 417) and proceed east across Moodie Dr. and proceed to Western Ottawa River Parkway. This turns into Wellington St., proceed past Parliament Buildings, turn left on Sussex Dr. (one-way north), for southbound direction take Mackenzie St., which turns into Rockcliffe Parkway.
- 18. Inveread to Perth**
MR1 (Markham Rd.) to Erinville, turn south on MR4 for 1km to MR4. MR4 east to Tazewell, then south on MR4 to Camden East. At Camden East turn east on MR1 to Yorkton. MR2 north to Colbrook, Colbrook Rd. east to Harrowsmith, then a short jog west on MR20 to MR5. MR5 (Harrowsmith and Barriere) S65.1 east to MR10. MR10 north through Wexport to MR1 north into Perth. Note: Off-Road Alternative: An off-road trail is available for hybrid or mountain bike users on the Cataragau Trail at Camden East on MR1 and proceeds east through Yorkton, Harrowsmith and Spyanham to MR10 (Perth Rd) just north of Perth Road Village. Also, a more direct off-road trail exists from Perth to Inveread via Hwy 7, to just west of Perth at Glen Tay, an enterprise of the CP Line and Trains Canada Trail. Note: On-Road Alternative: An alternative on-road route can be taken off MR4 at MR14 east to Erinville. Then take MR16 and MR25 to Verona and north to Godfrey. East on MR5 and MR12 to MK36. Then north to Godfreyville, and east on MR5 into Perth.
- 19. Kingston to Perth**
From downtown Kingston go north on Division St. which leads into MR10 (Perth Road) north (Perth). Note: On-Road Alternative to Perth Rd. Belvoir Rd. (MR11) north to Hwy 35, Hwy 15 north to Elgin. MR5 east to Hwy 42, then jog south to pick up MR5 east through Chantry to Hwy 29 and MR16 to Jasper. From here connect with Route # 22 and go northwest to Perth or east to Merrickville.
- 20. Adolphustown Ferry to Kingston**
Hwy 33 (Levitts Parkway) easterly into Kingston (on Bath Rd.) to Kingston Ferry. Turn right onto Perth Rd. Take Ferry Rd. east which turns into King Street West and East to Earl St. Then north on Earl St. to Kingston Ferry. Note: Marine Ferry to Wolf and connection to ESA: Just before the LaSalle Crossing, a Marine Ferry is available to carry cars and passengers to Wolf Island. Cross Wolf Island on M95 to Fort Alexandria where the Horse Ferry (not required) goes to Cape Vincent.
- 21. Kingston to Quebec Border**
Take MR2 east to Gananoque. Thousand Island Parkway just by Lea to Batulmif Ferry. MR2 through Brockville, Prescott and Johnson to Morrisburg. St. Lawrence Recreational Parkway and Long Sault Parkway to Cornwall. South through Lanark. South Service Rd. to Quebec border. Note: Off-road paths available along the Thousand Island, St. Lawrence and Long Sault Recreational Parkways. Three International Bridge connections between Ontario and Upper New York State should be contacted for local crossing requirements. Thousand Island Bridge (313-5251) by Lea Ont. to Alexandria Bay N.Y. Ogdensburg Precast Bridge (313-293-4088) Johnson, Ont. to Ogdensburg, N.Y. Conway International Bridge (613-532-6011) Cornwall, Ont. to Massena, N.Y.
- 22. Perth to Merrickville**
MR1 south through Riverton Ferry to Tower Rd. Tower Rd. east to South St. East on Golf Club Rd. / Eric Hetcheson Rd. to MR29. MR29 to Smiths Falls. MR17 south to Jasper. MR16 north to Merrickville.
- 23. Merrickville to Ottawa**
MR23 (River Rd.) westerly along south shore of Rideau River to MR44 outside of Kemptonville. MR44 north to MR5. MR5 and turn right into Dilworth to MR13 across Hwy 416. MR13 north along the Rideau River into Manotick. MR8 east to Spruit Rd. Spruit Rd. north to Rideau Rd. Rideau Rd. to Limestone Rd. Limestone Rd. to MR10. MR10 east onto Hunt Club Rd. Right onto Prince of Wales Dr. Prince of Wales to Hog's Back. Turn right onto Hog's Back. Hog's Back by turn left and follow the Rideau River. Colonel By into Sussex Dr. which turns into Rockcliffe Parkway.
- 24. Ottawa - Hawkesbury - Quebec Border**
Rockcliffe Ferry to St. Joseph Blvd. in Delancey. St. Joseph Blvd. / MR34 (Queen St.) through Cumberland onto Old Montreal Rd. to Beckett's Creek. Jog north to MR17 (Laurier St.) into Rockland; along Laurier St. / Mee Outouais/Tucker St. MR8 south to Clarence. At Clarence join Old Hwy 17 and follow through Wendover (Rue Principale) to Mt. Merritt at Clarence Falls. Across MR17 to MR25 (Prescott/Russell Rd.) to Plantagenet. Take MR5 (Lachapelle and Tremblay) north to Troutville. At Troutville follow MR24 (Alfred Concession/Roy Rd. & Front Rd.) through L'Orignal to Jct MR4 through Hawkesbury to Jct. Hwy 417. Follow MR14 (Rogers Rd.) south to St. Eugene. Take MR10 east to Quebec border. Marine Ferry crossings of Ottawa River into Quebec with connection to "La Route Verte". From MR10 go north on La Grande Montee Rd., across Hwy 417 to Pointe-Fortune, or proceed easterly from MR10 to Rigaud then south to Hudson.



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Eastern Ontario Cycling Loops
Ottawa Area
1. - Blackfoot River - 26 km - Travel the Ottawa River path or the Eastern Parkway through the beautiful community of Blackfoot River and around the River Conservation Area.
2. - Blackfoot - 45 km - Enjoy the scenic Ottawa River and see the Rideau River in Mattick.
3. - Gatineau - 35 km - A challenging ride from Ottawa through the beautiful Gatineau Park over quiet National Capital Commission Parkways. Includes route map, including off-road, suitable for various types of bikes.
4. - Kanawake - 25 km - The scenic Rideau River, quiet country roads and picturesque valley farming towns.
5. - Nepean - 10 km - River country, smooth roads and scenic views.
6. - Appleton - 10 km - Ride along the Rideau River in the valley farming centre of Kemptonville and the wind back along forested Mackay Road.
7. - Richmond - 48 km - The Richmond Parkway takes a north to the top. Windy country roads through farms and forests.
8. - Richmond/Bathurst - 118 km - More rugged country with many scenic views.
Kanawake Area
9. - Kanawake - 21 km - From the Ottawa River to Marysville. Short tour from Kanawake to Stone Island Mill, cross and follow great road to Highstown. Return. Long Tour: Follow CR50 east to Port Metcalfe to the beginning of St. Lawrence River. Cross island on CR50 for turn to USA.
10. - Howe Island - 35 km from Pika's Ferry. 26 km from Kingston City Hall - Quiet jog on island of the beautiful St. Lawrence River. Free admission on island. Ferries or other road of island not required. If coming from Kingston, the worst hill is at Pika's Ferry. Off road not. Entrance is another 15 km along CR.
11. - Kingston Mills/River Loops - 65 km from Kingston Mills. 15 km from Kingston City Hall - Follow great riding roads counter clockwise. Enjoy the best of Kingston Mills and River Mills.
Matawaska Area
12. - Centre/Prescott - 70 km - Passes through farmland and towns and along the Ottawa River in this part of the Ottawa Valley. St. Eugene you may choose to follow 10 km extra to St-Auguste-Préville.
13. - Tour of Prescott-Bathurst - 80 km - Bathurst, Bathurst Hill and Orignal, possibly the oldest village in the Ottawa Valley. Each has its historic and architectural beauty to enjoy.
14. - Crest in Orignal - 15 km - This short tour allows you to visit one of the oldest communities in the Ottawa Valley, and

provides many views of the Ottawa River.
25. - Gold Road Circuit - 17 km - Stretches your legs on this short tour through the countryside just outside of Hawkesbury.
Cornwall Area
26. - St. Lawrence Recreational Park - 51 km (one way) - Path follows the St. Lawrence River from Cornwall west, across the island of the Long Sault Parkway to historic Upper Canada Village and on to the village of Morrisburg.
27. - St. Lawrence and Rideau River - 110 km - This long, but fun, tour follows the St. Lawrence Recreational Park west to Upper Canada Village, over Morrisburg, then back north at Riverside-Cedar Park along Church St. to 1010 which winds through fine communication along the Rideau River Valley. Turn right onto CR2 through MacLennan's Bridge and then onto CR2 at historic Williamson and Lanark. Entrance is around along CR2. This this loop allows for easy direction back to Cornwall if necessary, e.g. CR5 between Long Sault and St. Andrew, or St. Andrew Rd. (Hwy118) which has great traffic but good shoulder.
28. - St. Andrew - Williamson - 47 km - Take Power Dam Rd. north to Point Rd. and follow west into St. Andrew. In other direction on this hot scenic tour that follows several branches of the Rideau River. Add 10 km loop of Morrisburg by heading south on CR2 (Hwy 101) Rd., east on CR2 through Morris Mills, south on Greeny Rd. to CR5, and west on CR2 to Trent. Turn south and follow CR2 into Williamson.
Almonte/Lanark Area
29. - Almonte - Lanark - 25 km. Almonte/Capton loop only - 20 km. Lanark/Bathurst loop only - 20 km. Riding countryside, historic communities in the heart of Lanark County.
30. - Almonte - Carleton Place - 25 km - Long loop takes two major towns in Lanark County back to Manawatch River.
31. - Almonte - Bathurst - 32 km - Ride up the east side of the Manawatch River and return down the west side, passing through Bathurst, Southey, Parktonian, Benson's Corners and The Tannery. Hills of Katal is just south of Benson's Corners.
32. - Almonte - Bathurst - Inveread - 107 km - Morris Century takes you to the Madawaska River. The Ottawa River runs hills and some hard-packed gravel.
33. - Lanark - Bathurst Lake - 48 km - Hillby near of Lake Dubouché and back.
34. - Lanark - Bathurst Centre - 25 km - Riding tour across the Rideau River several times.
35. - Lanark - Ferguson Falls - 22 km - Riding tour to Ferguson Falls along the Manawatch River.
Merrickville Area
36. - Merrickville - North Augusta - 47 km - Windy ride to the village of North Augusta and follow the Kemptville River north before heading back to the village of the Rideau River.
37. - Merrickville - Jasper - 27 km - This gives you the best of the Rideau River. Traffic on CR5 is best at times.
38. - Merrickville - Ashbrooke - Bathurst Rapids - 118 km - Short tour takes you to visit one of the oldest communities in the Ottawa Valley, and

Recreational Trails & Cycling Routes
Trans Canada Trail (dotted lines are proposed)
Rail routes
Driving Route
ATV trail
Ontario's Greenbelt
Waterfront Trail
Greenbelt Route
Trans Canada Trail
Great Circle
Crestline Niagara
Circle Route
Park to Park Trail
Blue Flag Beach

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